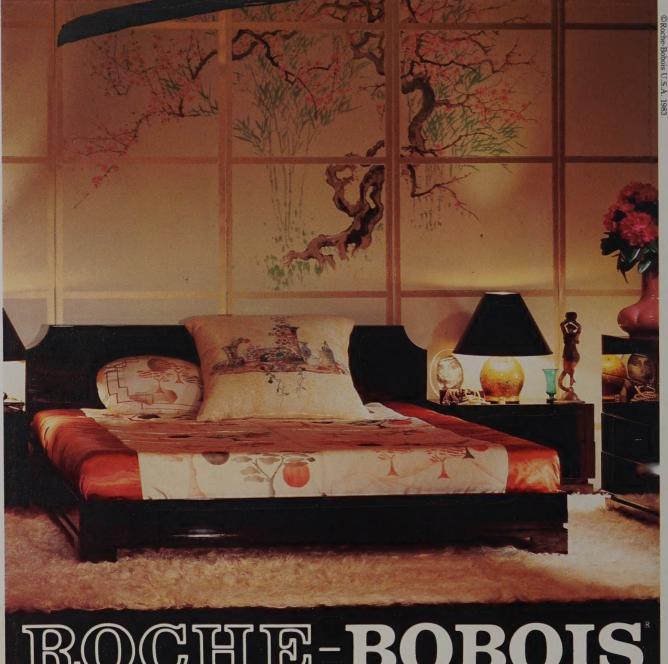


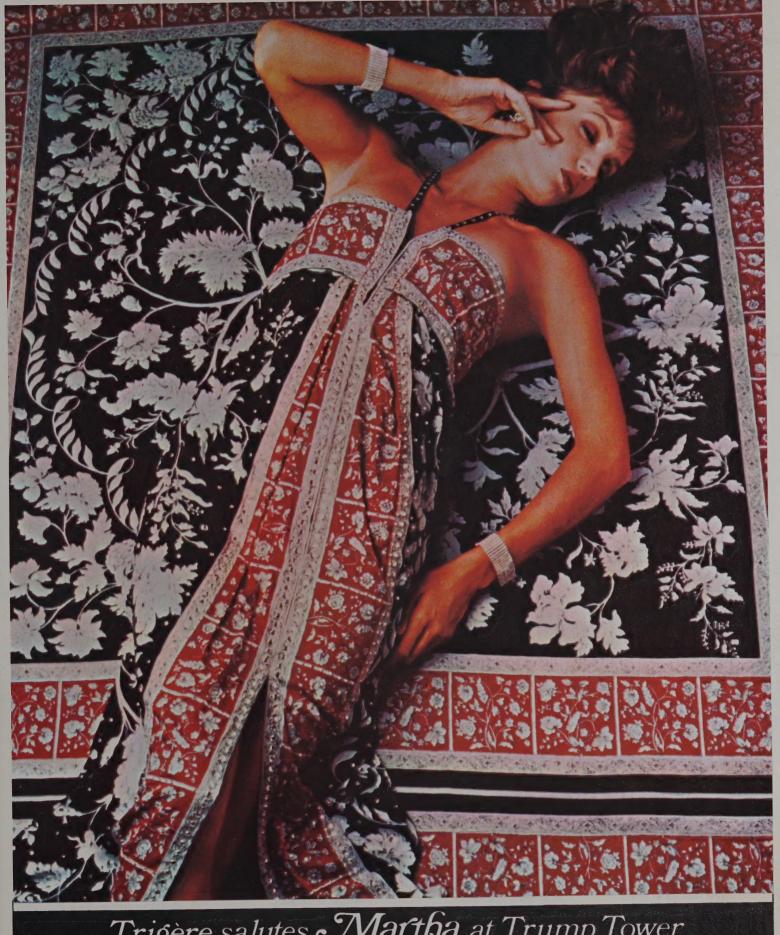
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PALM BEACH

DECEMBER 1983

VOL. 76, NO. 12



ON OUR COVER: A delicately detailed centerpiece lends traditional holiday spirit to the home of a Piper's Landing family in Stuart, Florida. A closer glimpse of the home is featured on page 90. Cover photo by Dan Forer

D	E	P	A	R	П	N	Λ	3	N	Ш	S

PB DATELINE by Agnes Ash					
THE WINE MYSTIQUE: BUREAUCRACY STRIKES AGAIN!					
by Charles Calhoun					
IN GOOD SHAPE: BEATING HOLIDAY BLUES by Joy					
Tomlinson Phelan					
FIRST EDITIONS by Alden Whitman					
DAYS & NIGHTS by Mary Dymon					
GROWING MY WAY: GARDENING GIFTS by Bob Robson					
SPEAKING OUT: MARYLAND McCORMICK REMEMBERS THE					
CHICAGO TRIBUNE by Bess Winakor					
COTTAGE COLONY by Shannon Donnelly					
DISTINCTIVE DINING					
THE STARS & YOU by Marilyn Tully	170				
CROSSWORD PUZZLE by William Lutwiniak					
PEARITRE					
FEATURES	11511				
TRACING THE MURPHY MAGIC by Linda Marx					
PUB CRAWLING: A TOAST TO BRITISH TRADITION					
by Evan Morgans					
WINTER: PRIME TIME IN CANADA by Pat Canova					
TRADITIONAL IN THE TROPICS by Doris Kidder Johnson					

SPECIAL SECTION

FESTIVE FOCUS: GALANOS, ADOLFO, TRIGERE, RUPPERT

by Betty Yarmon94

THE INCREDIBLY EDIBLE BRUNCH by Rick Ackermann96

SPECIAL FOLDOUT

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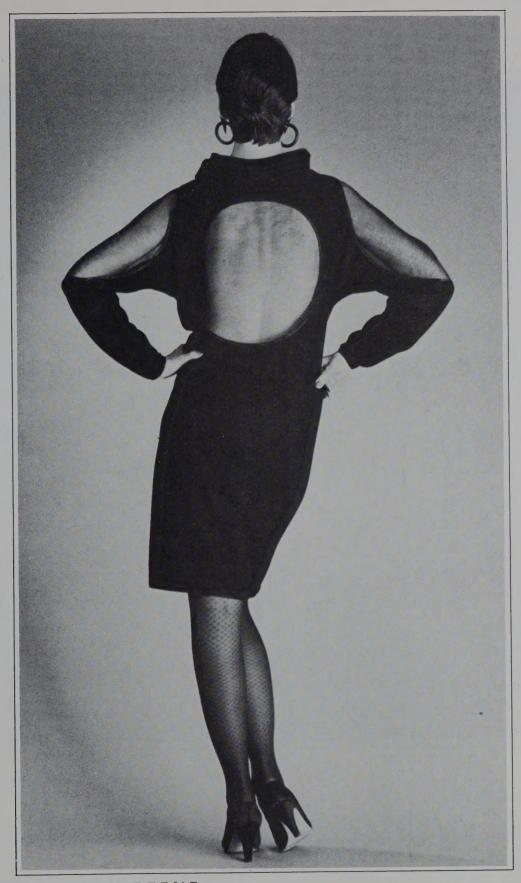
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AGNES ASH

PB DATELINE

A friend once told me she went out for brunch every Sunday because she couldn't afford a marriage counselor.

I can see the wisdom in that but my family cannot. Everyone in our house expects to eat Sunday breakfast at home whether they cook it and I clean up afterward, or I cook it and I clean up afterward.

Husbands and children enjoy an indolent breakfast at home but mothers do not. The difference in attitude can be traced to the fact that breakfast, to be fully satisfying should be chosen on impulse and served within 10 minutes after ordering.

One self-trained short-order cook can't live by those rules if she is snarling with hunger and the pantry is not stocked with 200 breakfast items.

Although I am in favor of eating out every Sunday not all my outside breakfast experiences have been carefree.

While sitting at the back of a green and gold Marie Antoinette meeting room in Miami Beach waiting for the AFL-CIO executive board to finish the eggs Benedict so I could ask tough questions about contract negotiations, my tenacity as a reporter was tested to the limit.

A tiny mouse ran from behind the brocade draperies and began to gnaw on a bagle the waiter had dropped on the floor.

I wanted to be discreet. After all, I couldn't ruin everyone's breakfast by making a scene about a mouse. It would be too feminine. So I called the waiter to point out the only guest in the room who wasn't on an expense account. "It's not my bagel," snapped the waiter, "I'm a dining-room captain not Truly Nolen."



So I picked up the bagel and put it in my handbag. Later when I pulled out my notebook the bagel fell to the floor. The Union leaders took pity on me and insisted on buying me breakfast. It was impossible to maintain a hostile attitude after that.

Once in Atlanta, I was being introduced to a Pen Woman's group. To make me seem more Southern my managing editor told them I had been working in Washington, D.C. previous to joining the *Atlanta Constitution*. "We'll forget about Dayton, Ohio, until they get used to you," he explained.

After I poured cream and sugar on the grits, mistaking it for cream of wheat, he looked at me sadly and said. "There's no hope. They'll have to take you as you are."

In this month's issue of *Palm Beach Life* there is a story about places to eat brunch. Rick Ackermann has written an amusing and informative account of his experiences. All women envy him on this assignment. Just think of it, 25 breakfasts without cleaning up the stove after French toast or apologizing for breaking the yoke of an over-easy egg.

Carolina Herrera



There are those nights — those gala fetes — when fashion must conquer invincibly, gloriously! For those moments, Carolina Herrera designs the true evening gown. Here, her slender column of white silk crepe with its single, fabulously silver-beaded strap plunging from neck to waist. A jacket is created to finish with beautiful precision.

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CHARLES CALHOUN

THE WINE MYSTIQUE

BUREAUCRACY STRIKES AGAIN!

In writing this column, I have usually tried to avoid the subject of wine technology — a term that encompasses both the latest research by wine chemists and the time-honored techniques of "little old winemakers" — in the belief that if you are interested in such things, you'll have found the necessary textbooks on your own; otherwise, why further complicate an already complicated search for what should be simple pleasures?

Still, it's hard to read about wine these days — whether on the back label of a bottle from California or in the testing notes



published in so many popular magazines — without encountering pH factors, centrifuges and volatile acidity, terms that a short time ago were confined to the laboratory. Do we really need them now?

I admit, the more you know about how wine is made, the easier it is, intellectually speaking, to understand the variations in taste, sensually speaking, that make one wine different from another. But it is all too easy to overdo this sort of shop talk, as I think most consumers (especially those who have been cornered by a wine bore) will agree.

Wine had been made with skill and enjoyed with discrimination for centuries before scientists ever looked into the barrel. We should be grateful for what they found — for one thing, there has never before been so much clean, well-made, safely transportable wine available at a reasonable cost — but we don't have to ponder every detail of their work any more than we need an auto mechanic's skills to enjoy driving a car.

From time to time, though, these technical details become a matter of public dispute. Usually, it's confined to a small group of professional winemakers and enthusiasts, who argue passionately over oak-aging and blending and filtered vs. unfiltered wines. Occasionally the dispute attracts a broader audience by touching upon public-policy matters that affect us all—and the new controversy over ingredient labeling is just such a cause.

"Again?" you may ask, remembering the fuss made back
(Continued on page 14)

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(Continued from page 10)

in the Carter administration. (Although most of the rules making it difficult to buy wine are state or local, control of labeling falls within the powers of the U.S. Treasury Department's oddly composed bureau assigned to look after alcohol, tobacco and firearms.)

Yes, again, according to The Monterey Vineyard's ebullient winemaker and publicist, Richard Petersen. A long list of California wineries will send you their free newsletters, but few of them are as lively and informative as Dr. Petersen's regular bulletins. Usually jaunty, this time he's hopping mad.

It seems that 1984 — fateful year! — may see new federal rules requiring wineries to reveal exactly what is in the bottle, other than the obvious grape juice.

Winemakers find this prospect offensive on several counts, and not necessarily in this order: (1) It will confuse customers, possibly alarming them to the point where they will fall back on something really good for their health, like gin. (2) It will increase the wineries' costs since each lot of wine may

"Consumer protection has its sensible limits . . . "

have been treated slightly differently and hence require a different label. (3) It will hurt the pride of honorable craftsmen by implying that somehow their product is doctored or is vaguely menacing. (4) It's one more intrusion into everyday life by a federal bureaucracy in far-off Washington — and from an administration supposedly cutting back on such things!

Those are persuasive points. Dr. Petersen and other wine-makers blame "neo-prohibitionists" for the rules — people who, under the guise of protecting the consumer, are actually trying to discourage drinking — and it is true that, when it comes to alcoholic beverages, we are the most over-regulated, or at least the most erratically regulated, of civilized countries.

This is a special headache for wineries trying to do business in states where each county has its own rules about where, when and by whom such things can be purchased. The notion that table wine is a sort of food, not the devil's own brew, is slow to catch on in this country.

At the same time, of course, the other side has its case — at least in principle. It's generally accepted now that anyone who makes a product we eat or drink or otherwise come into intimate daily contact with has a moral, and often a legal, obligation to tell us exactly what is in it. If you recall what rubbish goes into a variety of everyday products, from frankfurters to children's toys, and if you consider how many carcinogens and other health hazards have been detected in recent years, the principle represents sound common sense. If providing this information slightly increases the costs to manufacturers or customers, well, that is the price we pay for our complicated consumer society.

Yet does wine really hold such hazards? Obviously alcohol in any quantity is a hazard to some people, but does this require a skull and crossbones on the label? Society has decided it does not. How much further should we go?

In the case of wine, there is only one common additive — already present by nature in some wines — which I have ever heard described as a potential health hazard. That is sulfur dioxide (SO₂). It's that "struck match" smell you sometimes find upon opening a bottle of cheap white wine, usually from a

(Continued on page 102)



... He chrose Isser Minake
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Catherine

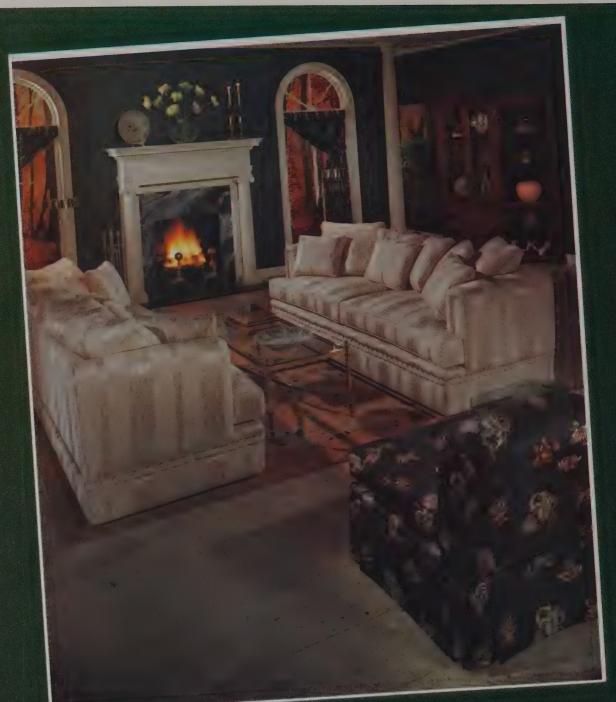
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IN GOOD SHAPE

BEATING HOLIDAY BLUES

Every year, for a significant number of Americans, the season to be jolly is not. Dr. Calvin Frederick of the National Institute of Mental Health estimates there is a 15 percent increase in depression during December. Psychiatrists report a climb in business beginning with Thanksgiving and continuing through New Year's Day. Traffic accidents multiply and the suicide rate rises. Clearly for many, the radiant reds, greens and golds of the Christmas season quickly give way to the blues.

The Blues

It's natural to occasionally experience passing episodes of the blues, particularly when others appear to be having a good time and all external signals indicate you should be, too. Everyone seems to be planning for a holiday party, family reunion or weekend getaway. Friends have fabulous plans that don't include you. The gifts others receive demonstrate their husbands, lovers, bosses, boyfriends and neighbors are Tiffany board members, own a mink ranch or at least have more than a passing interest in deBeers mines. Under those circumstances the blues — liberally laced with a little envious green around the edges — are acceptable, even desirable.

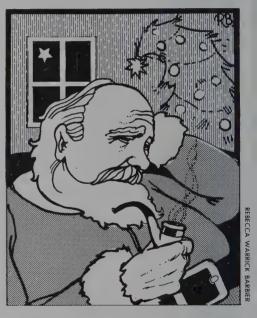
Legitimate reasons for sadness are to be recognized but not given into, according to California psychologist, Dr. Nicholas Cummings. "In the early stages," he says, "you can fight it off."

If your family is 3,000 — or 13,000 — miles away, the holiday season amplifies the distance and your sense of loss. Those who find themselves alone due to the single state, divorce or widowhood have every reason to be in a deep funk at a time when togetherness is the hallowed state. If you have suffered a loss or reversals during the year — death of a close friend, loss of a job, ill health — you have reason to be morose. "But make a point to be with people," Dr. Cummings advises, "especially people who enjoy the holidays. Don't wait to be invited, have people over yourself."

When Dr. Cummings suggests not "giving in" to the blues during the holi-

day season, it is a recommendation so basic it's easily overlooked. But new evidence demonstrates that such time-tested palliatives have a basis in scientific fact.

Dr. Paul Ekman, a psychologist and principal researcher in a new study from the University of California at San Francisco, reports that just the act of flexing facial muscles into the characteristic ex-



pressions of joy (or other emotions), can produce measurable effects on the nervous system.

Co-authors of the work, Drs. Robert W. Levenson and Wallace V. Friesen agree that the mechanics of facial muscle movement are closely tied to the autonomic nervous system which controls heart rate, breathing and other vital involuntary functions. It is believed that people tend to mimic the expressions of those around them and the researchers' findings suggest that mimicry may actually produce the same nervous-system responses.

The New York Times reporter Harold M. Schmeck, Jr., in an interview with the research team, learned that this may be one of the reasons audiences react emotionally to the theater, why smiling faces at parties seem infectious and why advertising is often successful when it uses smiling models. "The per-

(Continued on page 22)



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IN GOOD SHAPE

(Continued from page 18)

ception of another face is not just an information transfer," Schmeck was advised, "but a very literal means by which we feel the sensations that others feel."

The report, published in a September issue of *Science*, said experiments showed it was possible to use measurements of heart rate and skin temperature to distinguish between anger and fear. It was also possible to differentiate between those two emotions as a group and happiness, disgust or surprise. The latter three all result in a lower heart rate. Facial expressions of sadness produced measurable lowering of skin temperature.

Depression

Depression is what happens when the blues become serious. Its difference is distinct and really recognizable. An individual suffering from the blues might well use such expressions as: "I just don't know what's the matter with me. I feel down... sort of in the dumps... miserable... in a bad mood." Other than vague feelings of dissatisfaction or sadness, however, no specific symptoms are forthcoming. Eating and sleeping habits are not markedly affected and a change of pace, shopping spree or glorious new romance dispels the problem.

Depressives, on the other hand, have very specialized symptoms and even though the sufferers may have a hard time describing their bewildering symptoms, doctors recognize them immediately. "I can't concentrate... have difficulty sleeping. I wake up early... don't want to eat. I'm tired all the time... there's nothing to look forward to. I don't care about anything... nothing gives me satisfaction or pleasure."

The holiday season serves to magnify these feelings because so many others appear to be happy participants in the festivities. This only confirms the depressive's fears, providing an excuse for further isolation. For many, suicide seems the logical escape.

While most depression goes away in less than a year, whether it is treated or not, the holiday sufferer isn't benefited by that bit of news. A report in Kiplinger's *Changing Times*, however, brings some pertinent points into perspective:

"Depression is an emotional disorder, not a form of mental weakness.

"Anyone under sufficient strain can slip into a depressed state. It happens to one out of eight of us sometime in our lives.

"The depressed person is not sad or withdrawn by choice, nor can he/she get





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23

ESTĒE LAUDER

back to normal by using lots of willpower or heeding the well-meaning urgings of friends and family.

"Depression may be a natural defense gone awry, a kind of time-out in the middle of a struggle with overwhelming odds.

"It is the most treatable of mental disorders."

Dr. Aaron T. Beck at the University of Pennsylvania School of Medicine agrees and disagrees. He not only believes depression can be treated, but believes it can also be controlled by the patient. It isn't so much a matter of willpower, he advises, as it is erroneous thinking — negative, furtive thoughts that dupe us into needless gloom.

His theory of "cognitive therapy" was developed on the basis of recognizing that patients often have two parallel streams of thought operating simultaneously: one denouncing the target of the patient's displeasure, the other criticizing the patient himself. Our moods don't decree our thoughts, he decided, rather, it's the other way around. "By correcting erroneous beliefs," Dr. Beck wrote in *Cognitive Therapy and the Emotional Disorders*, we can "damp

down or alter excessive, inappropriate emotional reactions."

In cognitive therapy, the doctor challenges the patient to listen to his own negative thoughts. In fact, he trains the patient to identify these inner saboteurs and to silence them.

Dr. David D. Burns, a student of Dr. Beck's and author of *Feeling Good*, believes everyone can master the techniques of overcoming depression with help. In a piece by Edward Ziegler for *Reader's Digest*, Dr. Burns suggests three crucial steps to be taken when you are upset:

"Write down your negative thoughts. Don't let them buzz in your head — snare them on paper.

"Read over the list of cognitive distortions. (His book delineates these.)

"Substitute more objective thoughts that put the lie to the ones that made you depressed."

Basically, Dr. Burns teaches that "your feelings are not facts." They don't even count. If your thoughts make no sense, the feelings they create will be just as absurd. "You can cope," he asserts, "even with genuine sadness due to real loss or disappointment." A sense of your own self-worth is the bottom line. "Self-esteem can be viewed as your decision to treat yourself like a beloved friend," says Dr. Burns.

Alcohol

By all means enjoy an occasional holiday tipple but do remember the grisly fact that alcohol plays a role in 95,000 deaths annually — not all due to illness.

Drinking ranks third as a cause of birth defects; it is involved in eight out of 10 fire deaths, two out of three drownings, seven out of 10 fatal falls and half the violent crimes committed in this country. It causes the greatest number of traffic deaths, and public outrage has finally been responsible for the "introduction of some 500 pieces of drunken driving legislation in 46 states," according to a recent report in *USA Today*.

In her *Personal Health* column for *The New York Times*, Jane Brody reminds revelers that "alcohol is a drug, a central nervous system depressant." If you are unhappy from the start, alcohol will not offer relief but will merely increase that feeling of unhappiness.

Brody points out that holiday cocktail parties at which you try to drown your sorrows, only make things worse. "If you're feeling blue," she advises, "stay away from the wassail and cocktails and instead stick to fruit juices, soda pop, mineral water and unspiked egg nog."

(Continued on page 101)





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FIRST EDITIONS

Ah, 'tis the month to be festive and giving, and to celebrate, if only ritually, the bounties of life. One of those is surely the plenitude of good books available for the enrichment of your emotional and intellectual being. In this respect, Christmas is a plum time to treat yourself to something special; and it's an equally apt occasion to add enduringly to a friend's library. What I have to offer this Christmastime is somewhat off the beaten track — books that are special in their attractiveness and quality.

Pride of place goes to an extraordinary account of Albany, New York. Offhand, you probably can't imagine a place less likely for celebration; it's almost certain that very few of you have ever visited Albany, though, perhaps you've passed through on the way to Saratoga. But when you come away from William Kennedy's *O Albany!* (Viking, \$19.95) you will feel intimately and delightedly acquainted with a marvelous microcosm of American growth and development over the last few hundred years.

Recently named a MacArthur Prize Fellow and the author of some very fine novels, Kennedy has written about his native city in terms of its people, its politics, its social change and its transformation from village to large urban center. His story — and it is a narrative — is couched in the supplest of prose and will lift you along effortlessly in its artful and informal history.

It takes imagination of at least two sorts to write a good book. The book by William Kennedy shows the author's ability to weave factual material into a brilliantly patterned whole, while the exuberant new novel by Mark Helprin shifts back and forth from reality to fantasy.

Called Winter's Tale (Harcourt Brace Jovanovich, \$14.95), Helprin's novel invites readers who like pyrotechnical invention and a dazzling way with words. Here the conventional plot and narrative are less important than Helprin's startling collection of eccentric (but vivid) characters that include Pearly Soames (a big-time criminal), an-



In his new novel, Mark Helprin introduces a lively group of eccentrics to a fanciful world.

gelic Beverly Penn (who epitomizes innocence), a press lord named Craig Binky and the Reverend Mootfowl.

Helprin's people live in what could be Manhattan, and their fates are tied together by a flying white horse named Athansor and by Peter Lake, the author's metaphor for man's struggle toward his betterment. In a series of tableaux, Helprin develops the possibility of a golden age, but he does so with gusto and humor. Letting his fictive imagination run free, he takes us on an unusual journey into the future where he piles one brilliant image atop another. Winter's Tale is not your ordinary novel, but for just this reason you will, I think, respond to its challenge and enter its fanciful world to your immense delight.

A novel of another kind illustrates yet a further facet of the creative imagination. It is James Webb's A Country Such as This (Doubleday, \$17.95), a panoramic view of tumultuous life in the United States over the last 30 years. A gifted writer with a strong sense of narrative and synopsis, Webb has fashioned three college roommates

(Continued on page 30)

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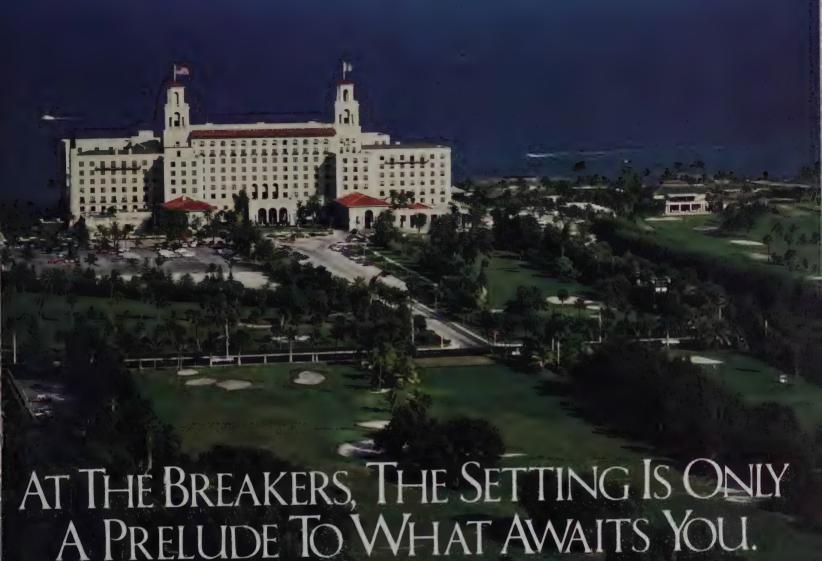
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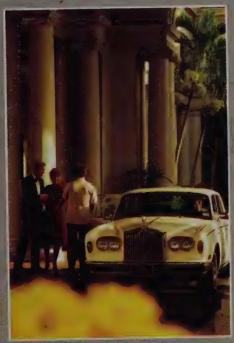
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FIRST EDITIONS

(Continued from page 26) whose friendship and careers give us a perspective on the era, as each passes through it in his own way.

There is Judd, who wants to be a Marine Corps leader and actually becomes a congressman; Red, a football hero eager to fly jets in combat; and Joe, who fantasizes about lunar travel.

Deftly shaping characters, Webb involves his three men and the women they marry in the principal public events of recent times — the war in Korea, the space program, the fiasco in Vietnam. From their experiences emerges a picture of the nation's vitality and resilience in adversity and the capacity of its people — certainly those portrayed here — to come to terms with their fundamental values. Immediate historical fiction is a difficult craft, and Webb has acquitted himself well.

The grown-up world has always been a source of wonder to children, many of whose most imaginative games are constructed with visions of adulthood in mind. But to capture what it's like to be young, without writing a sentimental yarn, is a daunting task for a writer; one, though, that Clare Boylan has accomplished with singular skill in Holy Pictures (Summit Books, \$13.95).

A first novel, it is a fresh and acutely observed story of two sisters, Nan and Mary Cantwell, growing up in a somewhat fey Dublin household, in which the father is a corset (remember them?) designer and the mother puffs up a storm of cigarette smoke. What the sisters express so well is a sense of infinite wonder about their changing milieu as they edge away from their family, always to return fortified by new experiences. Ultimately, of course, their innocence dissolves. Boylan writes with laughter and affection about her people, and this makes her novel exceedingly readable.

A diplomat, a British cynic once remarked, is someone sent to lie abroad for the good of the commonwealth. Perhaps that's how things used to be, but the business of diplomacy these days relies less on artifice than on the exertions of dedicated people seeking concord in a troubled world. For a fascinating account of what's taking place, I advise turning to Martin Mayer's The Diplomats (Doubleday, \$17.95). It is a penetrating analysis of both the business of diplomacy and a series of incisive profiles on the chief actors of the international stage. Foreign policy is made immediate and exciting.

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325 N.E. 5th Avenue (U.S. 1 Southbound, North of Atlantic Ave.) Deiray Beach, Fla. 33444 • (305) 278-9700 Copyright 1983 Woodland Mills, Inc Historical love stories, especially as they involve the great and famous, seem always to retain their freshness and excitement. And this is certainly the case with John and Sarah Churchill, the first Duke and Duchess of Marlborough and the ancestors of Winston Churchill. Ably recounted by Virginia Cowles in *The Great Marlborough and His Duchess* (Macmillan, \$19.95), the true-life saga recreates the England and Europe of some 300 years ago and brings to life not only the principal characters but also such other personages as Queen Anne and Louis XIV.

Cowles focuses on the lifelong romance between the Churchills, but she does not neglect John Churchill's exploits on the battlefield nor Sarah's deeds in the political realm. Pageantry abounds, for this is history that reads like fiction, making it all the more satisfying.

Just as Virginia Cowles tells us a great deal about family life in the England of her book's era, so does another firsthand account take us into the intrigue-filled reign of Henry VIII. This journey in time is performed through The Lisle Letters (University of Chicago

Press, \$25), edited by Muriel St. Clare Byrne and selected and arranged by Bridget Boland. A tapestry of Tudor life that is bound to enchant you, the correspondence of Lord Lisle, deputy of Calais, provides an admirable insight into the education of the family's children, the management of their estates, their legal hassles and the sports that engaged them. The vigor and vitality of the age come alive in its own words, for this is a slice of history that quivers with real people.

While I'm on a historical kick, let me tell you about a diverting oddity—the true story of a French 16th-century imposter who almost got away with his daring hoax. The yarn is contained in Natalie Zemon Davis' The Return of Martin Guerre (Harvard University Press, \$15) which concerns a peasant who left his wife and family for a number of years and whose place as husband was taken—almost—by a clever imposter. The fake Martin Guerre was unmasked in the end of this clever, well-chronicled tale, but it was a close call.

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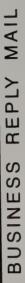
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Clare Boylan writes an insightful tale of two sisters growing up in a fey Dublin household.

murdered in mysterious circumstances in 1943? Well, now there's an interesting reconstruction of the crime by James Leasor in *Who Killed Sir Harry Oakes?* (Houghton Mifflin, \$14.95) that not only reviews the trial and acquittal of Sir Harry's son-in-law, but also speculates on the possible role of mobster Lucky Luciano, in the killing.

The gangster's aim, according to Leasor, was to obtain postwar casino gambling on the island, a project in which the Mafia sought Sir Harry's help. Some blackmail was involved. In this version, Sir Harry was killed by accident during an argument and the corpse taken to his estate. The scenario is crisply laid out and doesn't seem far-fetched.

The infinite variety of English as a language never ceases to astound me; this has been achieved, of course, by its growth over so long a historical period and by its spreading influence around the world. A charming account of the incredible richness of our tongue has just been written by Robert Claiborne in Our Marvelous Native Tongue: The Life and Times of the English Language (Times Books, \$17.95).

In a witty and informed fashion it is a layman's history of how and why we speak and write as we do. Given even the slightest curiosity, you will find this book much worth your while. There's nothing like learning the easy way, and that is just what Claiborne offers.

Ben Sonnenberg may not have been the country's "greatest" public relations man, as the subtitle to his biography claims, but he did have undeniable flair and his self-imposed role as an Edwardian dandy gave him a vivid pres-

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ence in New York's business world. Telling about his life and good times in "Always Live Better Than Your Clients": The Fabulous Life and Times of Benjamin Sonnenberg, America's Greatest Publicist (Dodd, Mead, \$15.95), Isadore Barmash traces this man's beginnings as an immigrant and recounts his heady rise in public relations and the social milieu over 40 years. It's a picture of a man of much glitter, but of perhaps little substance.

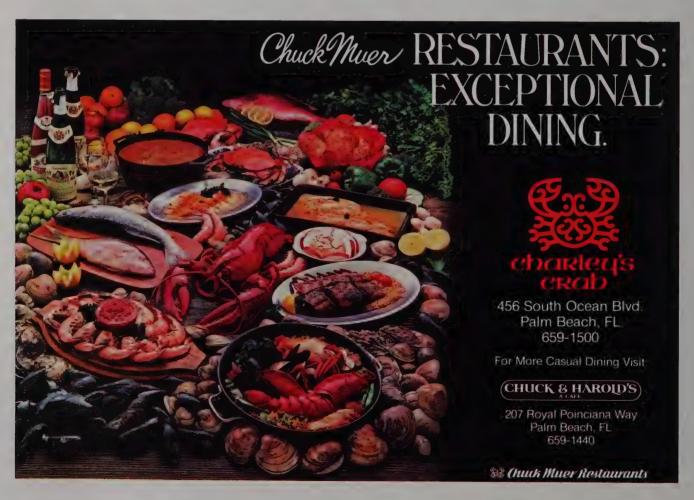
I also have a couple of excellent biographies for your Christmas stocking. One is Victoria Glendinning's Vita: The Life and Times of Vita Sackville-West (Knopf, \$22.50). Just in case it's skipped your mind, Vita Sackville-West was a British poet, novelist and biographer of the 1920s and '30s who had quite a following in this country. Wife of diplomat Harold Nicholson and friend of Virginia Woolf, the famed Bloomsbury writer developed Sinsinghurst, one of England's stately homes.

Now in this closely detailed life and times, Vita Sackville-West is revealed as a sharply divided woman who conducted intense love affairs with other women, including Virginia Woolf, while at the same time maintaining the facade of marriage to a husband who was a homosexual. The emotional story is a most tangled one, but thanks to copious letters and diaries, her biographer is able to recount her life with commendable clarity and candor. In the process, there is a rewarding picture of life among the British upper class that may well be an eye-opener for you.

My second biography worth recommendation is Lesley Blanch's Pierre Loti: The Legendary Romantic (Harcourt Brace Jovanovich, \$15.95), which is the dazzling story of a 19th century-French escapist whose exotic adventures in foreign lands titillated all Paris and whose exploits were on every tongue. His melodramatic novels were much admired in their day, even by Henry James. An example of one who actualized many fantasies, Pierre Loti is interesting to recall in this more serious era. Blanch has drawn a lively portrait of a minor, yet highly amusing personality.

Next month begins another year and let's see what it will bring. □

Nationally know critic Alden Whitman resides in Southampton, New York.



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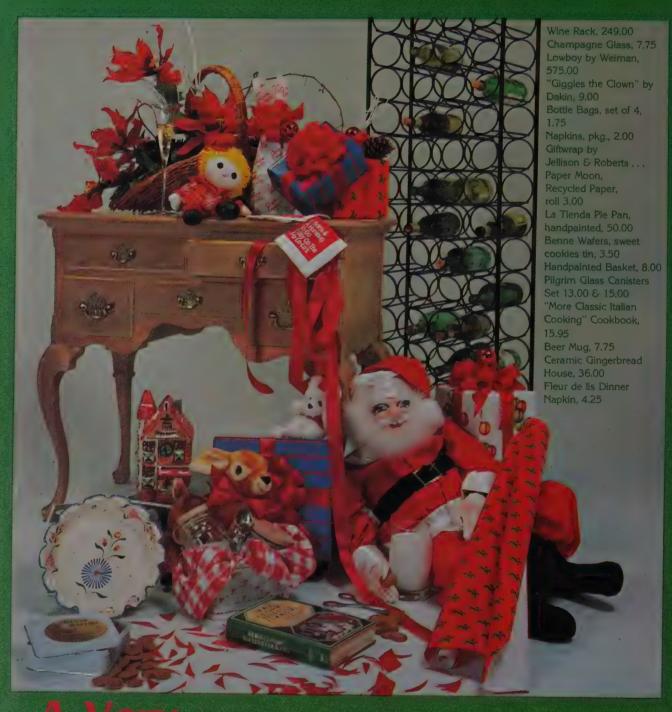
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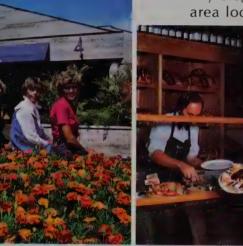
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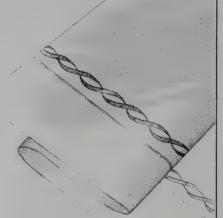


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DAYS & NIGHTS

Following is a list of area events for the month of December. Due to advance deadlines, some schedules may change after publication.

THEATER

- Actor's Workshop and Repertory Company: The Diviners. A drama, set in a tiny Indiana town during the 1930s, concerns the relationship between a young boy and preacher. Dec. 9, 10, 11, 16, 17 and 18 at 8 p.m. Sunday matinees at 2:30 p.m. 308 S. Dixie Hwy., West Palm Beach. 655-2122.
- The Barn Theater: Laura. A mystery about a handsome young detective's investigation into Laura's "murder." Now through Dec. 9. Wednesday through Sunday at 8:30 p.m. Sunday matinee at 2 p.m. 2400 S.E. Ocean Blvd., Stuart. 287-4884.
- Caldwell Playhouse: The Hasty Heart. A love story set in a Burman hospital during World War II. The Middle



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Ages.A.R. Gurney's comedy about growing up during the 1960s and '70s, starring Pat Nesbit and Geoffrey Wade. Now through Dec. 18. Tuesday through Saturday at 8 p.m., Sunday at 2 p.m. 286 N. Federal Hwy. (inside the Boca Raton Mall), Boca Raton. 368-7509.

- Coconut Grove Playhouse: A Funny Thing Happened on the Way to the Forum. Slaves, aristocrats, concubines and young lovers romp through Rome in this Stephen Sondheim musical. Now through Dec. 25. Tuesday through Saturday and the first Sunday at 8:15 p.m. Wednesday, Saturday and Sunday matinees at 2 p.m. 3500 Main Hwy., Coconut Grove. 442-4000.
- Dade County Auditorium: The Nutcracker. The Miami Ballet Company will present this classic holiday ballet. Dec. 3 at 8 p.m. and Dec. 4 at 2 p.m. 2901 W. Flagler St., Miami. 545-3395.
- Delray Beach Playhouse: A Christmas Carol. A musical based on Charles Dickens' "A Christmas Carol." Dec. 2-11 at 8 p.m., Sunday matinees at 2:30 p.m. Northwest 9th Street in Lake Ida Park, Delray Beach. 272-1281.
- Lake Worth Playhouse: Lost on the Fourth of July. A world premiere comedy by Rick Harlowe. Dec. 1-3 at 8 p.m., Dec. 4 at 2:30 p.m. 713 Lake Ave., Lake Worth. 586-6410.
- Little Palm Theater for Children: The Nutcracker. A dramatic presentation of the classic story (with dance included). Amahl and the Night Visitors. A crippled boy is visited by the three wise men on their way to Bethlehem. Now through Dec. 31 on alternate Saturdays. Curtain at 9:15 a.m. Royal Palm Theater Center, 303 Golfview Drive, Boca Raton. 997-7109.
- Miami Beach Theater of the Performing Arts: Brighton Beach Memoirs. A semi-autobiographical comedy about Neil Simon's early years during the late 1930s. Dec. 20 through Jan. 1. Evening performances at 8:30 p.m., matinees at 2 p.m. 1700 Washington Ave., Miami Beach. 673-8300.
- Musicana Supper Club: Listen to the Music. A musical revue featuring the music of the 1970s. Now through

- Dec. 11. Kings and Things. A delightful medley of well-known and well-loved melodies with royalty as the theme. Dec. 13 through Jan. 22. Dinner at 6 p.m. (with showtimes varying). 1166 Marine Drive, West Palm Beach. 683-1711.
- Parker Playhouse: Brighton Beach Memoirs. A semi-autobiographical comedy about Neil Simon's early years during the late 1930s. Now through Dec. 13 at 8:15 p.m. Matinee at 2 p.m. (days vary with performances). 707 Northeast 8th St., Fort Lauderdale. 764-0700.
- Poinciana Playhouse: The Gondoliers. A comical operetta about a young prince from Spain who ends up spending his time in Venice with a young gondolier. Presented by the Gilbert and Sullivan Society. Dec. 9 at 8 p.m. and Dec. 10 at 2 and 8 p.m. 70 Royal Poinciana Plaza, Palm Beach. 833-2100.
- Burt Reynolds Dinner Theater: Bye Bye Birdie. A musical comedy about a rock and roll singer about to be inducted into the army. Charles Nelson Reilly stars as Mr. MacAfee, the father of a frenzied teenager. Now through Jan. 8. Curtain at 8:30 p.m.; Wednesday and Saturday matinees and Sunday champagne brunch, curtain at 1:30 p.m. 1001 Indiantown Road, Jupiter. 746-5566
- Royal Palm Dinner Theater: Pal Joey. A musical about a down-and-out nightclub comic who falls in love with a beautiful singer-dancer. Now through Dec. 18. Annie. A spectacular musical based on the famous comic strip character, Little Orphan Annie. Dec. 20 through Feb. 12. Evening performances Tuesday through Saturday at 6 and 8 p.m.; Sunday performances at 4 and 6 p.m.; Wednesday and Saturday matinees at 12 and 2 p.m. 303 Golfview Drive, Boca Raton, 426-2211.
- The Stage Company: Sly Fox. A bawdy comedy (based on Johnson's "Volpone") about a rapacious miser in conflict with greedy opportunists. Now through Dec. 3. Gigi. A classic romantic musical by Lerner and Loewe set in turn-of-the-century France. Dec. 7-31. Curtain at 8 p.m. Tuesday through Saturday; matinees at 2 p.m. Thursday, Saturday and Sunday. 201 Clematis St., West Palm Beach. 655-1240.

SPECIAL EVENTS

- Annual Art Institute Holiday Show. A mixed-media exhibition of paintings, drawings, photographs, sculpture and three-dimensional works with a holiday theme. Dec. 1 through Jan. 3. Monday through Friday, 8 a.m. to 5 p.m.; Saturday, 8:30 a.m. to noon. Art Institute of Fort Lauderdale, 3000 E. Las Olas Blvd., Fort Lauderdale. 463-3000.
- Antique Show. This show features period furniture. Dec. 16-18. War Memorial Auditorium, 1430 N. Federal Hwy., Fort Lauderdale. 761-2830.
- Boca Raton Historical Society Holiday Tour. Six homes designed and built by Addison Mizner, will be decorated for the holidays and open to the public. Dec. 11 from 1 to 4:30 p.m. Old Foresta area, Boca Raton. 994-8788, 487-5145, 487-5643.
- A Country Christmas. This exhibit includes a general store, Santa's workshop and a country schoolroom. Now through Dec. 16. Tuesday through Friday, 10 a.m. to 4 p.m.; Saturday, 10 am to 1 pm. Singing Pines Museum, 498 Crawford Blvd., Boca Raton. 368-6875.
- Dean's Antique Show. A variety of antiques are featured. Dec. 2 and 3 from 11 a.m. to 10 p.m. and Dec. 4 from noon to 6 p.m. West Palm Beach Auditorium, Palm Beach Lakes Boulevard, West Palm Beach. 683-6010, 683-6012.
- Flower Arrangement from the Sogetsu School. An exhibition of contemporary flower arrangements from the Japanese Sogetsu School. Now through Dec. 4. Museum hours. Morikami Museum, 4000 Morikami Park Road, Delray Beach. 499-0631, 495-0233.
- Folk Toys of Japan. A display of traditional Japanese folk playthings including dolls, kites and wooden toys. Now through Jan. 8. Tuesday through Sunday, 10 a.m. to 5 p.m. Morikami Museum, 4000 Morikami Park Road, Delray Beach. 499-0631, 495-0233.



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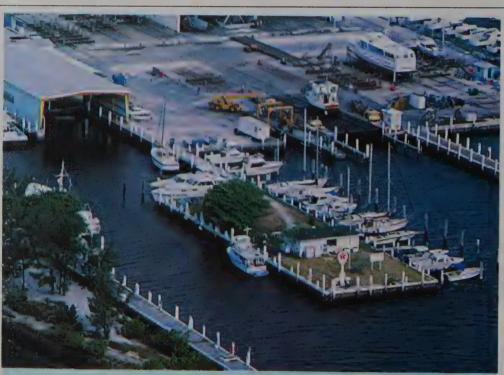
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- Holiday Skies. A special holiday show offering a possible scientific explanation of the Christmas star. Now through Dec. 31. Tuesday through Saturday, 10 a.m. to 5 p.m.; Friday evening, 6:30 to 10 p.m.; Sunday 1 to 5 p.m. Science Museum and Planetarium, 4801 Dreher Trail N., West Palm Beach. 832-1988.
- Exhibition of Contemporary American Paintings. More than 1,200 artists from throughout the United States compete for \$5,000 in prizes at this exhibition traditionally known as one of the most important contemporary shows in the South. (The contest is judged by Henry T. Hopkins, director of the San Francisco Museum of Modern Art.) Dec. 3-30, Monday through Saturday, 10 a.m. to 5 p.m.; Sunday, 2 to 5 p.m. Society of the Four Arts, Four Arts Plaza, Palm Beach. 655-7226.
- Jewish Life in America. This exhibition traces the life of American Jewish families from 1654 through 1982, with photographs, paintings and memorabilia featured. Dec. 6-24. Museum hours. Henry Morrison Flagler Museum, One Whitehall Way, Palm Beach. 655-2833.
- Joffrey II Dancers. The New York dance troupe performs a variety of styles in dance from classical ballet to neoclassical jazz, under the direction of Sally Brayley



The Sun and the Shade Exhibition Norton Gallery of Art

Bliss. Dec. 14 at 8:30 p.m. Society of the Four Arts, Four Arts Plaza, Palm Beach. 655-7226.

- Lauderhill Inverrary Arts Festival. An all-media exhibition of 100 artists from all over the United States. This is a professional, juried show. Festivities include mimes, booths and refreshments. Dec. 3-4 from 10 a.m. to 6 p.m. Inverrary Boulevard Plaza, Inverrary Boulevard (off Oakland Park Boulevard), Lauderhill. 484-1422.
- Bella Lewitsky Dance Company. Florida Atlantic University begins its 1983-84 Performing Arts Dance Series.

 Dec. 2 and 3 at 8 p.m. Florida Atlantic University Theater, Glades Road, Boca Raton. 393-3808.
- The Lord's Gallery. Philip Granville, owner of the Lord's Gallery in England, will present a group of rare posters, prints, custom designs, paintings and watercolors in this one day exhibition. Dec. 7 from 10 a.m. to 5 p.m. Norton Gallery of Art, 1451 S. Olive Ave., West Palm Beach. 832-5194.
- Miami Christmas Pageant. An annual event sponsored by the Miami Baptist Church. Dec. 10 and 11 at 4 and 8 p.m. Dade County Auditorium, 2901 W. Flagler St., Miami. 545-3395.
- Norton Members Artist Guild Annual Exhibition. A wide range of media will be exhibited. The exhibition is a juried event with special awards. (Exact dates to be announced). Museum hours. Norton Gallery of Art, 1451 S. Olive Ave., West Palm Beach. 832-5194.
- The Nutcracker. Ballet Florida performs this classic with the accompaniment of the Boca Raton Symphony Orchestra, under the artistic direction of Paul McRae. Dec. 29 and 30. Evening performances at 8 p.m., matinee performance (Dec. 29 only) at 2 p.m. West Palm Beach Auditorium, West Palm Beach. 842-7631. 683-6012.
- The Old Masters of Taos. Selections from the collection of Harrison Eiteljorg feature paintings depicting the American West. Dec. 8-25. Tuesday through Saturday, 10 a.m. to 4:30 p.m.; Sunday, noon to 5 p.m. The Museum of Art, 426 E. Las Olas Blvd., Fort Lauderdale. 463-2169.
- Playground Physics. A modern exhibit on physics features experiments guided by computers. Now through Jan. 5. Tuesday through Saturday from 10 a.m. to 5 p.m. and Friday from 6:30 to 10 p.m. Science Museum and Planetarium, 4801 Dreher Trail N., West Palm Beach. 832-1988.
- Pottery Fair. Original art pieces by local artists and craftsmen. Dec. 8-11. Gallery hours. Norton Gallery of Art, 1451 S. Olive Ave., West Palm Beach. 844-2698.

- Prints and Printmaking. A lithography exhibition features artists who make prints from etchings. Various prints on display will demonstrate the techniques of printmaking. Now through Jan. 5. Tuesday through Saturday from 10 a.m. to 5 p.m. and Friday from 6:30 to 10 p.m. Science Museum and Planetarium, 4801 Dreher Trail N., Dreher Park, West Palm Beach. 832-1988.
- The Sun and the Shade: Florida Photography 1885-1983. This exhibition offers an intimate view of Florida history, life and culture, including panoramic landscapes, urban and rural scenes and the development of Miami from the 1920s to the 1960s. Dec. 3 through Jan. 15. Museum hours. Norton Gallery of Art, 1451 S. Olive Ave., West Palm Beach. 832-5194.
- There and Here. An exhibition by Evelyn Mitchell (instructor in the Advertising Design Department of the Art Institute of Fort Lauderdale) will consist of prints, mixed media and unique impressions. Dec. 1 through Jan. 3. Museum hours. Art Institute of Fort Lauderdale, 3000 E. Las Olas Blvd., Fort Lauderdale. 463-3000.

World of Wheels. A display of hot rods and customized cars. (A variety of guest stars will be announced). Dec. 29 through Jan. 1, all day. Miami Beach Convention Center, North and South Halls, 1901 Convention Center Drive, Miami Beach. 673-8300.

MUSIC

- An Evening With Teresa Pons. The Spanish classical vocalist performs in concert Dec. 18 at 8:15 p.m. Dade County Auditorium, 2901 W. Flagler St., Miami. 545-3395.
- David Bar-Illan, pianist. In concert as part of the Community Concert Series. Dec. 6 at 8 p.m. War Memorial Auditorium, 1430 N. Federal Hwy., Fort Lauderdale. 761-2830
- B.B. King and Millie Jackson. In concert. Dec. 2 at 8 p.m. and at midnight. Sunrise Musical Theater, 5555 N.W. 95th Ave., Sunrise. 741-8600.
- Beaux Arts Trio. In concert, presented by the Friends of Chamber Music. Dec. 15 at 8:30 p.m. Dade County Auditorium, 2901 W. Flagler St., Miami. 545-3395.

- Boca Raton "Pops" Series. Under the direction of Mark Azzolina, the Pops offers a wide range of musical styles. A special Christmas Show features the 100-voice Bibletown Mixed Chorus under the direction of John Shev. Dec. 20 at 8 p.m. Florida Atlantic University Auditorium, Glades Road, Boca Raton. 391-6777.
- The Cleveland Octet. In concert with pianist Judith Burganger, as part of Florida Atlantic University's 1983-84 Performing Arts Chamber Music Series. Dec. 21 at 8 p.m. Florida Atlantic University Theater, Glades Road, Boca Raton. 393-3808, 393-3020.



Pat Nesbit
"The Middle Ages,"
Caldwell Playhouse

- Concert Series 83/84. Handel's Messiah is presented by the Coral Ridge Presbyterian Church, with Roger G. McMurren conducting the Chancel Choir and Orchestra. Dec. 2-3 at 8 p.m.; The Many Moods of Christmas with Roger G. McMurren conducting the Chancel Choir and Orchestra. Dec. 16 and 17 at 8 p.m. Coral Ridge Presbyterian Church Auditorium, 5555 N. Federal Hwy., Fort Lauderdale. 491-1103, 771-8840 ext. 108.
- Csonka Classics. The McDermott Trio is presented by the Henry Morrison Flagler Museum as the first concert in its series of monthly musical teas. Dec. 18 at 4 p.m. Henry Morrison Flagler Museum, One Whitehall Way, Palm Beach. 655-2833.
- Fort Lauderdale Symphony Orchestra. In concert with Emerson Buckley as conductor and Kathleen Winkler as guest violinist. Dec. 13 and 14 at 8:30 p.m. War Memorial Auditorium, 1430 N. Federal Hwy., Fort Lauderdale. 761-2830.
- Holiday Music. A program of live music featuring Vincent Burrino and his Woodwind Quintet. Dec. 15 at 2 p.m. Palm Beach County Public Library, 3650 Summit Blvd., West Palm Beach. 686-0895.
- Rocio Juredo, vocalist. The Spanish singer appears in concert Dec. 3 at 8 p.m. and Dec. 4 at 7:30 p.m. Miami Beach Theater of the Performing Arts, 1700 Washington Ave., Miami Beach. 673-8300.
- Miami Beach Symphony. In concert under the direction of Barnet Breeskin with guest guitarist Carlos Molina. Dec. 11 at 8 p.m. Miami Beach Theater of the Performing Arts, 1700 Washington Ave., Miami Beach. 673-
- Gil Morgenstein, violinist. In concert as part of the Community Concert Series. Dec. 1 at 8:15 p.m. Miami Beach Theater of the Performing Arts, 1700 Washington Ave., Miami Beach. 673-8300.
- Music "At Eight" Series. Emerson String Quartet performs in concert with pianist Dec. 14 at 8 p.m.; Ax-/Kim/Ma Trio appears in concert Dec. 16 at 2 p.m. and Dec. 17 at 8 p.m. West Palm Beach Auditorium, Palm Beach Lakes Boulevard, West Palm Beach. 683-6010, 683-6012.
- Music for a Sunday Afternoon. A musicale presented by Palm Beach Atlantic College features music ranging from the Middle Ages to the 20th Century with guest guitarist David Skantar. Dec. 4 at 3 p.m. Norton Gallery of Art Theater, 1451 S. Olive Ave., West Palm Beach. 832-5194, 833-8592.
- Holiday Band Concert. Palm Beach Junior College presents a 45-piece ensemble under the direction of Sy Pryweller. In concert Dec. 11 at 3 p.m. Palm Beach Junior College Auditorium, 4200 S. Congress Ave., Lake Worth. 439-8142, 439-8144.
- Messiah Sing-Along and Performance. The Master-works Chorus under the direction of Dr. Jack Jones are featured Dec. 18 at 8 p.m. Poinciana Playhouse, 70 Royal Poinciana Plaza, Palm Beach. 659-3310.
- Thomas R. Thomas. The organist will appear in concert Dec. 4 and 19 at 3 p.m. Louis XIV Music Room, Henry Morrison Flagler Museum, One Whitehall Way, Palm Beach. 655-2833.
- "Tuesdays With Music" Series. The Norton Gallery of Art continues its tradition of offering an outstanding and varied music series. The Rose-Negata Kreger Trio

(Continued on page 54)





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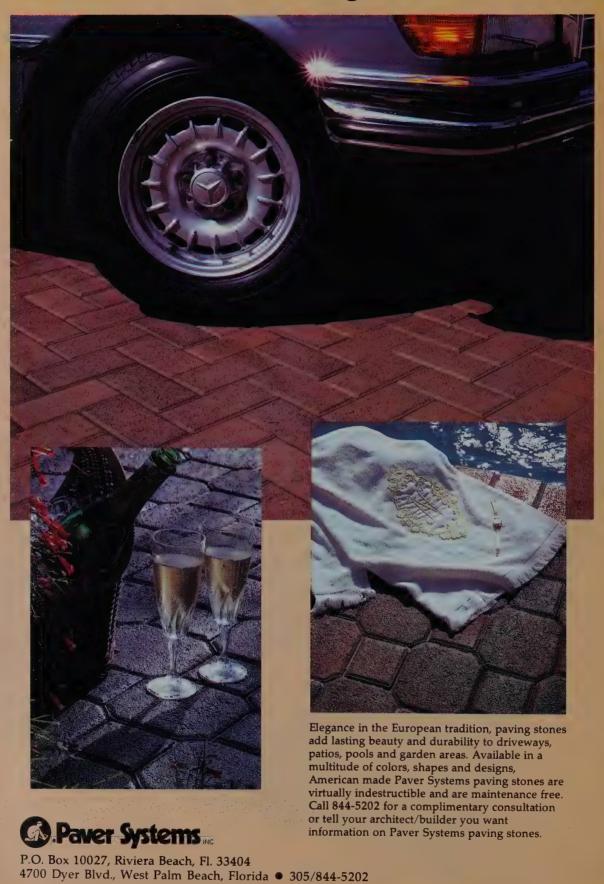
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DAYS & NIGHTS

(Continued from page 50)
appears in concert Dec. 13 at 8 p.m. Norton Gallery of
Art Theater, 1451 S. Olive Ave., West Palm Beach.
832-5194.

Venezuelan Boys' Choir. In concert, presented by the Civic Music Association. Dec. 12 at 8:15 p.m. Dade County Auditorium, 2901 W. Flagler St., Miami. 545-3395.

LECTURES

Daruma Doll Making Workshop. These dolls are representations of a Chinese sage and in Japan are considered good luck charms. Dec. 21 and 22 (with times to be announced). Morikami Museum, 4000 Morikami Park Road, Delray Beach. 495-0233, 499-0631.

Dining in Holiday Elegance. Beth K. Thorson, R.D. of Palm Beach County Health Department and Mary Wollney, Home Economist of Florida Public Utilities, will lecture. Dec. 7 at 7:30 p.m. Florida Public Utilities, 401 S. Dixie Hwy., West Palm Beach. 586-7566.

The Genius of Ancient China. Nathaniel Levi. Jr. will lecture. Dec. 19 at 10:30 a.m. Boynton Beach Library, 208 S. Seacrest Blvd., Boynton Beach. 732-2624.

Looking Into Portraits. A lecture program featuring Majzlin from the Boca Center for the Arts. Dec. 5 at 2 p.m. Palm Beach County Library System, 8221 W. Glades Road, Boca Raton. 482-4554.

Mochitsuki Demonstration. The making of special rice cakes for the New Year is a social activity in Japan. Morikami Museum staff members will instruct. Dec. 28 at noon. Morikami Museum, 4000 Morikami Park Road, Delray Beach. 499-0631, 495-0233.

Parental Survival Kits. This lecture, featuring adult and child therapist Kit Johnson, is presented by the Parent Child Study Group to make the holidays more meaningful and less stressful for parents and children. Dec. 6 at 6:30 p.m. Palm Beach County Library System, 7777 W. Atlantic Ave., Delray Beach. 498-3110.

Photography: Yesterday, Today and Tomorrow. A discussion presented by Leon Rosenman (a World War II combat photographer), Edwin Robins (formerly photographer with the Museum of Natural History), Leo Green and David Segal. Dec. 8 at 6:30 p.m. Palm

Beach County Library System, 7777 W. Atlantic Ave., Delray Beach. 498-3110.

Poisonous and Allergy Producing Plants in Florida Landscape. Gene Joyner, urban horticulturist, will lecture Dec. 1 at 7:30 p.m. Palm Beach Cooperative Extension Service, Mounts Agricultural Center, 531 N. Military Trail, West Palm Beach. 683-1777.

A Trip to the Amazon River and the Galapagos Islands. A travelogue lecture-program with Eleanor Fleet as Lecturer. Dec. 8 at 1:30 p.m. Jewish Community Center, 2415 Okeechobee Blvd., West Palm Beach. 689-7703.

Uninvited Guests. South Florida is a haven for a great variety of foreign plants and animals. Pine Jog instructor Bill Hutchins will discuss these newcomers and how their lifestyles affect our native communities. Dec. 7 at 7:30 p.m. Pine Jog Environmental Sciences Center, 6301 Summit Blvd., West Palm Beach. 686-6600.

What You Should Know About Medications. A lecture program with pharmacologist Lewis Sherwin. Dec. 1 at 1:30 p.m. Palm Beach County Public Library, 3650 Summit Blvd., West Palm Beach. 686-0895.

FILMS

Cinderella. A Walt Disney color cartoon about the beautiful Cinderella and handsome Prince Charming. (A captioned film). Dec. 5 at 2 p.m. West Palm Beach Public Library, 100 Clematis St. at Flagler Park, West Palm Beach. 659-8100.

Early Bird Special Films. Dec. 2 — My Man Godfrey, a 1936 comedy with Carole Lombard and William Powell; Dec. 9 — In This House of Brede, a 1975 film starring Diana Rigg as a London widow who enters a Benedictine convent; Dec. 16 — The Solid Gold Cadillac, a 1956 comedy about the business world, starring Judy Holliday and Paul Douglas; Dec. 30 — My Favorite Spy, a 1951 comedy featuring Bob Hope and Hedy Lamarr. All films at 2 p.m. Greenacres Public Library, 6135 Lake Worth Road, Greenacres City. 964-2525.

Friday Film Series. The Science Museum presents a full-length feature film every Friday at 8 p.m. 4801 Dreher Trail N., Dreher Park, West Palm Beach. 832-1988.

Great Directors of the Cinema. A monthly series highlighting outstanding directors. For December: *Notori*-

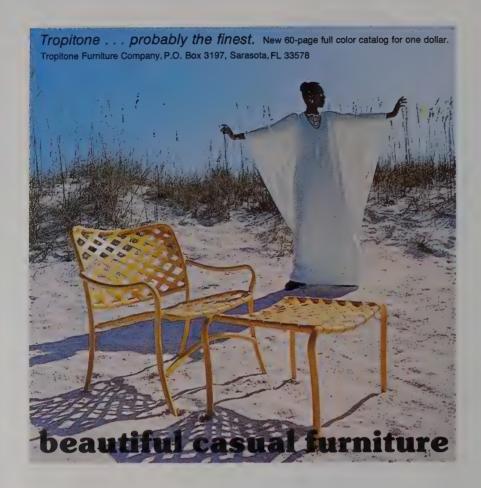




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ous, directed by Alfred Hitchcock. Dec. 2 at 7:30 p.m. Palm Beach County Public Library, 3650 Summit Blvd., West Palm Beach. 686-0895.

Greenacres Tuesday Films. A variety of informational films are presented. Dec. 6 — Eli Wiesel's Jerusalem; Dec. 13 — Israel — Search for Faith; Dec. 20 — The Secret of Michelangelo — Every Man's Dream; Dec. 27 — Mr. Dickens of London; A Christmas Carol. All films at 2 p:m. Greenacres Public Library, 6135 Lake Worth Road, Greenacres City. 965-2525.

International Film Series. The Norton Gallery's 1983 film series presents: Yashagaike (translated as Demon Pond,), is a Japanese film directed by Masahiro Shinoda about three people whose lives revolve around an ancient legend. Dec. 2 at 8:15 p.m. Norton Gallery of Art Auditorium, 1451 S. Olive Ave., West Palm Beach. 832-5194.

Saturday Films for Kids Dec. 2 — Snowbound, an adventure film; Dec. 9 — Mole and the Christmas Tree;



Emerson String Quartet, Music "At Eight" Series

Twelve Days of Christmas; A Very Merry Cricket; Dec. 16 — The Little Drummer Boy; A Christmas Carol. All films at 2 p.m. Greenacres Public Library, 6135 Lake Worth Road, Greenacres City. 964-2525.

Tales of Hoffman. An opera film will be presented by Palm Beach Atlantic College. Dec. 18 at 3 p.m. at the Norton Gallery of Art Theater, 1451 S. Olive Ave., West Palm Beach. 832-5194, 833-8592.

SPORTS

Cadillac Gold Coast Championship Polo. A high-goal polo tournament. Dec. 31 through Jan. 29 (with times to be announced). Palm Beach Polo and Country Club at Wellington, 13198 Forest Hill Blvd., West Palm Beach. 793-1113.

Dania Jai-Alai. Jai-Alai nightly except Tuesday and Sunday at 7:15 p.m. Dec. 1 through April 16. 301 E. Dania Blvd., Dania. 945-4345, 426-4330, 844-1633.

Evian Water Run. A 10-kilometer run sponsored by the Miami Road Runners. Dec. 11 at 8 a.m. Coconut Grove. 666-5950, 845-0202.

Expos Baseball Camp. An intensive baseball school open to amateur players. Men's Baseball Camp, ages 12-23, Dec. 17-20 and Dec. 27-30, all day. Municipal Stadium, Hank Aaron Drive, West Palm Beach; Girls' Baseball Camp, ages 12-18, Dec. 17-19, all day. Palm Beach Gardens High School, Holly Drive, Palm Beach Gardens. 684-6801.

Father/Son and Father/Son/Daughter Polo Tournaments. Medium and low-goal polo for this special Christmas tournament. Dec. 17 through Jan. 1 at 3 p.m. Palm Beach Polo and Country Club at Wellington, 13198 Forest Hill Blvd., West Palm Beach. 793-1113.

Gold Coast Quarterhorse Circuit. Registered quarterhorses are featured in all classes. Dec. 30 through Jan. 8, all day. South Florida Fairgrounds Horse Complex, 9067 Southern Blvd., West Palm Beach. 793-0333, 793-0338.

Hollywood Dog Track. Greyhound racing nightly except Sunday. Post time 7:45 p.m. Matinees Monday, Wednesday and Saturday at 12:45 p.m. Dec. 26 through April 25. 831 N. Federal Hwy., Hallandale. 454-9400.

Miami Dolphins Pro-Football. Dolphins vs. Atlanta, Dec. 10 at 4 p.m.; Dolphins vs. New York Jets, Dec. 16 at 9 p.m. Orange Bowl, 1400 N.W. 4th St., Miami. 643-4700, 522-4271, 576-1000.

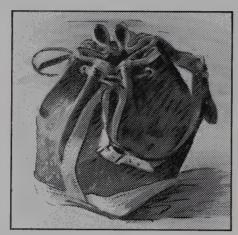
Miami Jai-Alai. Post time 7:30 p.m. nightly except Sunday. Matiness Monday, Wednesday and Saturday at noon. Dec. 21 through April 27. 37th Avenue and 36th Street, Miami. 633-6400, 633-9661.

Palm Beach Jai-Alai Fronton. Post time 7:30 p.m., Monday through Saturday. Matinees Monday, Wednesday and Saturday at noon. Now through March 12. 1415 W. 45th St., West Palm Beach. 844-2444.

Palm Beach Kennel Club. Greyhouse racing nightly except Sunday. Post time 8 p.m. Matinees Monday, Wednesday and Saturday at 1 p.m. Congress Avenue at Belvedere Road, West Palm Beach. 683-2222.



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Tropical Appaloosa Horse Show. Appaloosas will be shown in English and Western classes. Dec. 12-18, all day. South Florida Fairgrounds Horse Complex, 9067 Southern Blvd., West Palm Beach. 793-0333.

ATTRACTIONS

Elliott Museum. The museum houses a collection of antique automobiles and cycles and features contemporary art exhibitions. One wing holds replicas of 14 Early American shops, including a general store. Hours are 1 to 5 p.m. daily. Located on Ocean Boulevard (A1A), five miles east of Stuart on Hutchinson Island. 225-1961.

Henry Morrison Flagler Museum. This historical mansion was built in 1901 by Henry Morrison Flagler, founding partner of Standard Oil and pioneer developer of Florida's entire east coast. The museum is restored to its original appearance as a residence. Open Tuesday through Saturday, 10 a.m. to 5 p.m.; Sunday, noon to 5 p.m. One Whitehall Way, Palm Beach. 655-2833.

House of Refuge. Commissioned in 1875 by the U.S. Life-Saving Service to aid shipwrecked sailors, the Gilbert's Bar House of Refuge is completely restored. The boat



Jocelyn Wilkes "The Gondoliers," Poinciana Playhouse

house contains nautical memorabilia and the main house is decorated in the late Victorian style. Open daily except Mondays and holidays, 1 to 5 p.m. Hutchinson Island, Stuart. 225-1961.

Jonathan Dickinson State Park. Guided nature cruises leave from the park marina daily except Monday, at 1 p.m. Off U.S. Highway 1, Hobe Sound. 547-2771.

Morikami Park. Japanese museum and gardens. Open Tuesday through Sunday, 10 a.m. to 5 p.m. 4000 Morkiami Park Road, Delray Beach. 499-0631.

Norton Gallery of Art. One of the outstanding small art museums in the country, the Norton has a distinguished permanent collection. Major areas include: Impressionist and post-impressionist masterpieces, American art from 1900 to the present, a fine Chinese collection and important pieces of sculpture. Tuesdays through Saturdays, 10 a.m. to 5 p.m.; Sundays, 1 p.m. to 5 p.m. 1451 S. Olive Ave., West Palm Beach. 832-5194.

Lannan Foundation. A private collection of contemporary art featuring painting, sculpture, glass and ceramic works reflecting developments in art over the last 35 years. Major international artists as well as emerging artists are represented. Tuesday, Thursday and Saturday from 2 p.m. to 4:30 p.m.; guided tours at 2 p.m. 601 Lake Ave., Lake Worth. 582-0006.

Science Museum and Planetarium. Sciences from astronomy to oceanography are explored through a variety of exhibits, classes and planetarium presentations. Open Tuesdays through Saturdays, 10 a.m. to 5 p.m. and Fridays, 6:30 to 10 p.m. 4801 Dreher Trail N., Dreher Park, West Palm Beach. 832-1988.

Singing Pines Museum. The oldest, surviving unaltered wooden structure in the Boca Raton area, Singing Pines serves as a constant reminder to the community of its beginnings. Built in 1911 by William Myrick. Tuesdays through Fridays, 10 a.m. to 4 p.m.; Saturdays, 10 a.m. to 1 p.m. On the Northwest 4th Diagonal, Boca Raton. 368-6875.

Society of the Four Arts. Beautiful gardens and exotic plants as well as several small demonstration gardens maintained by the Garden Club of Palm Beach are found at the Society of the Four Arts. The library is open 10 a.m. to 5 p.m., Monday through Friday. The Gallery is now open for special exhibits. Four Arts Plaza, Palm Beach. 655-2766, 655-7226.

The Discovery Center. A science and history museum that invites you to participate in hands-on exhibits, workshops, special events. Tuesday through Friday, 2 p.m. to 5 p.m.; Saturdays, 10 a.m. to 5 p.m.; Sunday, 1 p.m. to 5 p.m. 231 S.W. 2nd Ave., Fort Lauderdale. 462-4114.



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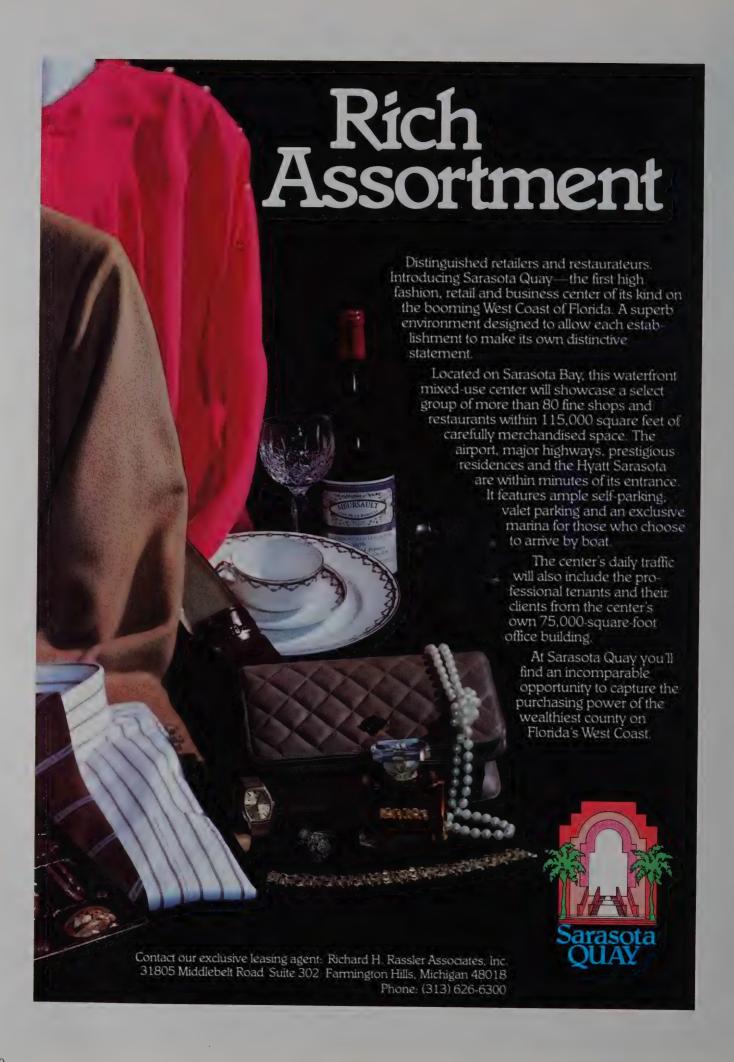
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For more information on how we may be of service to you, contact James Barr, Vice President, Northern Trust Bank/Palm Beach, 300 Royal Poinciana Plaza, Palm Beach, Florida 33480. Telephone 655-9770.

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BOB ROBSON

GROWING MY WAY

GARDENING GIFTS

his Christmas there is a cornucopia of gifts and gift ideas available to make a gardener happy — even without a green thumb. Williams-Sonoma and The Clapper Company offer some unusual and exotic variations on the gardener's accoutrements — from furniture to pruning shears — and all are available by mail.

Last year Williams-Sonoma pub-



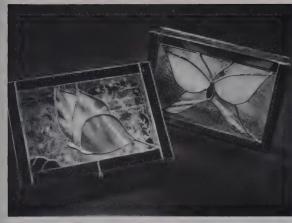
lished its first catalogue on rare gardenware for the elite gardener. The business, appropriately named the Gardener's Eden, features items such as rosewood-handled weeding forks and goatskin gloves.

The Clapper Company is a 65-yearold firm which features a fine line of high-quality garden tools, equipment, ornaments, and horticultural books. The merchandise described on the shiny pages of the company's catalogue is not the kind found in discount outlets.

As I thumbed through the catalogue, I discovered many items which would make excellent and unusual gifts for gardeners, and some just might be the perfect gift for someone who has everything.

The Clapper Company's classic English garden furniture, for example, would make a useful and durable gift for the outdoors, regardless of the weather. It is constructed of solid teakwood accepted around the world by boat builders because of its apparent immunity to decay and deterioration. Depending on individual preference, teak can be treated or left untreated. If left untreated, in time it will weather and turn a pleasant, natural silver-gray col-

(Continued on page 70)









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OF THE
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TO BE FOUND
AT

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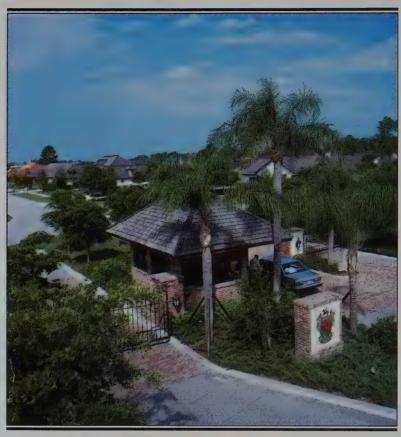
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PALM BEACH LIFE - DECEMBER 1983

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Creatures of the Boundary.

BY HELEN SHEA JOHNSON

The boundary of the sea is never still. Here in the narrow littoral that divides land and water, things are constantly changing — changing from hour to hour with the tide, changing from year to year under wind and storm, changing from eon to eon with geological upthrust and fall.

The present boundary of land and sea in south Florida is very young with respect to geological time. However, even this boundary changed from ice age to ice age as the glaciers grew, absorbing global water and exposing silted deposits of shells and sand. As the glaciers melted, the sea again reclaimed the land. Those sunlit shallows of changing shoreline were the nursery of life for 500 million years.

Even now, the water shapes the land in transient textures and forms; but no less does the land shape the water, as waves are created and destroyed in an endless succession of advances and retreats.

Florida has over 1,100 miles of coastline and in early spring, strong winds push the receding water swiftly out to sea. After the retreat of each wave, the wet sand bubbles from the air released by shallow crab burrows. A heavy-shelled whelk forages for oysters in a tidal pool. High up the beach, a marooned moon snail, Mollusca, within his half-circle of highly polished shell, rests quietly until the tide returns. When it does, his bubble-like shell will keep him afloat. Under a small mound closer to the retreating tide, a more ambitious moon snail travels beneath the damp sand with his enormous, slimy, membranous foot, searching for a clam. Mollusca earned his name because he is "softbodied," and inside his hard shell is a tender. tasty animal whose ancestors have been around for 500 million years.

Another wave advances boldly, falls short under the pressure of wind and tide. and slides back to sea leaving behind a clump of wet seaweed. As yet another strong wave rolls in, the seaweed is engulfed, and dozens of tiny creatures spring forth. The beach hopper, Amphipoda, is a tiny cousin of the lobster family. Although no bigger than a grain of rice, he is an important scavenger who keeps the beach clean. However, if a hungry shorebird or the sound of a heavy human foot approaches, he sinks into the sand, digging in with three pairs of strong, burrowing legs located just under his humped tail. Unlike other members of the family, who may be bright green or glowing scarlet, the beach hopper is almost colorless — the better to protect himself from the hungry moon snail.

Well above the beach's high-tide line, a large, almost invisible **ghost crab**, Ocypode, peers from his burrow. His shining, black eyes on their long, movable stalks survey the widening expanse of beach. Still another wave of water comes crashing in only to lose its hold and fall back — this time leaving behind a dead mackerel.

The ghost crab darts from his burrow (always running sideways) and blending with

the sand, moves lightly on his tiptoes. Suddenly he stops and seemingly disappears, only to become visible again as he continues his swift, sideways advance to the waterline. Holding the dead mackerel in his large claws, he tears





at the soft flesh and hungrily gobbles it down.

And hungry he must be, for the shy ghost crab knows man is not his friend and rarely makes a daytime appearance. When night falls and his light-sensitive eyes adapt to darkness, Ocypode begins his scavenging. The light of a flashlight will hold him transfixed, but if he were distracted for one moment from the hypnotic glare of the flashlight, the spell would be broken and he would dive into the water until the intruder was gone. Then he would cautiously emerge, dash across the beach and vanish into his burrow.

The ghost crab is quite unlike other members of the crab family. He seems far removed, for instance, from the common blue crab. The blue crab is a swimming crab, having adapted his last pair of legs into paddle-shaped fins to transport him effectively through the water. He is not shy in the least. Of all the crabs in the sea, he is probably the most aggressive and vicious; and for his pains, he is the crab most eagerly sought to provide humankind with an elegant dinner. The speckled crab, on the other hand (who is very similar to the blue crab), is not nearly so popular on the dinner table due to his small size.

The large, swift, land-loving ghost crab also seems far removed from his cousin, the tiny **mole crab**. One sweep of the surf throws up thousands of their small bodies and shoots them down again into the sand so quickly that you wonder if you ever saw them.

Even further removed from the ghost crab is another cousin, the hermit crab — a rosy-tinged fellow who has developed a unique method of insuring his survival. Since

he has no bony structure for armor, he inserts his soft, coiled abdomen into an empty mollusk shell which he carries on his back for shelter. As he grows, he has to find larger and larger shells to contain him. It's more than likely that many an empty shell along the beach once housed a succession of hermit crabs.

The ghost crab, however, is undoubtedly most distantly removed from the horseshoe crab, Limulus. Limulus, stirring about in his mud bottom or creeping along the beach under his brown, horseshoe-shaped leathery shell, is a speaking cousin to the arachnid family, (the spiders). His inner anatomical structure is that of a spider and has not changed in 200 million years.

The retreating waves break further and further out along the tidal flats, exposing a barnacle-covered piling. **Barnacles** are freeswimming, shrimp-like animals when young. Only as adults do they attach themselves to foreign objects like whales, wharfs and seagoing ships where they hang upside down within their limestone houses, kicking food into their mouths with six pairs of feathery feet. Underwater, they leave the doors to their shells open, but as the tide ebbs, leaving them exposed to the air, they snap their shells shut.

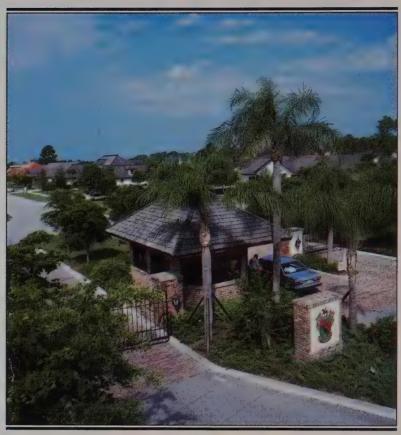
The receding water leaves a sand dollar stranded at the foot of the piling. The carefully etched, star-shaped figure on the shell announces that the sand dollar is related to the common starfish who keeps himself just below the low-water mark. If wind and tide should push the sea below its normal mark, the starfish may be caught long enough to leave his distinctive impression in the wet sand: a blunt-ended, five-pointed star.

For over 400 million years, the predatory starfish, Asterias, has crept through the sunlit shallows of the underwater community, with suction-cup feet so powerful they will break from his body before he will relax his grip. Foraging for food, he grips the shell of a clam with relentless pressure. As soon as the shell relaxes the least bit, the starfish pushes his own stomach into the crack and begins digesting his victim before he has even finished the job of prying open the shell.

While scallops, quahogs and oysters are easy prey for the starfish, one creature of the shallows has developed an impregnable fortress. The red-spined sea urchin, one among the large tribe of sea urchins, is actually a relative of the starfish, and is rightly called the "underwater porcupine."

A most efficiently organized creature, his soft parts are safely tucked inside immovable plates covered with movable, murderous spines. Opposite the spines is his iron mouth, with rasps so hard that he can bite off bits of rock as he munches on the algae off which it grows. The sea urchin has evolved a safe, practical and probably comfortable way to live, submerged at the edge of land in an exotic sea garden as strange as that of another planet.

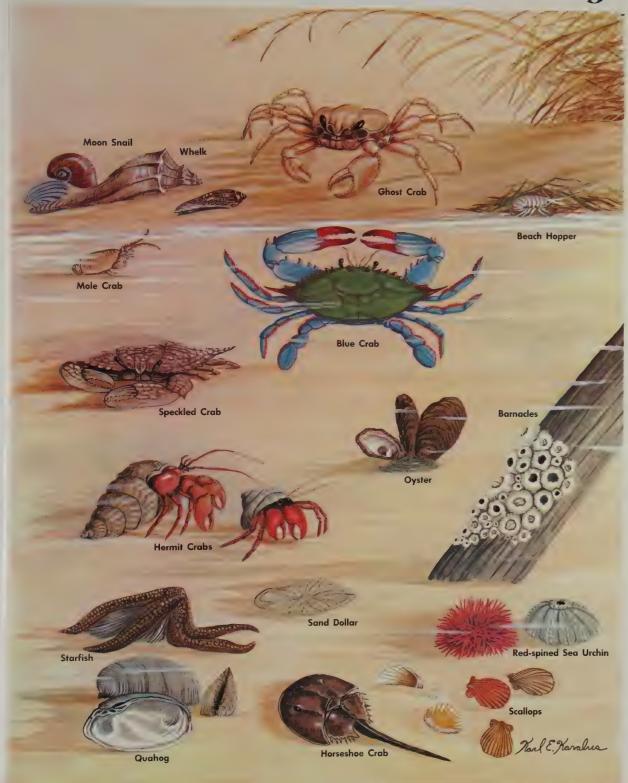
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-Creatures of the Boundary-





Beating against its boundary, the sea exhausted itself . . . It has flung surge ar surge of water at the retreating shore, now lies at low ebb.

The table is now set for the wading ds. Twice a day, the table is spread for the ent and busy shorebirds, bending and bobag on their stilted legs.

There is a good living to be made where ed and water meet — where wind and after leave deposits of delectable bits and ecces of tasty morsels.

The task of the wading birds, like that of beach hoppers, is to keep the boundary an. The beach hoppers perform their task at the high-water boundary of land and sea, while the wading birds patrol the tidal flats and the low-water boundary.

An oyster catcher strides the beach, his

An **oyster catcher** strides the beach, his thick, red bill protruding from his masked face and his dark brown overcoat flung back from his white underparts by the wind. Although he is a large bird (nearly two feet long), the oyster catcher is a shy and wary creature who frequents the outer bars and distance beaches — making his lonely way to the shallows.

His long, stout bill, higher than it is wide, makes a most useful "oyster-knife" for prying open any unfortunate clam or scallop washed up to shore. His red eye having sighted a water-tossed clam, he inserts his bill like a chisel into the partly opened shell and paralyzes the occupant before it is able to snap the shell shut. With a flick of his red bill, he pulls out the tender animal and enjoys his meal in leisurely fashion.

Beyond the oyster catcher, the sea laps quietly around the long red legs of a **black-necked stilt** as the elegant bird picks his way daintily among the clumps of floating seaweed and kelp. Suddenly, he flings his black, pointed wings high above his body and settles them slowly and deliberately down again. Twice more he performs this graceful movement and then turns his alert eyes to the water. Spying a passing eel, he skewers it with his needle-sharp bill. One gulp and the eel is no more.

A flock of saucy **sandpipers** alights on shore just out of reach of the resurging water. The flock will soon return home to Alaska, after a winter's respite in Florida, going far north to breed. Their petulant, peeping calls, which have earned them the familiar name of "peep," rise above the hiss of the foaming waves as they peck industriously with their short, pointed bills.

A small, brown-coated bird wearing a black bib over his white underparts, alights some distance up the beach from the sandpipers. Although the **Wilson's plover** is a cousin of the sandpiper, he is a quiet, retiring bird who is not given to gathering in large flocks.

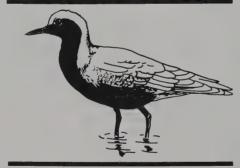
After a short, rapid run along the flats, a female plover suddenly tilts forward on her head — her stubby, black bill probing the sand. Probably just back from wintering in Brazil, she will spend the summer in Florida

where she will be joined by a few of her fellows at breeding time to deposit oddly shaped eggs among the seaweed above the high-water mark. The plover's eggs are much larger at one end than at the other — a clever device which causes them to roll around in a circle rather than blow away in a strong wind.

Another member of the family, the black-bellied plover, alights among the peeping sandpipers on long, black legs. As his name implies, he is inky black from head to tail under a black and white speckled overcoat. Like sandpipers, he only winters in Florida and will soon be on his way to the Arctic regions.

The returning sea gathers strength as each incoming wave is pushed forward by a larger wave behind it, and the barnacle-covered piling sinks under the rising water. Safely under water once again, the shrimp-like barnacles inside their limestone houses





open their doors and thrust out their feathery feet for water-borne bits of food.

Once the water has gained the tidal flats, it rushes upon the land — sweeping up a heavy-shelled whelk who has been foraging in a tidal pool — and sucks in a moon snail only to drop him into the undertow with its canyon-like runnels. The moon snail's half-bubble shell pops him to the surface where he bobs quietly, waiting for the next wave which may set him down further up the beach.

On the higher reaches of the shore, a small, closely packed flock of **dowitchers** feeds like a flock of sewing machines, rapidly jabbing their long bills into the silted sand. A friendly and trusting bird, the dowitcher wears a soft brown coat over his creamy underparts and has a pure white rump, like a rabbit-tail.

He is not easily startled or frightened,

and may break off from his rapid feeding to utter a clear, musical call. Like the sandpiper, the dowitcher is only a winter resident of Florida and will take off with his closely packed flock to summer and to breed anywhere from Hudson Bay to Alaska.

The sea marches inland and streams back through the marsh grass. A large, greycoated, ivory willet, strides along an inlet where the marsh grass grows, repeating the sound pilly-willy-willet, pilly-willy-willet. It is easy to see how the willet earned his name. (To relieve the monotony, he sometimes calls out: Ka-tie.)

The returning tide now runs swiftly as it gains more and more of the land. It swells under a heap of seaweed to rouse the beach hoppers that have taken refuge there from the hungry shorebirds. As a cloud of tiny bodies, they spring from the seaweed and with gigantic leaps, reach the safety of dry land. Here, they burrow in, hoping for nightfall when they will float out on the backwash of each wave, comparatively safe from the ghost crabs who roam the dark beach on swift and silent feet.

The sea has now retaken the land and surges at the base of an outpost — a sand dune. Atop the dune, a three-inch creature with a two-inch tail has established his fortification.

The **Florida beach mouse** is the smallest of the white-footed clan who have insured their survival through their adaptability. He is not a water creature yet he is an excellent swimmer if the need arises. Oats and similar grains are his pleasure, but he can subsist on almost anything edible. While some members of his family wear dark coats where the surroundings are dark, his velvety coat is bleached to the color of the sand dunes he occupies.

And here, amid a forest of sea oats, he has built a mound entrance to his house. Beneath the mound, a foot-long corridor slopes downward to a round nest chamber. At the far end of the chamber, another corridor leads abruptly upward to the surface. This is his escape route and has no mound above, just a carefully fashioned earthen lid which he can push up quickly if danger threatens. His lid also seals the opening and keeps the rain from flooding his basement apartment and disturbing his daytime sleep. At night, he harvests his crop of sea oats and cleans his burrow.

Far below his fortress, the ocean has now reached its limits. Once more, the water has left its imprint on the land and once more, the land has shaped the boundary of the sea.

When she is not exploring the lands of Florida with their varieties of butterflies, birds, and endangered beasts or probing its waters with their assortment of fishes, manatees, and human treasure hunters, Helen Shea Johnson lives quietly in West Palm Beach.





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PGA Boulevard at Military Trail just West of I-95 in Palm Beach Gardens

GROWING MY WAY

(Continued from page 62)
or. If treated, it will retain the original color with regular, light applications of teak oil. The furniture can be bought as a group or separately. (The set is about \$1,100.)

Two other items this company features are either for outdoor or indoor use. Constructed of solid mahogany, the "Classic American Garden Bench and Planter" were designed to resemble the outdoor furniture used during the antebellum days of the South. The inside of the planter is asphalt coated, with outlets for proper drainage. (The 48-inchlong bench is about \$900 and the planter is about \$200.)

If I can round up \$40, I just might buy the gardener's boot brush, available through The Clapper Company. The brush holder is made of rustproof, anodized, cast aluminum and the brushes, fitted into both bottom and sides, consist of durable nylon bristles. (The bristles are removable and replaceable.) This is a useful gift for the gardener who would rather leave dirt, mud and grass clippings in their proper place.

Anyone who works in the yard or garden would undoubtedly appreciate a fine pair of gloves. Williams-Sonoma's catalogue offers luxurious, goatskin garden gloves whereas The Clapper Company boasts honest-to-goodness leather gloves. Whichever you prefer, each offers fine workmanship and cut for flexible movement and, above all, maximum protection.

And where would a gardener be without his tools? Among many well-designed and well-balanced pruning tools available by mail-order are pruners for every purpose, be it for flowers and large shrubs or for large trees and growing vines.

Many of The Clapper Company's tools are imported from England and Germany — countries long recognized for excellence in gardening tools and equipment.

The company's "Flower Gatherer" for example, is designed to eliminate the bothersome problem the gardener faces when cutting flowers from his garden—the falling of the bloom when cut from the plant. This particular tool is equipped with a gadget that holds the bloom after it is cut—a tool especially useful when cutting long-stem flowers such as roses and mums.

The Clapper Company also offers a variety of horticultural books for the gardener who is also an avid reader. Titles include *The Scented Garden*, *The*

(Continued on page 108)

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SPEAKING OUT

MARYLAND McCORMICK REMEMBERS THE CHICAGO TRIBUNE



As well-traveled as she is well-informed, dynamic Maryland McCormick, widow of Robert McCormick (who ran the *Chicago Tribune* for more than four decades), resides in Chicago.

"The Tribune is a lousy paper now."

The voice is firm, with strong emphasis on the word "lousy."

The speaker, a beautiful, petite, still-young-looking woman with youthfully styled white hair surrounding the smooth pale skin of her face, is Maryland McCormick, widow of Col. Robert R. McCormick. Col. McCormick ran and shaped the *Chicago Tribune* from 1911 to 1955.

When McCormick, an army colonel in World War I, was publisher of the newspaper and president of the Tribune Company, the *Tribune* was strongly Republican — and politically conservative.

But in many ways, the *Tribune* was anything but conservative.

The newspaper had its own spellings for words the colonel thought should be simplified and phoneticized, such as "foto" for "photo." The *Tribune*

also ran very biting and memorable editorials — and editorial cartoons.

But most of all, the *Tribune* had character under Col. McCormick.

"The *Tribune* used to be conservative. Nowadays, the *Tribune* isn't anything," Mrs. McCormick said. And the personalities there today "don't compare" with Col. McCormick.

"Squires (Tribune editor James D. Squires, former editor of the Orlando Sentinel, a Tribune-owned newspaper) is from Florida and I'm sure, a Democrat at heart. Did you ever see a Southerner who wasn't a Democrat, or many of them?"

And "Cook (*Tribune* publisher Stanton R. Cook) is not a newspaperman... he's an engineer."

As for the cartoons today, "They're so badly drawn, you can't understand them ...

"I wrote Marshall (Marshall Field



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the front seats. Custom throw rugs have been installed in all passenger footwells. On

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JAGUAR





V, owner of the *Tribune's* rival, the *Chicago Sun-Times*) a year ago Christmas. I said, 'I hate to concede it, but the *Sun-Times* is a better paper than the *Tribune*.'" The television guide by Mrs. McCormick's set is from the *Sun-Times*. "Marshall says I'm the only one who has a free subscription to the *Sun-Times*."

However, Mrs. McCormick also says, "I still think we (the *Tribune*) have the best financial sheet."

Today, the Tribune Company is an

"I've met all the big politicians . . ."

empire, with revenue well over \$1 billion. Last year, amid much local controversy, the Tribune Company acquired the Chicago Cubs baseball team, a "big, big mistake" in Mrs. McCormick's view: "If you're going to buy a baseball team, why buy a defunct one?" she wonders. "I never read sports. I don't want to know about sports ... you have to scramble through sports to get to the financial pages."

Besides the Chicago Tribune, New York Daily News and Chicago radio and television stations WGN and WGN-TV (for World's Greatest Newspaper), the Tribune empire includes newspapers and broadcasting operations in Florida, California, Colorado and Connecticut, among other businesses.

In Florida, The Tribune Company has the News and Sun-Sentinel Company in Fort Lauderdale, Sentinel Star Company in Orlando and Suncoast Publications, a group of smaller papers in cities along Florida's west coast and in central Florida.

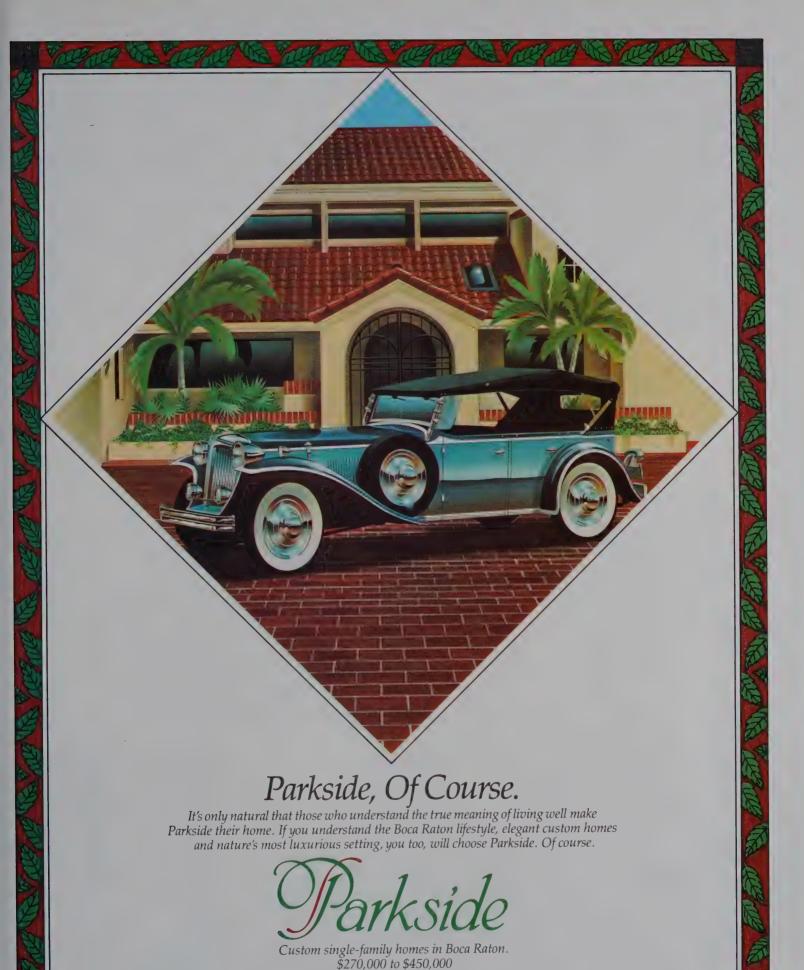
In fact, the McCormicks once had a home in Manalapan. "We used to call Miami 'The Banana Belt' because it was warmer there," Mrs. McCormick recalls. "Bertie (a nickname for Robert; the colonel's mother called him "Bertie," as did his Yale classmates) bought it for an investment," and later sold it.

Mrs. McCormick still travels to Florida, most recently to Miami, where she visited friends before going on a cruise to the West Indies.

"I used to travel all the time. Belgian Air Lines gave me a gold medal for going a million miles in the air. I don't know how many trips I've had around the world.

"I'm particularly fond of the Far East ... not this regime. I used to go to Hong Kong, Thailand, India. I loved

(Continued on page 104)



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Left: "If I had moved to Palm Springs like I planned, I would play golf, drink four martinis and retire at 6 p.m.," notes George Murphy, who, with his wife Betty, lives a very active life in Palm Beach.

HIS IRISH CHARM WORKS— ON AND OFF STAGE

TRACING

11:13

MIRPHY MAGIC

BY LINDA MARX PHOTO BY STEPHEN LEEK

It seems none of the old gang has forgotten George Murphy. When he frequents the bar at Ta-boo, the boys swarm around him like paparazzi. In California, Bob Hope can't quit quipping that it was good old George who introduced him to his wife Delores ("and I voted for him anyway," laughs Hope), and senators of all sizes still throw birthday bashes for him in Washington.

Just what is the Murphy magic? This man fills some scene in the American dream. He showed us a guy can sing and dance and giggle and still be a man, a husband and a father. He proved a college dropout (he left Yale his junior year) could become a U.S. Senator. Most importantly, he has survived.

At 81, George Murphy is no longer in the limelight, but he is happy and busy and living in Palm Beach. Twice a month he flies to Washington, D.C., acting as a consultant to engineers and businesses, forever proving "Murph" is still there. "People who have led active lives should never retire," says the former leading man.

Even time in Palm Beach is spent productively reading newspapers and books, and writing letters from his sunny office on Worth Avenue. He plays some golf and swims, collects stamps, maps and hats, and usually lunches at The Colony. Nights are enjoyed with second wife Betty (50ish) Blandi in their Winthrop House apartment or at candlelight dinners with important friends like Earl Smith and Morton Downey.

To the young, however, the name George Murphy means less than that of George Raft. To the liberal, Murphy was swept into the 1964 California senatorial seat on the tide of Shirley Temple films. Furthermore, some feel he was naive about government, making promises impossible to keep. Others complain his die-hard conservatism has bordered on

(Continued on page 156)





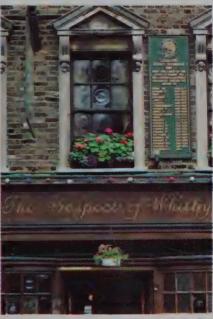
PUB CRAWLING

A toast to British tradition

BY EVAN MORGANS/PHOTOS BY RICHARD SMILES







History plays a big role in furnishings and decor of pubs. From left to right, above: Drawings by Stanley Upham, the designer of the Mayflower, still hang on the pub's walls; colorful inn signs originated in Roman times; The Prospect of Whitby, built in 1520.

This is a travel article with a difference. It's all about drinking — the sort of drinking that can be enjoyed nowhere in the world but in a London pub. It concerns that special kind of travel closely associated with pubs, known as "pub crawling."

The expression has nothing to do with the pose you might adopt leaving a pub after having one too many. Pub crawling has been part of the English way of life for hundreds of years; you could say it's traditional.

The idea is to visit as many pubs as possible in one "crawl" and enjoy a drink or two at each one. It's not a race or contest, although many crawlers can be found trying to prove



otherwise. While a successful crawl can mean visiting anywhere between two and 20 pubs, the usual is four or five.

To derive the most benefit from an article like this, you must first get in the mood. So pour yourself a beer, turn down the lights and imagine

you're in London, city of medieval churches, cathedral spires, castles, bridges and Harrods. Imagine the elegant Georgian Squares in Belgravia and Knightsbridge. Think of the River Thames as it winds its way through the heart of London's dockland, where Jack the Ripper once stalked the narrow, gaslit streets . . .

Our "crawl" will take us into each of these areas of the city. The pubs were chosen not

Opposite page top: Landlord Jim Nielson oversees operations at the Mayflower Inn. With its historic relics, it has an authentic pub atmosphere. Far left: Prospect of Whitby's landlord Brian Parkin is proud royalty has dined there. He points out the chair in which Princess Margaret sat. Left: Landlords Paul and Tina Davis run The George. They are standing in the dining room which was once the inn's sleeping quarters.



Pub Crawling Like a Londoner

A first pub crawl need not break any records but should be fun. Sensible crawlers will not take up the offer to drink a "yard of ale" — that is to drink from a trumpet-shaped vessel which has a bowl at the bottom. (They're usually found hanging in a lot of old pubs.) Some hold two pints, others more than four! The trick is to drink the beer all in one go without spilling a drop. The trouble is, when air gets to the bottom, the beer tends to surge forward and soak the drinker . . .

Ordering a drink in any bar involves a certain amount of decision-making and nowhere is it a more difficult task than in a London pub. Most pubs sell three types of beer: "real" beer from a barrel, lager and dark sweet beer (stout, porter, brown ale and Guiness).

Some prefer keg beer to real ale. It's brewed the traditional way but with a number of shortcuts, including the introduction of the fizz. These shortcuts allow breweries to produce more and keep the price at a sensible level. Keg beer also is available in mild or bitter flavors.

Lager, which is brewed like keg beer, has a very pale amber color and is very fizzy. It's a trendy drink at the moment because of its Continental image.

Stout (or porter), brown ale and Guiness all are dark brown beers which are thick and rich. They require experienced handling. Flirt but don't fall in love!

Once you decide which beer you want wait until the landlord asks you for your order. Never shout across even the most crowded bar. The landlord misses nothing. Give your order plainly and simply.

Tipping customs are different in England. Never tip a barman, but do offer him a drink if you like. Simply ask, "Will you have one with me?" Or, "One for yourself?" Chances are you'll become



Left: A customer enjoys a beer and sandwich in the soldier's sentry box outside The Grenadier.

Opposite page:
If you tire of drinking beer, ask The Grenadier's Tom Westwood to make you a Bloody Mary, the house specialty.

fast friends. But don't be surprised if he doesn't pour himself a drink just then. (Most barmen would be continuously drunk if they shared a drink every time they were offered.) Most take money for the drink from your change.

"Cheers" or "Bottoms up" is the usual toast before drinking. The origin of the expression "Bottoms up" is interesting. It concerns the pewter mugs you often see hanging behind the pub bars. Many mugs have a clear glass bottom. This was most useful in the 18th century when the act of joining the army was sealed by the volunteer taking the "King's Shilling" (a lot of money in those days). Since military service often meant a lifetime of hardship and almost

certain death, recruiting was difficult.

Unscrupulous recruiting sergeants, short of volunteers, often would frequent the taverns looking for likely young men whom they could ply with drink. When the man wasn't looking, they would drop the shilling into the jug. Once the coin slid down the upturned jug and touched the man's lips, he was deemed to have accepted the king's offer. Hence the popularity of the glassbottomed mugs in which the coin could be seen. They also were useful in keeping an eye open for rogues who were not adverse to mugging people while they were enjoying a drink in a shady corner. Don't worry — that doesn't happen today!

only because of their traditional architecture and atmosphere, but also because they are nice pubs with friendly landlords and above-average food and drink.

The word pub is short for public house, which is a comparatively modern expression. The proper and traditional name is tavern which means a drinking house or inn (the equivalent of our modern hotel). The history of inns or taverns began with the Romans, although undoubtedly there were drinking houses of some kind before they arrived. The Romans used to hang a garland of vine leaves — the symbol of Bacchus, the god of wine — outside the taverns which they built in every city. And it is to them we owe the origin of the colorful inn signs.

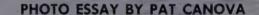
Conquerors came and went and as the centuries rolled by, the city taverns continued to flourish. In the country, however, it was a different story. The majority of the population had neither the inclination nor the need to travel.

For those who did travel, refreshment was provided by the world's first innkeepers — monks who brewed their

(Continued on page 149)



Prime Time in Canada

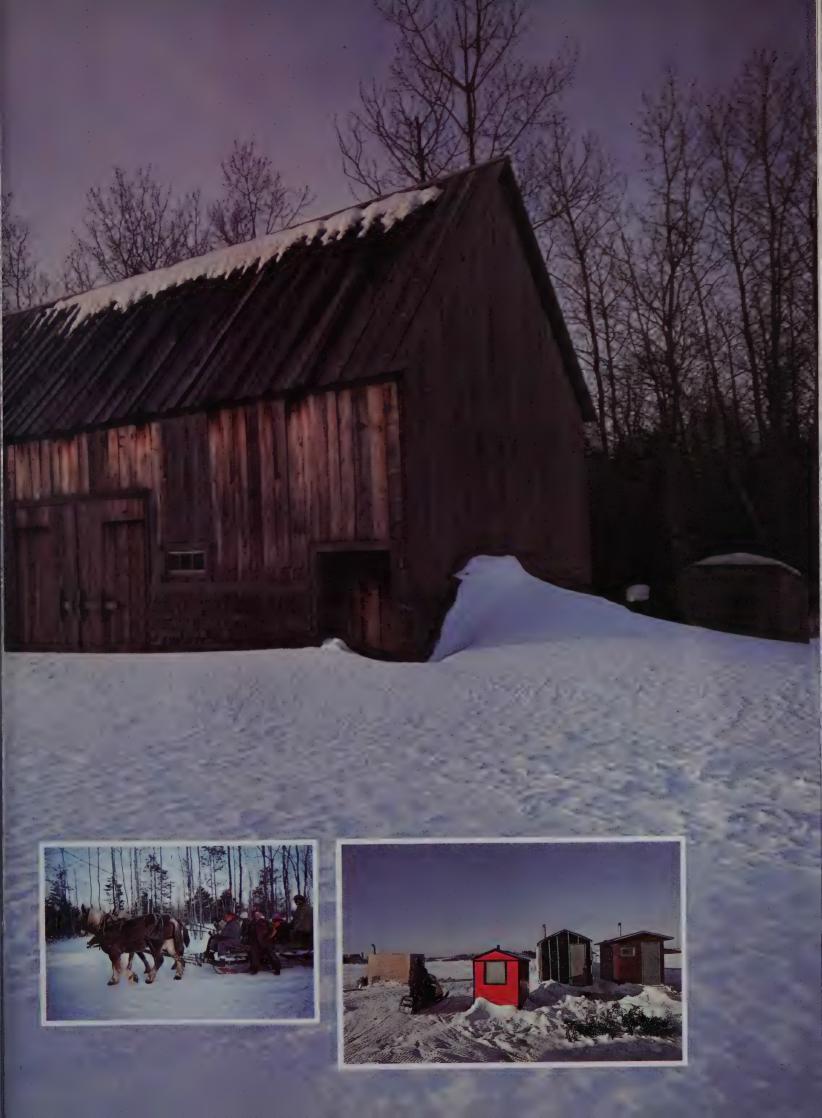


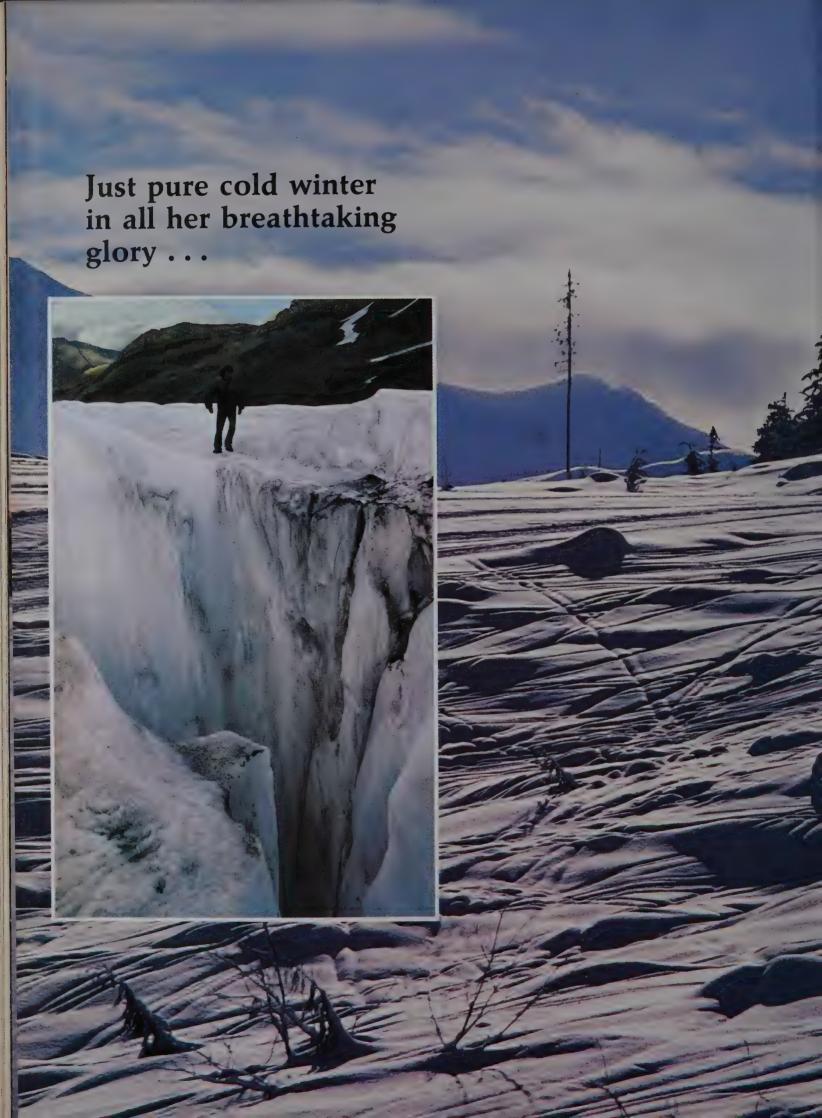
Ah, the cold crispness of a Canadian winter. It's a welcome change from the tropical south Florida climate, if only for a little while. Great soaring mountains are clothed in winter's finest—mounds of snow layered atop one another like cozy blankets on a rumpled bed. No slushy, ugly gray stuff here . . . just pure cold winter in all her glory.

Listen to the hush of the snow on a leisurely sleigh ride through New Brunswick ... Or grab your fishing pole and head for the ice fishing houses at Bathurst Harbor. If lucky, you'll bring home dinner to be roasted on an open fire ...

And if the brisk, crisp air inspires the athlete in you, try cross-country skiing or soft snowshoeing through a green forest of firs in the Laurentians. How about a breathtaking descent on downhill skiis in the sugary powder of the Canadian Rockies? Or a wild toboggan ride down an icy chute, screaming all the way? Full speed ahead on the throttle of your snowmobile! So what if you fall ... The snow is soft, forgiving. Get up, laughing, and brush yourself off. You're having fun.

Canadians come to Florida for the winter, but the real fun is up there. Floridians are you listening?







Traditional in the Tropics

BY DORIS KIDDER JOHNSON PHOTOS BY DAN FORER





Above: Interior designer Virginia Courtenay, A.S.I.D. of Delray Beach created a dining room for candlelight with mirrored ceilings and shimmering tea-chest paper wallcovering. A traditional custom carpet by V'Sosky complements the Chippendale chairs lacquered white. The owner's portrait was painted by William Draper who also did portraits of President Kennedy (in the rocking chair) and the Shah of Iran.

hristmas is as traditional as New England at this Piper's Landing residence in Stuart, Florida. "I was not sure we would like it," says the owner about the family's first Christmas in Florida. "Christmas in Boston is so wonderful with all of the old houses and lighted candles in the windows and carolers coming every evening. But the old houses are as cold and drafty as they are charming — and when we opened our presents here and then went swimming in our new pool, it was incredible."

This is the first "new" house for this family whose historic Boston residence and rambling Gatsby-on-the-ocean summer place have been published in *House and Garden*. "We wanted something different for Florida. We brought our good antiques



and the peach silk sofa; everything else was custom designed and we added a guest house and pool."

Interior designer Virginia Courtenay of Delray Beach was commissioned early in the building stage so her custom designs and lighting could be integrated by builder Ken Morrell. "We combined the very sophisticated look they had in Boston with a Florida setting," says Ms. Courtenay. "There is a drama and excitement here created by high ceilings, soft glowing color and dark accents."

With all its elegance, the home also functions for small children who love living in Florida — as long as Santa can find his way.

Above: Traditional holiday decorations become part of the warm glow of the living area where soft peaches mix with dark accents. The oversized tree-trunk chairs from Wicker Works are covered in Clarence House fabric. Karl Mann's "feather" print and striped chintz provide contrast. Walls are hand-glazed to provide a satiny background for draperies of Woodson linen.

91



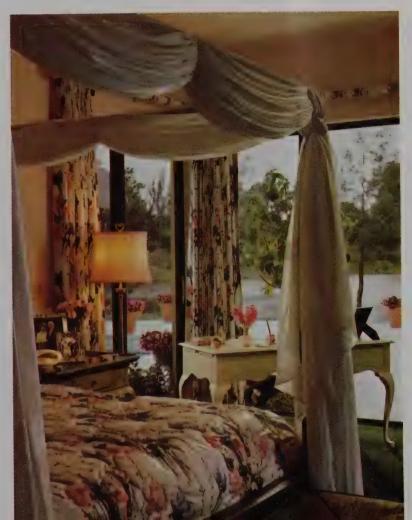
Soft glowing colors and lakeside views bring



the tropics indoors



Left: Polly can have a cracker in this Florida room made child-proof with vinylized chintz from Todd Wiggins. Ms. Courtenay designed the cocktail table with granite-glazed finish. Beach umbrellas are by artist Dan Poole. Above: Child's room has Victorian charm with floral chintz by Greef and airy wicker from Decorator's Walk. Below: Traditional master bedroom has romantic water views. Chintz is from Brunschwig & Fils.



Above: Adolfo brings a leopard's spots to life in this silk evening dress. Available at Saks Fifth Avenue.



Above: A striking geometric design enhances this red silk pajama outfit by Pauline Trigere.
Available at Martha. Right:
Galanos' vivid floral evening dress features a halter top and matching jacket. Available at Sara Fredericks.

Festive Focus:

Luxurious fabric designs highlight the evening fashions we chose to greet this gala holiday season.







Sunday brunch.

The two wings of the horseshoe table to the left and right of Charles and the little girl held pitchersful of orange juice, thick slices of pork, thin slices of salmon, seafood salads, a pineapple tree!, artichoke hearts, three-foot-high lovebirds carved out of ice (not for eating), bacon, sausage, eggs Benedict, croissants, skewers of filet mignon and shrimp, marinated mushrooms, eggrolls, ham and much more - all against a background of pastries, mousses, cakes and cookies.

But the little girl knew exactly what she wanted, and Charles (who could tell these things) knew it, too.

Suddenly there was a commotion some adults laughing. It was hard to hear what Becky said to Charles, but then Charles nodded, buttered his pan. picked up an egg and cracked it open.

Becky watched carefully as the egg sizzled and sputtered.

An adult whom Becky obviously knew was rounding the table, his plate more than half-full, with more than half a horseshoe still to go.

"What are you getting, Becky?" he asked kindly, if perhaps a bit patronizingly.

"Over easy," she answered, her eyes not moving up to meet his. And just as well, too, because at that moment Charles chose to flip the egg. Up it went, turned easily in the air, then landed perfectly flat.

A moment later Becky handed Charles her plate and Charles handed the plate back with one, round-as-youcan-get-it, please, still-sizzling, fried egg.

Five minutes later Becky was back.

this time with a friend who confessed to Charles, "We love eggs."

Charles prepared Becky another egg, then took a pink balloon out of his back pocket.

Back at her table Becky ate her second egg, then blew up the balloon while her adult friends finished their plates and poured themselves more champagne.

What constitutes a Sunday brunch? A little bit of breakfast and a little bit of lunch? An egg and a balloon? Can a late breakfast at The Colony be construed as

brunch? Can you have brunch at a nonbrunch-serving restaurant at 7 a.m. in the morning? Robert and Martha Gottfried say they have. Does brunch have to be stationary? Or can you serve it under sail? Terry and Linda Bosley do on their boat, Imagine, and John Lennon once ate it with them that way. Can all breakfast be brunch, or all lunch, brunch? And do you have to get up and get it?

Frederick Danielski, the Austrianborn vice president and general manager of The Colony, approves of the singlemindedness of Becky's request (the lone egg) and I doubt whether he would have objected to the accoutrement (the balloon) provided by Charles.

"In Europe they don't understand a brunch situation," said Danielski during lunch — definitely lunch. "And this is a European-run hotel."

What The Colony serves is "a nice breakfast," with all orders individually prepared. The "nice breakfast" ends at 11:30 a.m.

From noon until 3 p.m. The Colony serves lunch. Pretty clear cut. Breakfast first. Lunch second. People who go to church on a cup of tea and then show up at The Colony in the morning do so for a late breakfast, Danielski insists.

Late breakfast may include eggs Benedict or perhaps kippered herring, or one egg like Becky had, croissants, French toast - all breakfast foods and all prepared individually.

Still, we watched Danielski and a very pretty and proper woman, who insisted she ate brunch at The Colony, debate the breakfast-brunch issue with muted restraint.

To Danielski, brunch means "a long table with scrambled eggs." It means buffet, "generally with fish products." (Like kippered herring?)

Danielski said he knows where they do serve a Sunday brunch, speaking over the pretty woman who also claims she knows where they serve a Sunday brunch, and that's at The Breakers.

The Breakers (thank goodness) agrees.

The champagne brunch at The Breakers Beach Club features enough food to feed all the passengers on a luxury liner, which is how the dining room looks. There's a pool in the middle, a promenade deck just the other side of the glass front, and the ocean beyond.

At Doherty's, Sunday brunch means sports in season, newspapers and who's willing to give whom five points and take Michigan ...

"Who?" asks a passing waitress making an end run with a tray carrying chicken hash Doherty's (the recipe brought to Palm Beach by Peter Pulitzer), shad roe served with bacon, two eveopeners and hot coffee.

"Michigan," says a customer eating brunch at the bar. (Most people here sit at tables, however.)

"Brunch here, I'm afraid," says manager George Dempsey, "isn't exactly traditional."

Still, it's Sunday, the menu said "Sunday Brunch at Doherty's," and these people all look like they know that — hang tradition.

Former Sen. and Mrs. George Murphy come here for Sunday brunch.

And so do other locals, including Archie Peck, Bob Leidy and former Ambassador Ben Oehlert.

John Giragos, who owns John G's north of the Lake Worth Pier, was selected Restaurateur of the Year for 1981 by the Florida Restaurant Association. "We don't do brunch," says Giragos.

Try telling that to Bob and Martha Gottfried, who, in addition to knowing more than a little about real estate, travel the county on Sundays in search of brunch.

"Best potatoes I've ever had," says Gottfried, eating brunch in spite of Giragos' admonition.

"We first heard of this place by way of Brussels," says Mrs. Gottfried, who is

Gottfried. For ambience the Gottfrieds like to show off The Breakers and the Poinciana Club.

During the season they tend to dine in Palm Beach, sometimes stopping off at TooJays, but otherwise the Gottfrieds and their friends are off in search of new Sunday spots to brunch.

The Club opened for Sunday brunch recently in the Palm Beach Hotel.

"Somebody's holding up the line."

"Bloodwurst! I adore it!"

One little boy waited patiently, his plate, covered with eggs, at a dangerous angle. The line had bottlenecked in front of the whitefish.

"Could you take this?" the boy's mother said to her husband, while pointing at a cheese blintz. "He's had his finger in it."

This table included crab claws, shrimp salad, salad Russe, pickled beets, tuna Nicoise, chicken salad Veronique, smoked fish, beef Stroganoff, a pancake station, rice pilaf, eggs scrambled and Benedict, corned beef hash, seafood Newburg, hash brown potatoes, bacon, sausage and roast beef. The pastry table held at least a dozen selections.

"Just a little pancake, please. I'm watching calories." In the background: Telemann's Sonata in F Major. Telemann did not watch calories.



Opposite page: Aboard their 41-foot ketch Imagine, Terry and Linda Bosley serve lavish repasts to charter groups of six or more (which in the past have included John Lennon, his wife Yoko and son Julian). Left: Real estate duo Martha and Bob Gottfried - often found on Sundays sampling new spots to brunch - testify to John G's superb fare.

having the Italian omelet. The Italian omelet is filled with sausage, green peppers, cheese and mushrooms, and topped with "our own Italian sauce."

The decor here is usually a fastmoving line out front, and nautical supplies inside. The "ethnic omelets" are popular and include such countries as Italy, Poland, Germany and Spain.

The French toast looked particularly popular with one befreckled and towheaded boy.

"It's not the most elegant place in the world, but it's a lot of fun," says

Sunday brunch at the Brazilian Court Hotel is served to you at your table with (in our case) this opener: "Is this a champagne morning?"

"Two mimosas please."

Two waiters opened the French doors that run along the cloisters bordering the courtyard. The waiters left and we leaned in toward each other for a quiet Sunday moment together, alone.

At the Brazilian Court you choose from categories — from appetizers, soups, entrees and desserts. Entrees in-

(Continued on page 112)



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(Continued from page 24)

Besting The Blues

Recognize that the blues are as much a part of the holiday season as scarlet and green. We want the festivities to stay; we wish they were over. Mood swings are inevitable.

It might help to stabilze our equilib-

Don't skip meals, especially breakfast. It's the meal that energizes your entire day. When holiday chores make meals erratic, nibble fresh fruits and vegetables several times throughout the day to keep energy and blood-sugar levels stable.

Relax dieting standards a little — but not too much or too often. It's time

HEALTHLINE

To Get Pleasure, Give It Away ... Dr. Arthur Ulene didn't really have the holidays in mind when he authored Feeling Fine, but his message is especially appropriate at this time of year. "You don't have to be, or live like a millionaire," he insists, "to feel like a million dollars." For example, "try seeing how much pleasure you can squeeze out of a dollar," he urges. "Buy a flower and give it away," or "treat someone to a cup of coffee," or if you wish, simply "give the dollar away." Break a taboo, he suggests. Break away from the inhibiting habits that have controlled your life simply because people "don't do" that sort of thing. Make a list of the things you've never done, but would really like to do. Read a book in bed all night. Eat steak for breakfast. Talk to a stranger. Show appreciation. Praise your children for practicing their music — rather than asking why they didn't practice more. Thank co-workers for help - rather than taking them for granted. Instead of just increasing a tip for good restaurant service, "leave a few kind words, too." A funny thing happens when you give pleasure to others, Dr. Ulene learned. He personally noticed more nice things in his own life. He felt happier, appeared healthier and found people more fun to be around. "Or," he admits, "maybe I'm more fun to be around!"

Unhappiest of the Unhappy . . . French psychologist Theodule Ribot

recognized the phenomena in 1897 and coined the term that still describes it today: anhedonia. Anhedonics feel and exhibit no pleasure. They experience no exhilaration at personal triumphs and do not even enjoy common sensual pleasures. Theirs is an inability to be happy - no matter the season or surroundings. The inablity to experience pleasure has been attributed to such factors as genetic predisposition, drug usage and mindshattering experiences. Many anhedonics were Holocaust survivors. Total anhedonia accompanies severely depressed states that often run in families and have been linked to shortages of the neurotransmitters norepinephrine, dopamine and serotonin. The drugs heroin and methadone lower the body's internal supply of these important brain chemicals, perhaps explaining why addicts admit to feeling "emotionally flat" following withdrawal.

Chasing the Blues Away ... Dr. Robert Conroy, a psychiatrist at the Menninger Memorial Hospital in Topeka, chases away the strength-sapping aspects of depression with a rigorous fitness program. His patients undergo aerobic dance classes, jogging, swimming and tennis workouts. Their diets exclude junk foods and include whole-grain breads, fruits and fresh vegetables. "Exercise increases a patient's self-image, they leave here feeling better not only emotionally, but physically, too."

rium by remembering that the holidays are a time to B.K., B.A., B.J. — Be Kind. Be Active. Be Judicious.

Do something nice for someone. Call a faraway friend or relative; make treats for a shut-in; visit an ailing neighbor; gather friends to sing carols at a local nursing home.

Exercise daily. It changes your focus, oxygenates your lungs, relieves tiredness and depression. Don't look for time, make it. View it as a gift to you.

for some self-indulgence, which should be practiced without guilty overtones. But a month-long bacchanalia will get you in the end — and the hips, tummy and thighs, too.

And these are the type of holiday blues you'll have to fight the whole year through! \Box

Joy Tomlinson Phelan is a member of the American Medical Writers Association.



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THE WINE MYSTIQUE

(Continued from page 14)

hot country. In a well-made wine it is present in such minute quantity (perhaps 50 to 75 parts per million) as to be well below the threshold of smell, much less of taste.

There is no evidence, after centuries of use, that such tiny amounts are dangerous to normally healthy people. Nonetheless, some people do have an allergic reaction to it. I hope I am not being churlish in suggesting that perhaps they should avoid wine altogether — or at least go to the trouble of writing the winery to ask in which of its wines sulfur dioxide is being used. (Most U.S. wineries are quite willing to provide such data if requested.) And, obviously, anybody on medications or with special health problems such as diabetes or liver ailments ought to review every aspect of diet with a physician. (Wine's effect on health will be the subject of a future column.)

To return to Dr. Petersen's newsletter, he makes the very good point that wine, unlike catsup, breakfast cereal or other prepared foods, is not made by mixing a certain number of ingredients which then remain in the finished product. "Other than grapes," he writes, "practically all materials used in wine processing to improve the product do not remain in the wine."

Take yeasts, for example. They exist in nature, on the skins of the grapes, and you can make wine by simply pressing the grapes and letting the yeasts go to work. But in practice these "wild" yeasts are unpredictable — sometimes they give up before fermentation is complete — so most winemakers prefer to rely on special cultures. The grape juice won't turn into wine without the enzymes these yeasts produce, but once the wine has settled, it can be separated from its yeasty sediment by filtering or fining or simply by being poured or pumped off. No yeast to speak of remains in the clean, clear finished product. Does this make yeast an "ingredient" of wine or not?

The topic grows more and more complicated. What about sugar? Adding it to the unfermented juice is forbidden in California but a standard practice in New York and Northern Europe, where uncertain sunshine often means grapes are too low in natural sugar to make stable wine. If fermented all the way, the final product doesn't taste sweet — but something has been "added" to the wine. Will the customer assume the wine is sweet, however, if he sees "sugar" on the label?

The problem in California is often the opposite: The grapes lack enough natural acidity to balance their sugar. The wine produced will be flabby and dull if a certain amount of malic or tartaric acid isn't added by the winemaker. Is this really an "additive," however, since some amount of these acids already exists naturally in the juice? And what about aging in wood? The wine absorbs a certain flavor from the cask; does this make "oak" an additive?

You begin to see the potential of confusing the customer, all in the name of protecting him. If you are interested in more details than this brief sketch provides, write to Dr. Petersen at The Monterey Vineyard, Box 780, Gonzales, California, 93926.

The point I hope to have made is that consumer protection has its sensible limits. There was a time (thanks, ironically, in large part to the original prohibitionists) when odd things did find their way into the wine vats. But that day is over, at least in North America and Europe, as a result of a broad range of government and industry controls, technical advances and increased customer sophistication. Today, common sense and an educated palate, not officious rulemakers, are the wine drinker's best protection.

Charles Calhoun is a free-lance writer who divides his time between Palm Beach and a village on the coast of Maine.



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PALM BEACH LIFE — DECEMBER 1983

SPEAKING OUT

(Continued from page 78)
China in its day...I'm afraid that day is over.

"Bertie always used to write on all those trips we used to take. We had an editor called Don Maxwell. He said (to Mrs. McCormick) 'You can write the women's point of view.'

"It came easily. I wrote for 16 papers," including the *Miami Herald*. "Not society. I wrote about everything."

Philip Graham wanted her to write for the Washington Post, when he was alive, and as recently as two years ago,

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Kay Graham asked Mrs. McCormick to write for the *Post*; "She (Graham) thought I was coming back to Washington; she wanted Washington news."

Mrs. McCormick, who lived in Washington, D. C. for 15 years after her husband died, adds, "A lot of people don't like the *Washington Post*. It's a very liberal paper. I like it.

"I like *The New York Times*," another liberal paper.

But some of her views remain conservative: "We had 50-odd years of Democratic giveaways. Reagan had to put some kind of stop to it. I don't know

if he did it the right way." Mrs. McCormick has a silver-framed photo of the president and herself, as well as a silver-framed photo of the colonel and herself, in her library.

"Reagan has done a good job. They should give more to the poor, but give the poor what the government has in storage. They ought to open those storerooms up wide and stop subsidizing. Let prices go down and people pay less."

Comparing journalism today with journalism when she wrote, Mrs. McCormick observes, "There's so much slang today. I don't know what they're talking about. Language has changed.

"The only television I look at is the news and Channel 11 (public television in Chicago). I like Channel 2 (CBS in Chicago) the best for news. I like Washington Week in Review and Wall Street Week, and I'm crazy enough to look at Dallas, and that is all. Channel 11 has good movies once in awhile."

As for WGN-TV, which the Tribune Company owns, she says, "I don't slight WGN; I don't look at TV.

"I like to get up and read the paper. I come in the library and read the Tribune, the Sun-Times, and The New York Times. I don't read the stock market reports in the Wall Street Journal anymore, with my bad eyes. My broker phones at half past nine. The Wall Street Journal is a good paper."

A color portrait of Col. McCormick dominates the library of Mrs. McCormick's handsome apartment on Chicago's East Lake Shore Drive, affording the city's best view of Lake Michigan.

Her favorite memory of her husband is "our love for horses. We'd get up every morning and ride. We both hunted ... we had the mutual thing of horses and dogs.

"I don't come from a newspaper family, but I became very interested in publishing. I met all the big politicians, all over the world, in my time. I loved the 15 years I lived in Washington."

Mrs. McCormick is originally from Baltimore, where her family was in the chemical and drug businesses. She first came to Chicago in 1922, as a bride.

She and her first husband lived in Wheaton, a Chicago suburb, and Col. McCormick was a neighbor. "His wife was one of my best friends," Mrs. McCormick relates. And after a pair of divorces, Col. Robert R. McCormick married Maryland.

And it was a good marriage of two strong individuals.

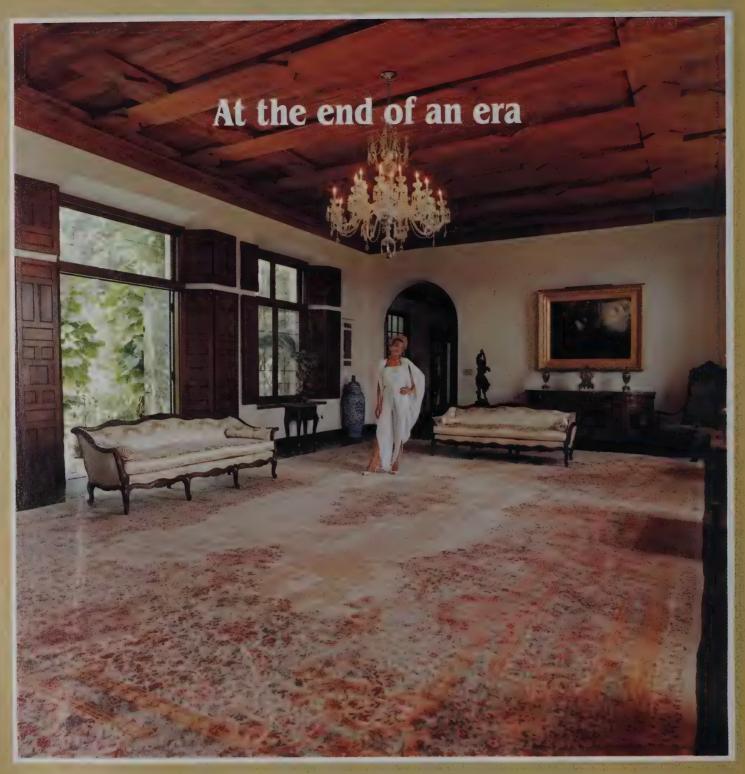
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GROWING MY WAY

(Continued from page 70)
Water Garden and Crockett's Indoor
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I would suggest shopping at your local garden and nursery outlets for gardening gifts. If you cannot find the *right* gift, however, consider the mail-order catalogue. It is not only a good source for merchandise, but for gift ideas as well. You may obtain catalogues by writing to Williams-Sonoma, Dept. 513, Box 7456, San Francisco, Calif., 94120-7456; and The Clapper Company, 1125 Washington St., West Newton Mass. 02165.

Gardening Tips for December

Lawns: If your lawn is thin or virtually nonexistent in areas, sow winter ryegrass. This provides a lush, dark green, carefree lawn until April or May. At that time permanent varieties of grass can be used to rejuvenate or replace bare areas.

Pruning: Light trimming should be made to control out-of-bounds growth. No heavy pruning is necessary until spring.

Planting: Plant annuals now. This is the time to have beautiful beds of flowering plants and/or vegetables. Started plants are available at plant shops

and nurseries. Plant bulbs now as well. Choose only those available locally since many mail-order-type bulbs do not grow well, if at all, in the subtropics.

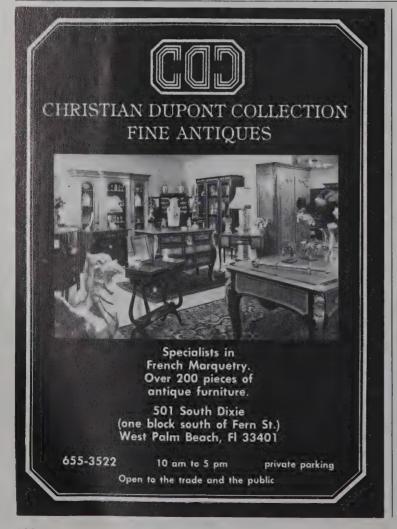
Propagation: Wait until spring or early summer to set cuttings, make air layers and practice budding or grafting.

Fertilizer: Fertilize roses monthly to maintain good growth and obtain abundant blooms. Fertilize mango trees if they begin to bloom this month.

Insects: Activity is minimal during cooler weather. Watch for chewing insects, especially cutworms in annual beds. Use Mole Cricket and Cutworm Bait. Sprinkle over beds in late afternoon since cutworms are nocturnal feeders.

Watering: December is one of the driest months of the year. Rainfall averages about two inches. Keep lawns and shrubs well watered. Water everything well ahead of forecast of freezing or near-freezing weather. Water root area and don't fret about leaves and stems.

Bob Robson is a member of the Garden Writers Association of America.





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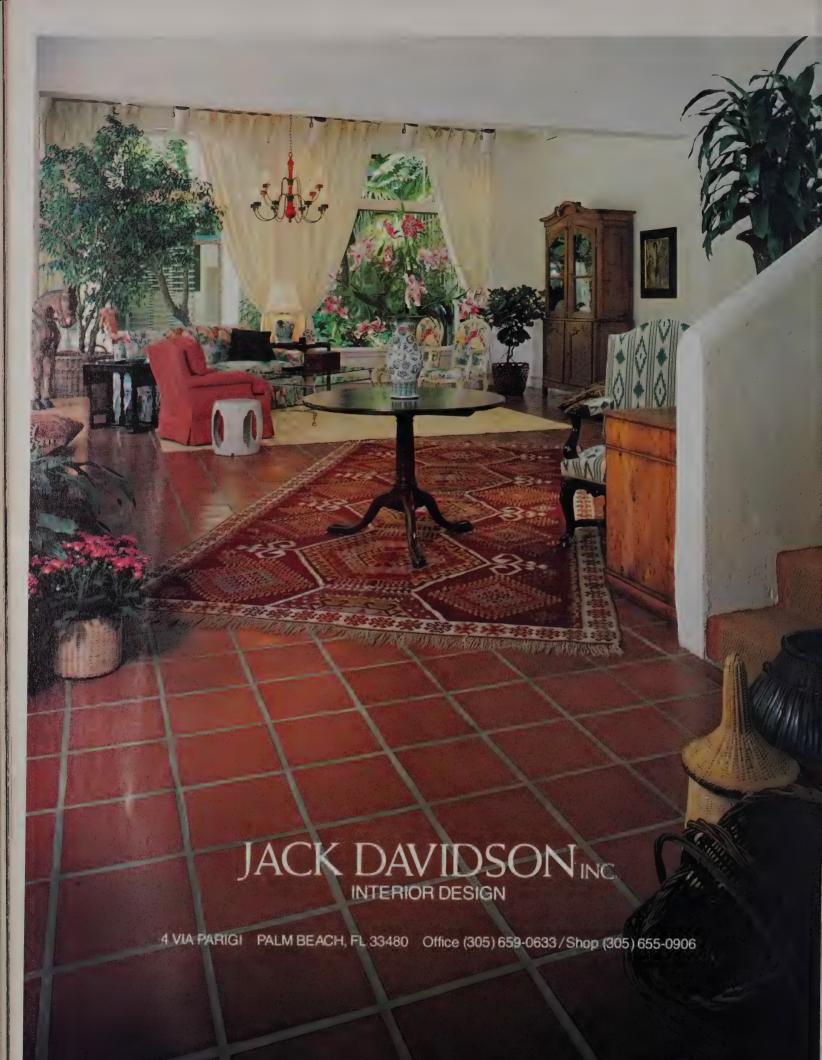
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109

PALM BEACH LIFE — DECEMBER 1983



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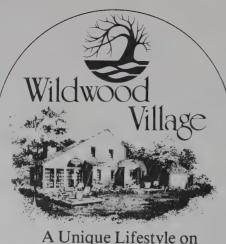


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THE INCREDIBLY EDIBLE BRUNCH

(Continued from page 97)

cluded seafood crepe glacage and a delicious broiled pompano.

Following a 10-kilometer run and church, William Cummings, Sara Glenn and Larry Eliason pulled up to TooJay's in William's fun car — a Volkswagen Thing — parked between a red Porsche and a blue Porsche, walked inside, sat down and began eating.

"This place," said William, "is definitely one of our favorites and we've tried them all."

Sara likes the plants. "They give off a lot of oxygen," she said.

Larry thinks the potatoes are "beautiful."

"We are the absolutely perfect people for restaurants," added William. "We eat every meal out."

William read *The Shiny Sheet*. Sara read *Vital*. And Larry read *Money*. When the food came they all stopped.

William eats "depending on his needs."

At TooJays he expects to "need" to eat French toast made with challah bread. At The Breakers he expects to "need to eat a lot." At Doherty's he expects to "need to feel cozy."

For people who need to watch people watching people, Chuck & Harold's and Testa's offer Sunday fare served sidewalk cafe style. Linguine Alfredo for a late breakfast sounds worth recording. At Testa's it's never too early for fresh strawberries with cream.

One added Extra! Extra! These two places, both on Royal Poinciana Way in Palm Beach, are near the Main Street News, which carries an international selection of newspapers and magazines.

When John Lennon, with his wife Yoko and their son Julian, went out for Sunday brunch aboard Terry and Linda Bosley's 41-foot ketch, *Imagine*, he brought along a stack of newspapers, but he never opened one. Imagine.

Sam and Meg Meek, Ty and Ann Houck, Peter Paul and Rebecca Scroggins all went out with the Bosleys one Sunday (they charge \$300 for a minimum of six).

Linda Bosley doesn't start the bread until she sees the charter group walking down the pier. At that moment, the **Moveable Feast** (that's how they're listed in the phone book) gets seriously moving. The next moment Terry Bosley's slipping the *Imagine* out of her slip.

(Continued on page 116)





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THE INCREDIBLY EDIBLE BRUNCH

(Continued from page 112)

Terry took them under sail up the Intracoastal, past friends' homes on Palm Beach, as they sipped mimosas, while down below Linda and an assistant kept a watchful eye on the Danish and the honey whole wheat bread.

Up came the whole wheat, hot. Up came the wind.

"Oh, I can't stand it," said Meg, consciously overstating. They'd just begun to eat. Terry now had the moveable feast aboard the *Imagine* on a broad reach. Everyone else kept reaching for the bread.

Up came jellies in scallop shells — mango, hot pepper, wild fox grape; then came wooden bowls and pewter plates.

"More coffee? Orange juice? Champagne?" asked Linda.

"Oh, champagne's fine," Sam answered, consciously understating.

Up came melon balls soaked in Pernod. Terry anchored. Round went the sailfish spread.

"What's this?" asked Sam, pointing to a ship's decanter next to where the Bosleys' sleeping dog Nellie lay. The decanter contained homemade coffee liqueur. Round went the homemade coffee liqueur. There was a brief discussion as to how much was appropriate — a skoshe or a tad, a dob or a dash. Useless talk. Round went the homemade coffee liqueur.

"Everything is wonderful," Rebecca observed.

"You can tell by the silence," said Meg. The eating had stopped. The wind had died down. The only sound was the lap of the waves against the boat, and Nellie, perhaps dreaming of cats. The only thing left was the slow cruise back to the dock. Imagine. Never opening a newspaper.

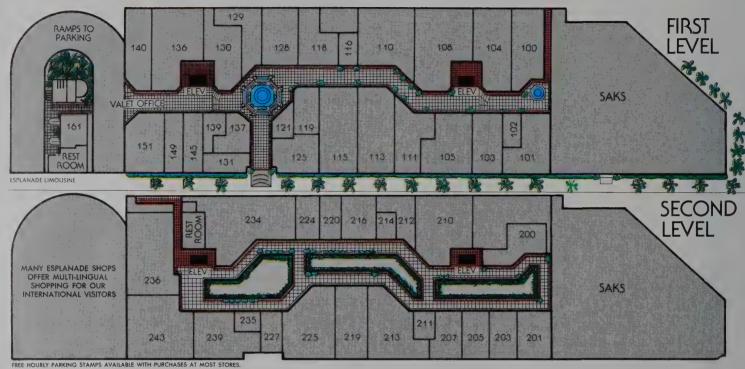
Sometimes the Bosleys, as well as half the town of Palm Beach, pop over to Green's Pharmacy for a late Sunday breakfast. Green's is just your plain old typical countertop drugstore, with plain old typical countertop drugstore breakfasts, served to plain old millionaires and other plain old people, none of whom care a hoot about anything more important than a cup of coffee, at least not until it's set before them in a plain old institutional egg-shell-colored coffee cup. Then, if you want to talk about football, Ferraris, news around the world, what's good to eat where, or ponder the meaning of brunch, well, fine.

Rick Ackermann is a feature writer for The Post and a free-lance writer. He resides in West Palm Beach.









ART

236 Galerie J. Lavigne 227 Galerie Martin 131 Jaro Art Gallery

BEAUTY AND SKIN CARE

104 Georgette Klinger 243 Salon Margrit

BOOKS

225 B. Dalton Booksellers **BOYS' WEAR**

110 The Purple Turtle CHILDREN'S APPAREL

110 The Purple Turtle

CUSTOM TAILOR

220 Giovanni Di Roma

DEPARTMENT STORE

Saks Fifth Avenue

GIFTS AND HOME FURNISHINGS

214 Carani 129 Melangerie II 139 Silver Crystal Suite

JEWELRY

119 Black, Starr & Frost

121 Boris leBeau

207 Christian Bernard

102 Les Must De Cartier

INTERIOR DECORATOR

125 Herbert J. Holzheimer Interiors

LEATHER GOODS

103 Mark Cross

LINENS

151 Moseley's

LINGERIE

211 La Lingerie

MEN'S APPAREL

115 F. G. Bodner

130 Polo by Ralph Lauren

200 Ports International

210 The Twenty-Four Collection

MEN'S SHOES

205 Johnston & Murphy

NEEDLEWORK

203 Needlepoint Gazebo

OPTICAL

145 Au Courant Opticians

RESTAURANT

234 Cafe L'Europe

213 Restaurant

STATIONERY

224 William Ernest Brown

WOMEN'S APPAREL

219 At Feathers

105 Cache

149 Christina Boutique

111 Courreges

113 Emanuel Ungaro

136 Hattie

140 Krizia

100 Ports International

101 Ralph Lauren for Women

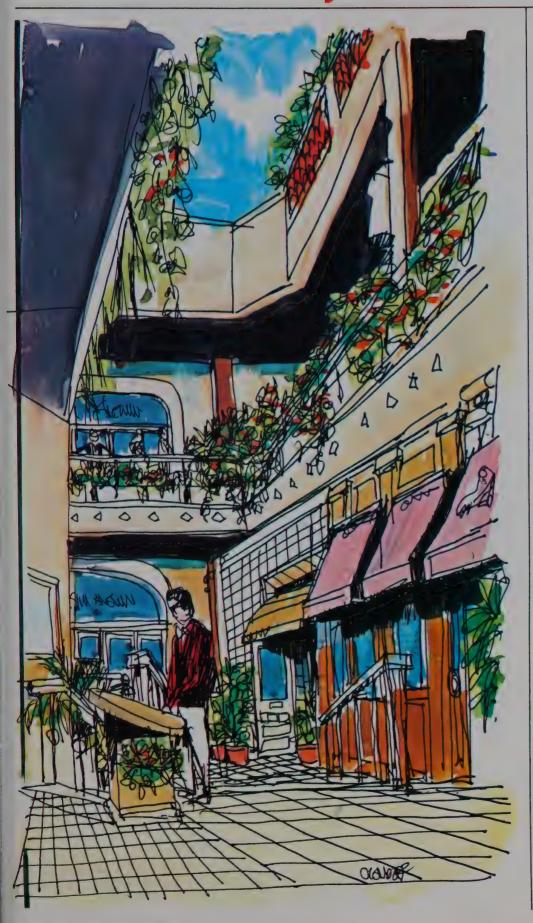
243 Salon Margrit

118 Saint Laurent Rive Gauche

108 The Twenty-Four Collection WOMEN'S SHOES

128 Charles Jourdan

oplande



A Shopper's Subtropical Paradise

BY SHANNON DONNELLY
ILLUSTRATIONS BY BILL OLENDORF

es-pla-nade (n): A flat, open stretch of pavement or grass used as a promenade; especially, such a promenade near the shore.

— The American Heritage Dictionary

t is not flat. It is, at the same time, open and enclosed. There is both pavement and grass. One could, if one desired, promenade oneself silly, and it certainly is close enough to the shore. But it's not just any esplanade. It's the Esplanade and it is rapidly becoming — if it isn't already — a Palm Beach institution.

Worth Avenue's reputation as a merchant's and shopper's paradise equals those of Rodeo Drive and Fifth Avenue ... and the Esplanade is the ruby eye of that idol to exacting and yes, sometimes conspicuous, consumption.

"Your red carpet to Worth Avenue shopping begins at Esplanade," is a phrase one hears bandied about by merchants. Many of the Esplanade's clients would argue that there is no reason to shop anywhere else.

Designed by Palm Beach's The Lawrence Group architects in the late '70s, the brilliantly colored tiles, fountain and wrought-iron railings bring to mind the Florida of Ponce de Leon's time. Its heavily Spanish and Mediterranean architectural detailing make one expect to see a senorita, complete with mantilla and comb, strolling among the flowers and the black railings.

And the flowers are everywhere, all year-round. "A perpetuation of flowers," is the way Esplanade director Jesse

(Continued on page 6E)



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"The world's richest and most famous have passed under its stucco archway..."

THE ESPLANADE

(Continued from page 3E)

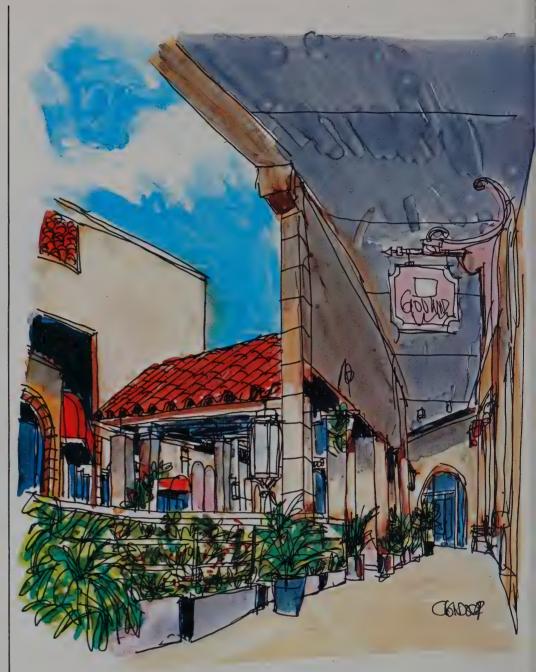
Newman describes it. There are poinsettias and tiny white lights at Christmastime and orchids in April. Hydrangeas bloom in the spring and geraniums in the summer. If it were nothing but an empty shell the Esplanade still would be a visual delight.

If there's a focal point at the Esplanade, it's the fountain. (There is a "doggie bar" down the road a piece, but that's not quite the same thing.) As a place to meet friends, the blue-tiled fountain is rapidly surpassing Grand Central Station's famous clock.

Some of the world's richest and most famous people have passed under its stucco archway... people who could shop anywhere in the world. (Recently one shop owner noted Zsa Zsa Gabor, Ursula Andress, Cliff Robertson and Richard Simmons passing through.) And there are many factors which bring them all to the Esplanade.

The decidedly European flavor of the Esplanade shopping experience, with its small exclusive shops and knowledgeable salespeople, is one. And, of course, there is the quality of the merchandise. There is no gift shop selling mylar balloons nor is there a fiveand-dime.

But the Esplanade shops do not cater exclusively to the carriage trade. Palm Beach, like many other Sun Belt towns, is undergoing a phenomenon best described as "vouthification." More young professionals are coming to Palm Beach, growing families in tow. They present an entirely different set of consumer demands. The smart merchant and the Esplanade merchants are nothing if not smart — strives to meet them. This is not to say that the patronage of the superrich is any less valued. You can. after all, still buy an amusing little bauble for a cool quarter million — perhaps more. But you can also buy fine quality stationery for less than \$10. As Helen Boehm was once quoted, "We're not all millionaires."



But that doesn't mean the merchants of the Esplanade won't treat you like one.

Patronizing the Esplanade allows you to treat yourself very well indeed. You can awaken in the finest linens from Moseley's — clad in the silkiness of a La Lingerie nightie — and after morning coffee from a cheerfully colored porcelain cup from Melangerie II, you dress the kids in their favorites from The Purple Turtle and then send them off.

Your spouse grabs his fine leather briefcase from Mark Cross, glances at his watch from Les Must de Cartier, and is off — looking handsome in his suit from F.G. Bodner with matching shoes from Johnston & Murphy.

After dressing in separates from Ralph Lauren for Women and slipping into Charles Jourdan shoes, you're off to the Esplanade for another shopping day. Pick up a wedding gift at Carani and something for the living room walls from Gallery J. Lavigne or Jaro Art Galleries. Stop at Hattie for a little something by Claude Montana and at Black, Starr & Frost for a little something that glitters.

Treat the mind with a book from B. Dalton. Treat the spirit with a Georgette Klinger facial and a Salon Margrit coif. Then treat a friend to lunch at the newly expanded Cafe L'Europe.

Pick up hubby's new suit at Giovanni di Roma. Stop by Courreges for something pastel, then swing by Saks just to see what they have — which is just about everything.

After heading home (decorated by Herbert Holzheimer Interiors) take time to relax and correspond with friends on stationery from William Ernest Brown. After a little embroidery from the Nee-

(Continued on page 10E)

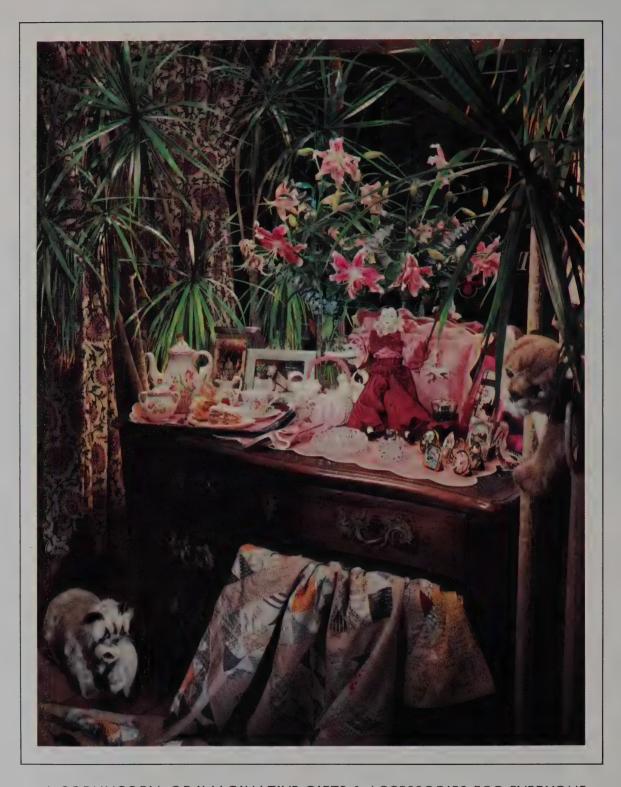


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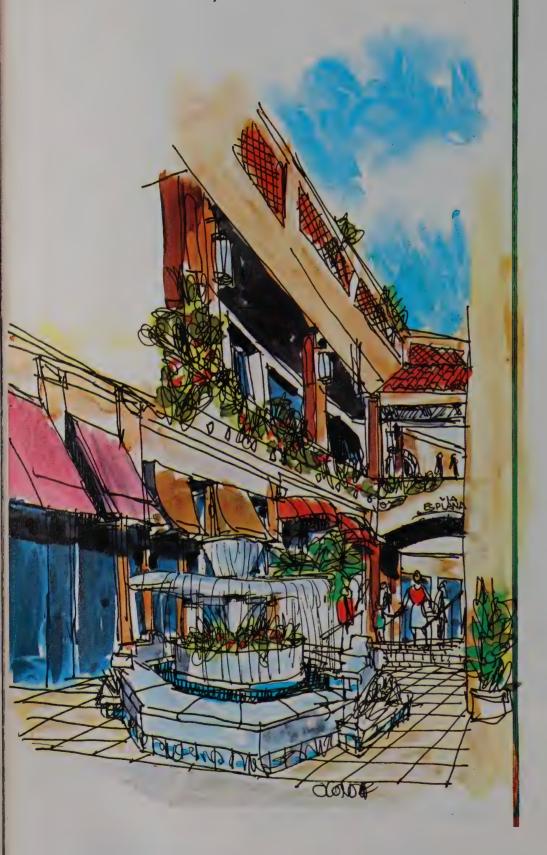




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THE ESPLANADE

(Continued from page 6E) dlepoint Gazebo, try on that new blue Ungaro with the lapis lazuli bracelet from Boris LeBeau. Then it's off to bed to start the whole thing over again tomorrow!

This is, truly, the best of everything. Aside from its visual beauty, what is it about the Esplanade that makes it so special?

"A mix of tenants that would keep a shopper completely busy all day," says Newman. "We have a mix of tenants that complement each other, whether it's womenswear, menswear or gifts."

Newman also emphasized the full range of services provided by the Esplanade. There is valet parking where shoppers can have their cars parked under shelter and protected and there is a package pickup service (nobody, but nobody, ever leaves the Esplanade emptyhanded) where shoppers surrender their packages to a doorman and receive a receipt in return. At the conclusion of the day's shopping, shoppers are returned their packages safe and sound.

"The Esplanade is multilingual," Newman continued. Fifteen languages are spoken here. The doorman acts as the Esplanade's "ambassador." He's trained to listen for a foreign visitor and gives them a pamphlet about the various shops written in the visitor's native language. Store owners and managers know who among them speaks what language, and can send for one and other to translate in a pinch. Just think — 15 ways to say "Welcome to Palm Beach and to the Esplanade!"

Something always is new at the Esplanade. It is the focus of a wide range of community activities. During their Christmas vacations, for example, the Palm Beach Public School band performs in concert — serenading the Christmas shoppers.

"Customers first" is the motto of the Esplanade merchants, and it shows. During the Christmas shopping season they hold an "Open House" Christmas party. The stores remain open late one night shortly before the holiday and they serve wine, cheese and eggnog for the shoppers — and anyone else who happens along. "The professionals love it," Newman says. "It gives them a chance to get their shopping done without going across the bridge."

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Summer activities include "Fashion-Filled Fridays." Lemonade and sandwiches are provided by Cafe L'Europe, and there is a fashion show of merchandise from various stores. What a wonderful way to spend a Friday — and a sure cure to the summer doldrums.

What's in store for the Esplanade? The biggest news is the newly renovated Cafe L'Europe. It has expanded its dining area into what once was its next-door neighbor, providing more seating for Palm Beachers and visitors who never can get enough of a good thing. (Another, more casual eating establishment is also due to open soon.)

The flowers will continue to blossom. The bands will continue to play, and choirs will serenade. The Esplanade merchants will continue to treat their

customers as royalty, and the customers, undoubtedly, will continue to return.

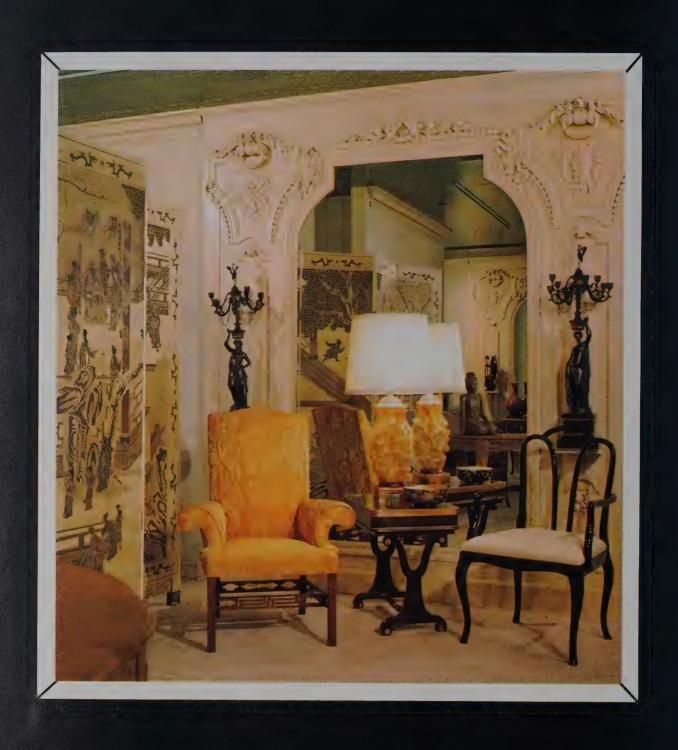
The Esplanade, for the most part, doesn't change. It merely improves. There are no razzle-dazzle promotions, because, in the words of Jesse Newman, "We don't need them."

He's right. The Esplanade is its own best advertisement — just as shopping there is its own reward.



The Ralph Lauren Shop

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PROFILES



Jill Romeo

Black, Starr & Frost — The 173-year-old firm which recently opened a salon in the Esplanade managed by Jill Romeo, features a selection of the fine jewelry for which it's known, including ruby, sapphire and emerald rings, and watches by Piaget, Rolex and Baume & Mercier. The salon is decorated with brass sit-down cases and complemented by suede walls and blue and beige Oriental rugs. The salon also features designer jewelry collections by Eugenia de Serigny and Catherine Deneuve.

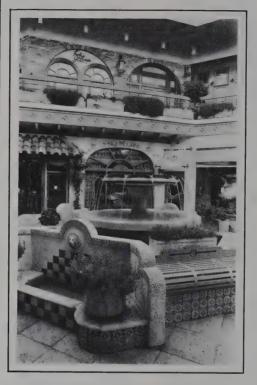


Norbert Goldner

Cafe L'Europe — An elegant ambience complements the fine European dining of this restaurant, owned by Norbert Goldner and Titus Letschert. Winner of the Travel Holiday Magazine Dining Award of 1982-83 and of the 1981 Cartier Award of Excellent Dining, Cafe L'Europe has long been recognized for exciting cuisine au courant.

The cafe serves luncheon from 11:30 a.m. to 3 p.m. and dinner from 6 to 10 p.m. The bistro service from 2:30 to 7

PHOTOS BY CRAIG STANFIELD



p.m. provides a welcome and inviting respite to Esplanade shoppers. Cafe L'Europe is open daily except on Sunday.



Nicole O'Sullivan and Anita Rosen

Carani — Nicole O'Sullivan, manager of Carani, notes that "the beauty of the Esplanade is the ambience outside and the uniqueness of the merchandise inside." An observation which clearly describes the one-of-a-kind tableware the shop displays. Serving dishes, plates, bowls and mugs designed by imaginative

American artists including Naomi Cahana, Lynn Evans, Beth Fein and Kamrassand and Kiok boast a kaleidoscope of colors and a variety of shapes. The purpose behind the shop, owned by Anita Rosen, is to offer art that's functional. The innovative pieces they display are to be used and above all enjoyed.



Jean Lavigne

Galerie J. Lavigne — This gallery, recently expanded by owner Jean Lavigne is managed by gallery director Anita Ferrari. The gallery features four main groups of art to appeal to a wide range of tastes. Tapestries imported from France are available in either silk or wool. Its modern art collection features signed and numbered prints and one-of-a-kinds by artists including Chagall, Miro, Calder and Dali. Expressionistic and realistic modern French artists are also exhibited — their work acquired directly and exclusively by France's Artcurial. Lucite and bronze sculptures and a selection of decorative art are also carried by the gallery.



Designs by Eugenia de Serigny.

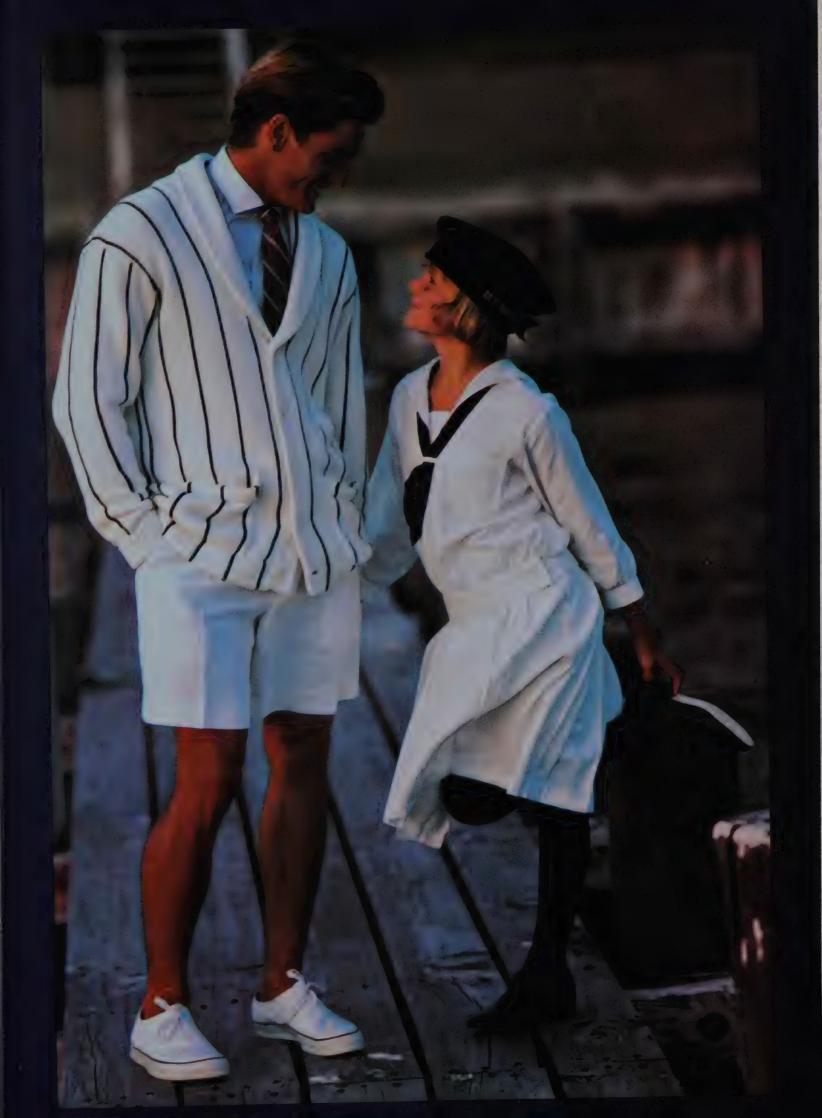
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The Polo Shop

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PROFILES



Hattie Belkin

Hattie, Inc. — This shop, owned by Hattie Belkin and managed by Svlia Miller, features European sophistication in the fashions and accessories Hattie selects from around the world. Trained personnel help to coordinate a complete look — from head to toe — which reflects the chic image the shop reflects. This season will also welcome guest designer appearances — lending more to the selection of day or night fashions Hattie features.



Herbert Holzheimer

Herbert J. Holzheimer Interiors — In 1979, Herbert and Frances Holzheimer opened an antique shop in the Esplanade which has now developed into both a studio displaying an outstanding collection of antiques, accessories and art collected by the Holzheimers during their extensive travels, as well as a complete design service. Mr. Holzheimer's design experience ranges from an invitation by former President

Harry Truman to decorate the White House to commissions with country clubs, hotels, offices and yachts from throughout the country.



Earl Danielson

Johnston & Murphy — Johnston & Murphy Shoes, owned by the Genesco Corporation, enjoys a reputation of fine

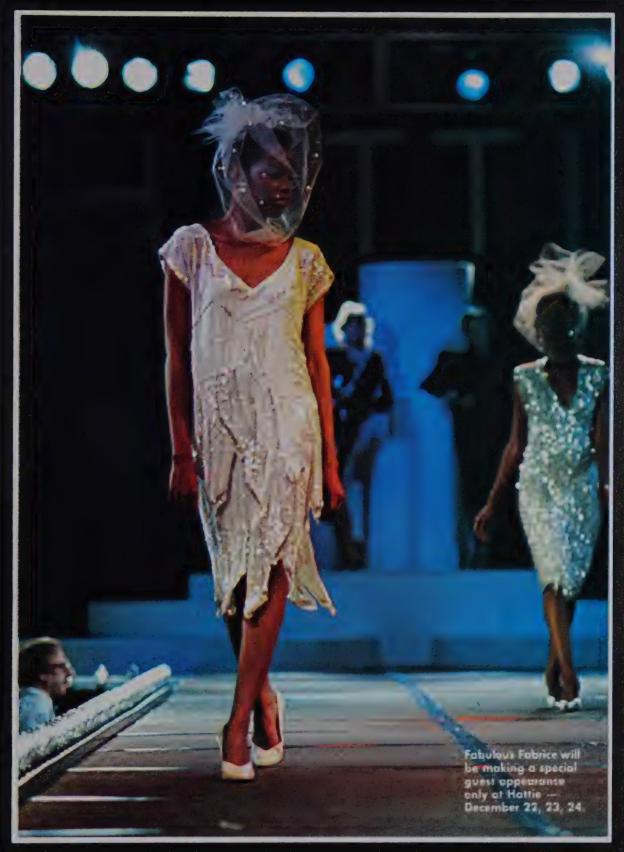


quality shoes that spans decades. The customers of Johnston & Murphy Shoes are the company's best advertisers and range from the famous to the notorious. Theodore Roosevelt and Warren G. Harding appreciated the craftsmanship of Johnston & Murphy Shoes as did "Diamond Jim" Brady — who purchased a dozen at a time. The Esplanade's J&M location, managed by Earl Danielson, offers a range of styles in only the finest quality leathers from plump, mellow calfskin to luxurious soft kid.



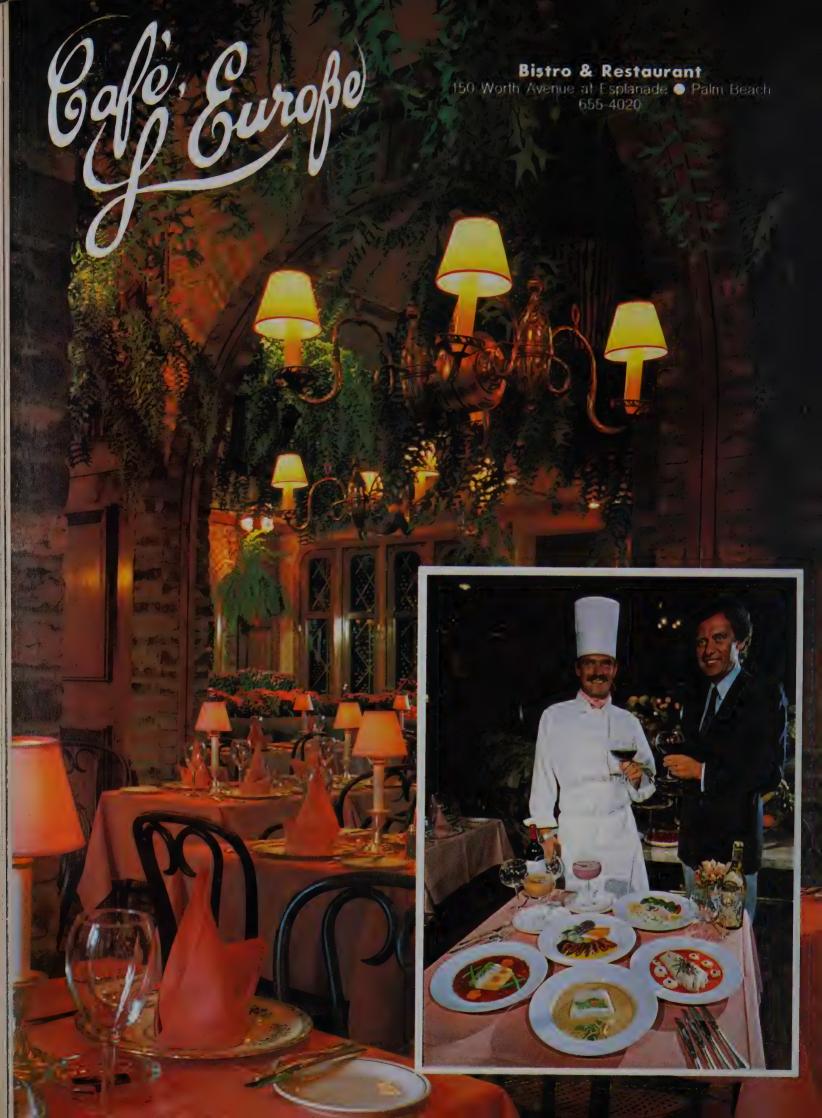
Noreen Sozio

Charles Jourdan — Owned by Noreen Sozio, this high-fashion boutique features a full line of the designer's footwear expressing the "individuality of the Palm Beach woman." In addition to the collection of women's shoes, selected by Ms. Sozio exclusively for the Esplanade shop, Jourdan's casual, ready-to-wear line and complete line of bathing suits for women are featured. The boutique, managed by Nico Albanese, also offers a selection of accessories and Jourdan's cologne for both men and women.



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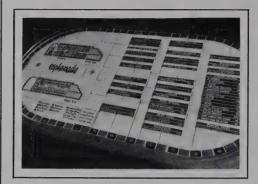
John de Medeiros

Georgette Klinger — Georgette Klinger, who has devoted over 40 years to the sole purpose of improving the skin, provides a full line of products and services at her Esplanade location, managed by John de Medeiros. Services provided for men and women include facial and collagen treatments, peelings and body massages — all of which must be preceded by a consultation and analysis by a European-trained cosmetologist who determines your skin type and the appropriate treatment needed.



Leslie Oppenheimer

Ralph Lauren for Women — Owned by Susan Schmachtenberger and man-



aged by Leslie Oppenheimer, this shop creates a warm, casual atmosphere typifying the designer's belief in clothes which are natural to the way people live. Lauren has established his own idiom of womenswear classics, such as his well-cut hacking jackets, chic city suits and hand-knit Fair Isle sweaters. The shop offers the complete Ralph Lauren line for women, including leather goods, shoes, sweaters, blouses, dresses, pants and skirts — all of which are made from natural fibers.



Fedora Campos

Boris leBeau — This shop, launched by New York jewelry designers Norman leBeau and Madeleine Van Eerde, features a complete line of jewelry for women and men. Egyptian-born Fedora Campos manages the shop which offers the creative jewelry designs custommade and manufactured for the individual. This year the shop features distinctive platinum settings to offset the precious gemstones selected by the customer. Because the shop stresses the importance of designing for the particular tastes and lifestyles of the customers, it seems ideally located in the Esplanade. As Ms. Campos notes, "It's the convenience of having so many highfashion shops in one area."



Sherry Frankel

Melangerie II — As the name implies, this shop owned by Marion Cummings and managed by Sherry Frankel, proffers a melange of colorful, imaginative merchandise from the finest in Europe to the best in the United States. Although custom-ordering is part of the services it provides, the shop displays an array of vintage quilts, potpourri sachets, decorative frames, tableware and accessories — including Nina Campbell china imported directly from England. Of the elegant Jein specialty china the shop carries, Ms. Frankel aptly notes — "they make what you eat special." You'll find everything in the shop reflects a special charm, from the lovely selection of china to the fun-loving assortment of stuffed animals.



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PROFILES



Penny Anderson

Mondi — This shop, managed by Penny Anderson, features distinctive designs under the German manufacturer Mondi. Dynamic colors reflect the store's select collection of skirts, tops. slacks and dresses. "Our clothes are easy to wear," observes Ms. Anderson, but at the same time "you don't look like anyone else." The Mondi look is often created by pairing separates of striking contrast. The vibrant jewel tones of ruby, sapphire and jade — favored colors in the Mondi line — are often mixed with neutral-colored separates to create the 'electric' combinations so popular with the shop's international clientele.



Alan Duddle

Polo by Ralph Lauren — This shop, managed by Alan Duddle and owned by Robert Cummings, values the caliber of clientele the location offers. Understandably so. Polo by Ralph Lauren, the complete line of menswear established by the designer in 1968, appeals to men who choose a lifestyle of discreet ele-



gance. This season the Polo line features the tailored silhouette in rich, subtle tweeds — including Shetland, Cheviot and Blackface wools and Irish Donegals and lightweight lambswool tweeds — in addition to luxurious flannels and worsteds. To welcome the winter season, the shop has introduced a selection of men's furs — from a racoon arctic jacket to a coyote duffel coat.



Joan Goodman

The Purple Turtle — This cheerful shop is chock-full of children's clothing and accessories for the infant to preteen who has "everything." A delightful display of children's fine jewelry, shoes — featuring designer names like Dore Dore

— and even toys complement the full line of domestic and imported clothing for boys and girls. The shop offers a selection from designers such as Joan Calabrese, Simonetta and Babylook. The Purple Turtle's new addition, the World of Dolls, displays collectibles by Steiff and Madam Alexander.

The shop, owned by Joan Goodman and managed by Pearl Wortham, also offers complete service, from custom ordering and alterations to attentive sales service geared to the individual. "You get to service the finest people from all over the world," notes Ms. Wortham. "The world is our neighborhood."



Jean Feather and Ann Kumas

Saks Fifth Avenue — A host of designers including Adolfo, Geoffrey Beene, Christian Dior, Mary McFadden and Halston are represented in Saks' Designers' Salon, managed by Ann Kumas. You will find the same services and amenities at this beautifully designed anchor as you would at its Big Apple counterpart. Under the direction of general manager Jean Feather, Saks Fifth Avenue at the Esplanade boasts a prime location with the merchandise befitting the clientele it attracts.

...they have chosen jean lavigne



brigitte bardot

May 18, 1973 — Jean Lavigne signs a world exclusive contract with Brigitte Bardot to publish 25 lithographs entitled "Homage to Brigitte Bardot" each individually done in the style of the 25 greatest artists of all times.

salvador dali

By contract dated September 8, 1973, Dali selects Jean Lavigne to publish what is considered today as his most remarkable and valuable original engraving, "The Unicorn" from the suite "Cosmos II". Later, Dali will choose Jean Lavigne to publish "The Diners of Gala", "Venise", and world famous "Dalivision".



pierre cardin

By contract dated June 13, 1973, Pierre Cardin grants Jean Lavigne a complete world exclusive on the publishing and distribution of the lithographs created by the artists sponsored by Pierre Cardin.

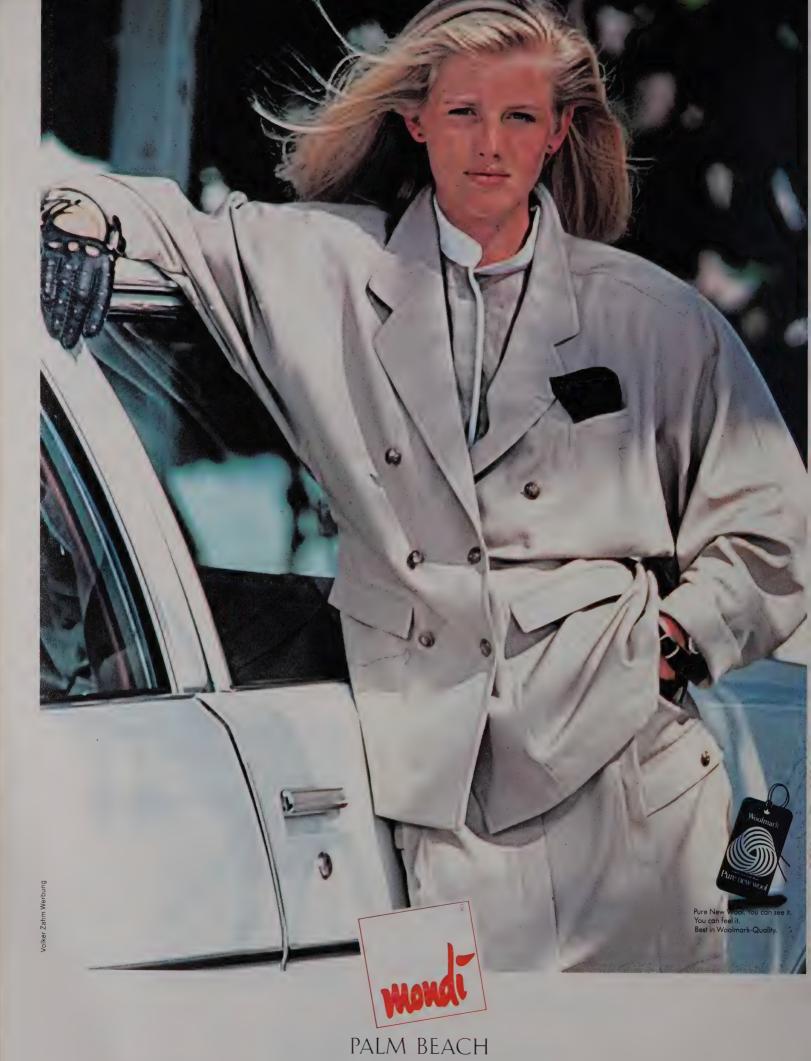


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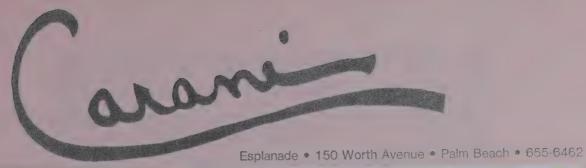
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PROFILES





Mildred Gardner

Silver Crystal Suite — A dramatic setting showcases this shop's fine line of Swarovski crystal, including intricately detailed collector's pieces and jewelry. Recognized as the largest company of stonecutters in the world, the firm which was founded in Austria in 1895 is known for its precious, semiprecious and costume jewelry. The Silver Crystal Suite, managed by Mildred Gardner and owned by the Swarovski Company, offers a fine selection and wide price range to suit all connoisseurs of crystal.



Heidi Criss

The Twenty-Four Collection -What began as an art gallery is now a high-fashion treasure trove of men's and women's clothing, jewelry, accessories and art, owned by Charles Goldstein and managed by Heidi Criss. A spectrum of designer names in women's casual and formal wear fill the first floor. Fashions by Ferre, Soprani, Valentino, Fabrice and Macke are featured with a striking selection of accessories — a mother-ofpearl minaudiere or perhaps a coalblack bowler with feather slashes on the brim from Maggie Vall's modern "Anthracite Group." Via a modernistic steel and glass elevator, the second floor proffers a select glimpse of modern and ethnic art in addition to a new line of formal and casual wear for men. Browse through designs by Salvatore Ferragamo and Perry Ellis, or enjoy the whimsical art of New York artist Judith Dolnick and the terra-cotta sculptures of Florida artist Christine Federighi.

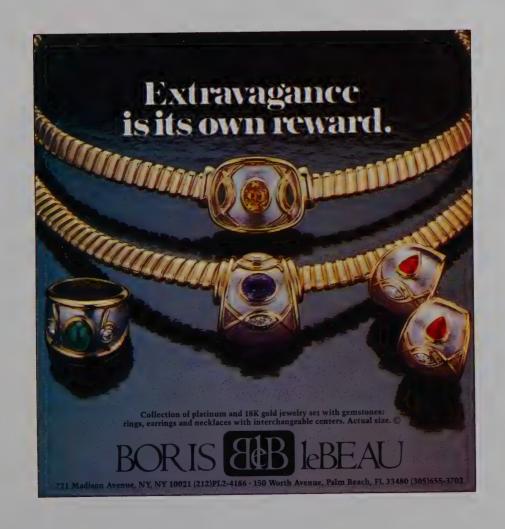


Mary Brundage

Emanuel Ungaro — Bearing the name of the French designer, this shop, owned by Bonni Keller and managed by Mary Brundage, features the designer's ready-to-wear lines of separates and accessories. Using a subtle mix of fabrics with a vibrant choice of colors, Ungaro's winter collection of cruise and resort wear features floral prints topped with tailored jackets in addition to delightful pinstriped sailor looks. The fashions this shop offers reflect the creative and comfortable designs for which Ungaro is known.







eplanade



PUB CRAWLING

(Continued from page 85)

own beer and wine (for medicinal purposes, of course) and offered accommodations. But travelers, especially the pilgrims made famous by Chaucer, soon provided far more business than the monasteries could handle. Country taverns and inns began to appear to meet the demand.

Many inns have been built over the centuries as demand increased with the growing population. But since the needs and requirements of travelers have not changed greatly, many inns remain basically the same. It's not unusual to find an inn which was built in the 14th century. It is this history which makes them so fascinating.

Time is a crucial factor in a pub crawl. In order to encourage munitions workers to stay in the factories during the first World War, the government decided to restrict the number of hours a pub could sell alcohol and the custom has remained. Hence the curious custom of closing just as people are beginning to have a good time. However, crawlers are able to drink 'round the clock if they know where to go.

Pubs like the ones around the Co-

vent Garden flower market and the Smithfield meat market open very early in the morning and close when the regular pubs open. Most people simply organize their drinking around the two periods of midday (10:30 a.m. until 3 p.m.) and evenings (5:30 p.m. until 10:30 or 11 p.m.). On Sundays, however, midday drinking is allowed only from noon until 2 p.m.

Don't worry about losing track of time. There are more clocks in a pub than in a television news studio. At the end of the drinking period, as if to reinforce the rule of the clocks, the landlord usually will ring a bell and shout "time!" Crawlers then have 10 minutes in which to drink up.

The riverside Mayflower Inn, at the village of Rotherhithe in south London, is the site of the actual mooring of the Mayflower, prior to her historic voyage to America in 1620. It's a difficult place to find but well worth the trouble. With its old prints, beams, guns, model ships and dust, it's one of the "pubiest" pubs around. The building, steeped in history, is tiny and authentic — apart from some rebuilding made necessary after a visit by some German pilots during the war.



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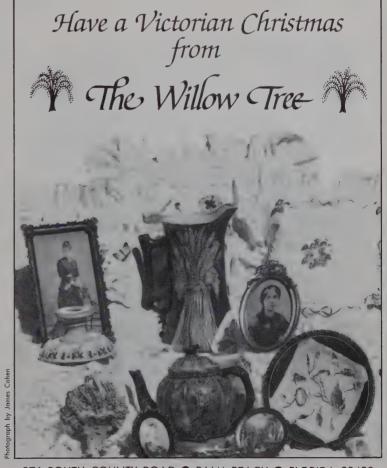
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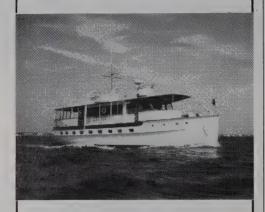
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Like a lot of pubs, there is so much history attached to the Mayflower that the inside is similar to a museum. The walls are covered with priceless relics. For example, there's the 1696 will of Beatrice Brewing in which the Mayflower was bequeathed to a local family. A model of HMS Victory stands on the mantlepiece over an enormous fireplace. On another wall is a copy of the inventory (called a compact) of the Mayflower, together with 23 original drawings of shipwright's tools by Stanley Upham, the designer and builder of the Mayflower.

Upstairs, the dining room is furnished in wine velvet-covered furniture and drapes and looks out through the latticed windows on the Thames River. In most pubs, crawlers can get either a hearty meal or bar snacks such as sandwiches or scotch eggs (sausage meat wrapped around a hard-boiled egg). Meals served by friendly landlord Jim Nielson are excellent.

The second riverside pub, one of the most famous in London, is **The Prospect** of Whitby, at Wapping. Built in 1520, London's oldest riverside pub is more of a national monument. When it opened in 1543 (Henry VIII was on the throne),

it was known as the Devil's Tavern. Its name changed in 1790 when the landlord renamed it after one of the collier boats which used to sail between the north of England to London, where they unloaded their cargo at Wapping. Some people believe that the interior — and especially the ship's mast by the stairs — is part of the *Prospect of Whitby* ship.

When you visit the pub, look for the white flagstone in the middle of the stone floor. In the old days, Navy press gangs, looking for volunteers, like the Army sergeant, used to resort to similar skullduggery in order to find crews. The pub is right on the river and when the tide was in the gang used to float underneath the pub and come up through the flagstone trapdoor, thus trapping any suitable young men.

Landlord Brian Parkin once was cleaning up the bar at 2 a.m. when he claims he saw the ghosts of five pirates come up through the floor and walk toward the window. As they reached the window, which looks out onto the Thames, Parkin says they vanished.

However, it's not surprising there are claims of ghosts at the Prospect, as it has grim history indeed. Toward the end of the 16th century the village of Wap-

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Where to find the London pubs

The Mayflower: 117 Rotherhithe St., London SE 16

The Prospect of Whitby: Wapping Wall, London E1

The George Inn: Borough Road. Southwark

The Grenadier: 18 Wilton Row, Belgrave Square, London SW1

As this is an article about London pubs, I obviously couldn't include my local here in Berkshire. But I cannot write a piece about super pubs without mentioning the Ibex at Chaddleworth, just north of Newbury. It's the nicest pub I know, with marvelous beer and food. So if you get the taste for pubs, try to look this one up. You won't be disappointed.

ping became a place for public execution of criminals and pirates. Crowds would flock to the Devil's Tavern to watch the festivities. Captain Kidd was hanged there in 1701. The notorious Judge Jeffries ("the hanging judge") often would sit in the tavern enjoying a meal while he watched executions he had ordered.

Upstairs is one of the most famous dining rooms in London. It's named after diarist Samuel Pepvs who regularly visited the tavern for a quiet meal, as did Charles Dickens, while researching characters for his books. The Pepys Dining Room looks like a film set, so perfect is the wood paneling, the old china, the ancient fireplace and the windows with their panoramic views of the widest part of the Thames where ships turn and head out to sea.

History plays a big roll in the furnishings and decor. Even old cutlery is framed and old pewter plates and jugs are displayed, propped up all around the walls. Among the many interesting prints and photographs is one of the Prince and late Princess of Monaco when they visited the pub. On a nearby wooden chair is a plaque which reads, "This chair was occupied by HRH Princess Margaret when dining here July 26th, 1949." The demand for meals at this old pub is so great they have expanded the dining room.

Other historical and interesting items found in pubs are clocks. One of the most ridiculous taxes ever imposed by the British parliament — apart from the tea tax — was the tax on clocks and

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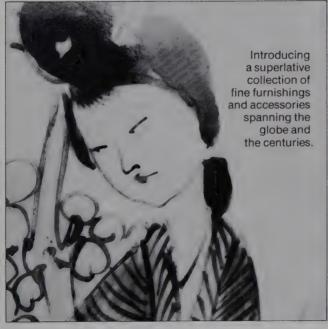


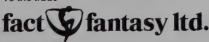
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watches passed in 1797. A levy of five shillings was imposed on every timepiece. To avoid the tax, people simply sold their clocks and watches and communal clocks became commonplace. The clocks kept were cleverly disguised, such as the "Parliament" clock which resembles a film set. In fact, it has been used often for filming. The clock is located in the bar of one of London's most beautiful inns, The George, Southwark. The only galleried inn remaining in London. The George is owned and administered by the National Trust, a charitable organization which preserves old buildings for the nation.

Photographs of the building taken in the 19th century show the galleries that once surrounded the courtyard where Shakespeare reputedly performed his plays and where itinerant players still perform during the summer. Unfortunately, due to fires, woodworm and the spiraling cost of space in London, only the one side of the building remains. But what a side! The sign on the outside of the building seems to apologize for its age: "The George Inn certainly existed in the 16th century, although the present building is only 300 years old. Both Shakespeare and Dickens knew its hospitality."

There are so many beautiful bars inside The George it's difficult to decide where to begin. The bar with the clock, and which looks as if not even a stick of furniture has been moved in 300 years, used to be the old coffee house part of the inn with its own fireplace and door. The dividing wall that separated it from the general bar with its huge fireplace and distinctive serving hatchway, was razed long ago. The present Southwark Bar formerly was the ground floor restaurant.

In the days when coaches called at The George, they would clatter into the courtyard where the horses would be led away to the stables. Meanwhile, the driver and the third-class passengers probably would have a drink in the coffee room or the bar, along with the general public. The first- and second-class passengers would be led upstairs to the first level, where they would be shown into the old paneled restaurant. The oak paneling you see today is the original which was installed in 1676.

Landlord Paul Davis and his wife Tina proudly show visitors around their restaurant, which occupies what was once the coach passenger's bedrooms.

The bedrooms each had a four-poster bed, a sofa and probably a chest of drawers and a commode — and lots of fleas and lice. Naturally, there also is a





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The fourth pub in our crawl is **The Grenadier**. It has a magic charm all its own. Situated in a mews behind Hyde Park Corner and the Berkley Hotel, the tiny, grapevine-draped building originally was an officer's mess for the Duke of Wellington's men. His London home was just around the corner and he was a frequent visitor to the building.

The Grenadier became a pub in 1816, when it was known as the Guardsman. However, because there were so many Grenadier guardsmen billeted in the vicinity, its name was changed. Dominating one wall is a picture of the Duke at a celebration dinner, held after the Battle of Waterloo. The bartop, made of solid pewter, is believed to be the oldest of its kind.

There's a distinct military flavor to the pub. Many old guns and swords hang from the ceiling, and on a Saturday evening a retired sergeant major used to clean them for a pint of beer. Once a year the Guardsman's bearskin falls down off its display stand. Usually it is found by the cleaner in the morning who isn't bothered by ghosts. Yet another pub ghost! It is said to be moved by the ghost of an officer who was flogged to death after being caught cheating at cards.

If you tire of drinking beer and want to change, The Grenadier is the place to do it. It is famous for its Bloody Marys. They even have a Bloody Mary party every Sunday. (Or you can "settle" for a glass of Dom Perignon.) One of the institutions at The Grenadier is barman Tom Westwood, 70ish, who has been serving there for more than 25 years. He can tell some great stories about regulars and almost-regulars such as Lee Marvin, Angie Dickinson, Burt Bacharach and Rod Taylor. John Mills and his family have been regulars for many years.

But the bell has rung "time" and you have 10 minutes to drink up and leave. If you are already planning your pub crawling trip to England, bear in mind that with more than 70,000 pubs in England and Wales, you certainly won't suffer from a lack of choice. Happy crawling!

Evan Morgans is a free-lance writer living (and pub crawling) in Berkshire, England.

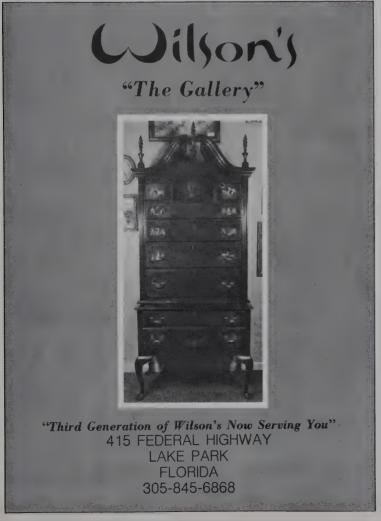
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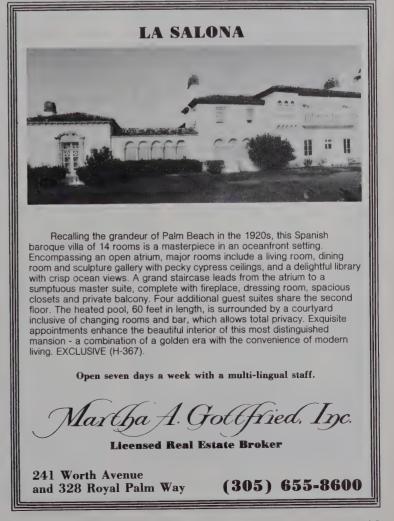
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Princess Margaret







Above left and right: Liz Tippett and Ivana Trump

There is something about the arrival of the first of December that infects just about everybody with severe cases of "must-itis." Holiday plans must be made. Christmas shopping must be done. Invitations for the major social events must be received and, upon receipt, must be mentioned oh-so-casually in one's next immediate chat. But turnabout is fair play and one must, in turn, hear about the social triumphs and adventures of others. So we'll tell you.

During Princess Margaret's recent visit to the United States, she attended galas at the White House, the British Embassy and a Virginia farm. Guests at these get-togethers included Douglas Fairbanks, Mary, Viscountess Rothermere, Walter and Lee Annenberg, and Estee Lauder among others.

Also on the Washington scene was Palm Beach arts patroness Ronni (Mrs. Howard) Goodman, who zipped up to The District, as those cosmopolitan types say offhandedly, for the performance of the Tokyo String Quartet. She had a brief homecoming — only to return early last month for the Kennedy Center performance of Cosi Fan Tutte. While there, she played hostess to none other than former Secretary of State, head of the Joint Chiefs of Staff and former presidential adviser Gen. Alexander Haig and his wife Pat. We wonder — what does one put on his place card?

As if anyone needed to be told, Marylou (Mrs. Cornelius Vanderbilt)

Whitney was named a "woman of achievement" by the Kentucky board of the Young Women's Christian Association at a luncheon recently. No kidding. This to a woman who is a loving wife, devoted mother, dedicated philanthropist, effervescent hostess and an artist to boot. What does she do with all that leisure time she must have?

Also over Kentucky way, the Emerald Ball was held at the Headley-Whitney Museum. The invitation commanded black-tie for the gentlemen. For the ladies, it simply stated "Emeralds." We wonder if some poor soul misconstrued and showed up in emeralds only — sans dress. Wouldn't that be a hoot? Joseph Ricardel of Palm Beach provided the tunes. Among the guests were none other than John Y. and Phyllis George Brown. He was, you may recall, near death not five months ago. One would never know it from looking at the handsome Guy.

A bit farther west, in Houston, all the world was a stage and some of Houston's toniest were the players as they gathered to celebrate what was billed as "Sunday, September 11, 1938." The gathering, benefitting the Shakespeare Globe Theater Houston/London, recreated a gala polo day from the '30s starring Houston's "400" and their celebrity pals. Chairman of the benefit was Tina Sharp, and honorary chairman was Douglas Fairbanks Jr.

Although guests were disappointed

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Prince Talal Bin Abdul Aziz Al Saud



Above left and right: Kerry Kennedy and Trevania Dudley



Douglas Fairbanks Jr.

that Fairbanks couldn't attend, they had royalty to appease them. Prince Talal Bin Abdul Aziz Al Saud (brother of King Faud of Saudi Arabia) was guest of honor at the Shakespeare Globe Centre's gala fundraiser. The prince surprised guests with a \$40,000 donation to the fund which will support reconstruction of Shakespeare's Globe Theatre in London and establish a Shakespeare Outreach Program for Houston.

The bash — or should we say bashes — took place at the Houston Polo Club, the Bayou Club and the Ambassador House at the Houstonian.

In New York, that grande dame of social galas was held at the Waldorf-Astoria. We are speaking, of course, of the April in Paris Ball, that most established society "do" which officially opens the fall social season. All the big social guns are called out for this one. Mary Sanford was national chairman, Candy (Mrs. James) Van Alen was international chairman and Mary McFadden was general chairman. Eunice Gardiner (wife of Robert D.L. Gardiner, president of the American French Foundation) served as honorary chairman. Ivana Trump, Aimee de Heeren, Florence van der Kemp and Mrs. William Wood-Prince were vice chairmen. Liz Tippett and Diane Lyons were the Palm Beach chairmen. Cornelia Guest, daughter of C.Z., was the junior committee chairman. Serving with her were Trevania Dudley, daughter of Ambassador Guilford and

Jane Dudley, and Kerry Kennedy, daughter of Ethel and the late senator. The gala, benefitting the American French Foundation, had an avant-garde ballet theme.

More than 1,000 guests shelled out \$300 per person — that's \$600 a couple — in addition to the raffle tickets, which went for \$100 or \$1,000 for a book of 11. Prizes included a Mercedes-Benz-190 worth about \$25,000; a mink coat (\$16,500); a new Renault (\$7,500); a Piaget watch (\$10,900); a vacation in Paris for two (in April, we presume) and a Mary McFadden gown, to name a few. And even if one didn't win the raffle, there were still those lovely little gift valises filled with all kinds of delicious baubles.

A son's a son'til he gets him a wife, as the old saying goes, but it's a lucky girl that gets Nan and Tom Kempner for in-laws. They hosted a dinner-dance to honor their son James and his intended Cynthia Haden, who is now Mrs. James Kempner. Nothing, but nothing makes the summer fly quite like the autumn wedding of one's own.

Think that all Palm Beachers do when they're ensconced in the Big Apple is stay home? Think again. Mary Sanford, Wally Findlay, Simone Karoff and Puddin' (Mrs. Curtis) DeWitz all were eyed at an Upper East Side establishment by the name of Harper. Seems it's very popular with the Florida crowd.

Happy holidays.



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TRACING THE MURPHY MAGIC

(Continued from page 81) demagoguery. And he didn't escape political scandal. In 1970, Democratic opponent John Tunney accused him of taking an annual salary of \$20,000 plus credit cards while working as a consultant for the right-wing Technicolor Inc., during his first term in the senate. Although Murphy saw no conflict, the allegations cost him reelection. Yet, to older Americans and Ronald Reagan cronies, Murphy is a long-standing achiever. They applaud his 20-year (1922-1947), 45-film, show business career and his political accomplishments in improving the Screen Actor's Guild. They admire his relentless dedication to America and to maintaining its many freedoms. They marvel at his moxie and energy.

Knight newspapers once wrote that Murphy was all business, and was respected by his contemporaries. *Life* magazine agreed. Even Reagan has said, "It's good to know I can call on George Murphy to help." But let's back up. Why did Murphy forgo a flourishing film career for party politics? Why does he still feel the need to influence people? What is it about power that so delights his imagination?

Born appropriately on Independence Day 1902, in New Haven, Connecticut, Murphy was raised in the shadow of achievement. His father, Mike Murphy, trained more Olympic champions in track at Yale and later at University of Pennsylvania, than any other coach in history. Before his death when George was 13, Mike had instilled discipline and winning into his three children. Mother Murphy died 11/2 years later and George, his brother and sister, were raised by grandparents in Detroit. In prep school at Pawling (New York) and Peddie Institute (New Jersey). George excelled in sports, but later, as a Yale engineering undergraduate, he developed a sour scholastic attitude. As a result, school officials asked him bluntly if he had enrolled in Yale to play football or to study math and chemistry. When Murphy's grades made him ineligible for football, he dropped out completely and headed for New York. "It broke my heart," he says, "but I figured I'd go to the city and make my fortune. I was no intellectual and was always more interested in what went on outside the classroom."

In 1924, Murphy arrived in Manhattan, befuddled and nearly broke.

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Rooming with a saxophone player in a Hell's Kitchen tenament, it wasn't until he began earning \$15 a week as a runner on Wall Street that he could afford to move uptown to a 96th Street and Broadway boarding house. The cost: \$7 a week for two. (Henry Alexander, his roomie, later became board chairman of Morgan Guaranty Trust.)

On the \$8 a week left over, George wooed and won dancer Julie (Henkel) Johnson. They were married in December 1926, after becoming the famous dancing duet, "Johnson and Murphy," entertaining in such classic nightclubs as the Lido, Central Park Casino, Montmartre in Manhattan, Mayfair in London and Opera Club in Paris.

"I had been fascinated by show business," Murphy recalls, "but I only got into it because Julie had been offered a job in "Ziegfeld Palm Beach Girl" and she would have had to leave New York for Florida. I loved her and I told her I would become her dancing partner if she would stay."

It worked out well. They danced together, and they performed separately. Murphy liked the feeling of entertaining people, relishing their response. Since he was equipped with talent and personality, he usually faired equally well on his own. After a few successes on Broadway in the early 1930s (Shoot The Works, Of Thee I Sing, Roberta), the couple moved to Hollywood where Murphy insists they settled down and lived like normal people.

Julie dropped her career to make their home on Crescent Boulevard, a move Murphy greatly encouraged: "Two career marriages don't work. When you come home from a tough day at the studio, you want someone who will listen to your problems, not tell you about hers." (If it sounds a tad chauvinistic, well, it is, but George and Julie were married 47 years until her death, and they raised two children who now live in California.)

Murphy's movie career in Holly-wood started off on the "right foot" and his voice was good. After making Kid Millions with Eddie Cantor, super columnist Louella Parsons wrote the following line: "Having heard the new boy from New York sing, I think Bing Crosby had better look to his laurels."

A self-assured Murphy did pretty much what he wished when it came to breaking traditional Hollywood ways. In fact, he refused to have his name changed for the screen to please fast-talking Columbia Pictures chief Harry Cohn. After the mogul cussed him out of his office, he agreed to leaving George





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Murphy's name alone. The two men then became friends. Murphy later signed a contract with MGM and stayed 22 years, doing films like *Little Nellie Kelly* (1940) with Judy Garland and *Broadway Melody of 1938* with Eleanor Powell. He even managed to do shows for other studios while under MGM's wing like *You're a Sweetheart* with Alice Farge for Universal Pictures.

Powerful MGM president Louis B. Mayer didn't mind the studio-hopping because he, too, liked Murphy. In fact, it was through Mayer's clout with Herbert Hoover that Murphy first became smitten with politics, writing and giving speeches and organizing the first franchise of agents through the Screen Actor's Guild. (Murphy was Guild President for two years.) Before long, his movie industry achievements (especially in politics) were recognized by film distributors. "Murph's a one-man bucket brigade," said one.

Murphy left MGM when Louis Mayer did. After a brief fling with Desi Arnaz at RKO Studios, he worked in private concerns while phasing out of the creative and performing end of the business becoming more and more involved with politicking and public relations. Although he knew he needed a life after acting, he had no idea these extracurricular activities would lead him to Washington, a career he grew to love more than show business. He felt his efforts to improve America were more significant to the realities of life.

In 1939, he became a Republican (FDR's New Deal turned him off), later managing and providing entertainment for their conventions, shortening their speeches, planning President Eisenhower's itinerary, even chairing the starstudded California GOP. (Many celebrity Democrats, like Murphy, became Republicans during those days.) "I merely applied common sense with experience," says Murphy of his success. "The PhDs all thought they were too bright to listen to others. I didn't have that problem."

Murphy spent months trying to improve the political reputation of Hollywood actors, even attempting to turn the once liberal Ronnie Reagan into a conservative thinker. "Eventually, I am happy to report," Murphy wrote in his 1970 autobiography, Say, Didn't You Used to be George Murphy, "... Ronald Reagan became increasingly anti-Communist ... In time, he realized the Re-

publican theory was more in keeping with his own."

Reagan was GOP governor of California around the time Murphy was U.S. senator. The two men have remained close friends over the years and respect each other greatly. "We share similar ideas in the sense that we have a great feeling for this country," explains Murphy. "We worry about the wrong kind of progress. But I leave him alone in Washington since we are both busy."

As a senator, much has been written about Murphy's chatty charm, namedropping and witty remarks like, "I'm hot copy," and "When Ike was president, the door was always open to me because he knew I never wanted anything." His graying good looks, immaculate grooming and easygoing manner appealed to the masses. However, he occasionally was accused of oversimplification, especially about government facts and fundamentals.

When Murphy was campaigning against liberal Democrat Pierre Salinger he was widely quoted as promising if elected senator, he "would see to it that foreign policy is taken away from the state department and given back to the people." Murphy claimed later that he



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During a 22-year career, Murphy shared centerstage with stars including Shirley Temple.

never said such a thing, assuring the press he was aware that the Constitution vests the president with responsibility for the conduct of foreign policy.

As California's senator he proposed a states' rights amendment to a water pollution control bill and put in another for bilingual teachers. And naturally, the staunch conservative voted against such social issues as Medicare, minimum wage and federal aid to education.

In the 1970 campaign, John Tunney attacked Murphy for a do-nothing attitude: "Murphy struts and brags about his amendment to the clean air act. It's nothing but a phony fast shuffle. It provides loopholes big enough to drive 12A-wheel rigs through."

Today, 13 years after that defeat, Murphy's attitude hasn't really changed except, perhaps, to become even more conservative. He likes patriotism, Palm Beach, the conservative newsletter Human Events Weekly, Ike, Lucy, Bob Hope, Jimmy Stewart, Indiana senator Danny Quayle, martinis, lectures, and cooked chicken from Publix. He dislikes Communism, Communists, contrived confusion ("We think we are well informed, but we are not"), liberals, our "failing" intelligence system, revolutionaries, phonies, gangsters, manipulators, the Washington Post, the idea of Barbara Walters making Abbie Hoffman a hero, narcotics, sophomoric speakers and columnist Bill Buckley's rhetoric ("He's a candy dancer who is too smart").

Murphy likes to be in a position of strength where other people can depend on him. His current projects include finding a hall of fame for the National Football Foundation (he was its president for three years) and helping young jocks find careers. In addition to his business-consulting work in Washington, he is actively trying to produce a British film in America on nuclear freeze activities. He hopes to rebuild U.S. Intelligence operations ("that doves like Kennedy destroyed") and write another book on his personal activities. He's trying to get on the liberal college lecture circuit, but admits, "they won't let me near the college campus.'

With all this activity, it's hard to believe he finds time to travel and visit with his wife. But he does. They take cruises and visit friends abroad since George is constantly looking for new experiences and broader horizons. He finds it thoroughly insightful. "I'm the oldest living undergraduate," he quips. "I learn something new every day." At 81, we should all be so lucky.

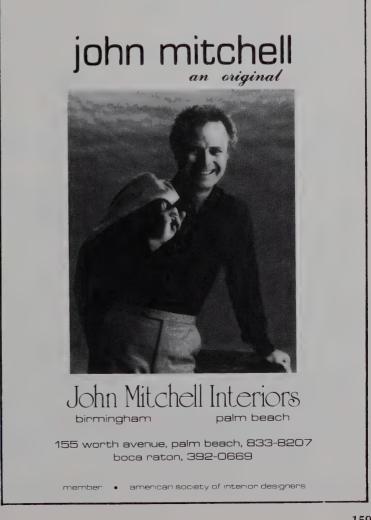
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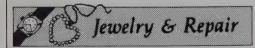
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PALM BEACH

- Brazilian Court Hotel, 300 Brazilian Ave. Offers outdoor dining at umbrella tables on the patio, in the loggia dining terrace or main dining room. Prix fixe menu for luncheon or cold service featuring shrimp and chicken salads, turkey, baked ham and roast beef. Dinner entrees include double lamb chops, bigarade of duckling, sweetbreads and leg of lamb. 655-7740.
- The Breakers, 1 S. County Road. After 50 years of service, the hotel has maintained the elegance which reflects an era of a more gracious way of life. Dine in the elegant Florentine and Circle dining rooms; have an informal luncheon at the Beach Club or a quick burger or salad at the intimate Golf Club. Veal piccata with lemon sauce is the favorite entree in the Florentine Room. 655-6611.
- Cafe L'Europe, in the Esplanade on Worth Avenue. A Holiday magazine winner. European sophistication and quality fare. An extravagant dessert table is laden with fresh fruits and pastries. Old-fashioned apple pancakes with lingonberries, cold plates, salads and luncheon specialties are served from 11:30 a.m. until 3 p.m. From 2:30 until about 7 p.m. enjoy light snacks and pastries in the bistro-bar area. Freshly baked croissant sandwiches, a crock of onion soup or gazpacho in a crystal goblet are bistro favorites, as are the special coffees and champagne cocktails. Dinner is served from 6 to 10:30 p.m. 655-4020.
- Charley's Crab, 456 S. Ocean Blvd. Fresh seafood dining features local pompano, snapper and swordfish when available, plus fish and seafood from Boston and the Great Lakes. Raw bar, bouillabaisse, paella, Maine lobster and soft-shell crabs also are served. Luncheon hours are Monday through Saturday from 11:30 a.m. until 4 p.m. Dinner hours are from 5 to 10 p.m. Sunday through Thursday and 5 to 11 p.m. Friday and Saturday. Cocktails are served from opening hour. 659-1500.
- Chuck & Harold's, 207 Royal Poinciana Way. Their courtyard features a spinnaker covering which opens for views of the sky as well as dining on the sidewalk cafe. One menu from 11:30 a.m. until closing offers burgers, homemade linguine, steaks and ribs. 659-1440.
- Colony Hotel, Hammon Avenue. Continental cuisine and an atmosphere of a private club have made the Colony a traditional favorite of Palm Beachers. And if there's anywhere a visiting celebrity is likely to be found, it's here. Breakfast, lunch (at poolside), and dinner. 655-5430.
- Doherty's, 288 S. County Road. Always a good bet, Doherty's has a pub-like atmosphere with great charbroiled burgers, French onion soup and vichyssoise. Chicken hash is similar to New York's "21" creation. Delicious shad roe and broiled bacon is offered on the luncheon menu. Doherty's is open Monday through Saturday serving breakfast, lunch and dinner, and on Sundays, brunch only. The grill is open all afternoon for hamburgers. 655-6200.
- Gourmet Galley, 234 Sunrise Ave. This delightful seafood market features gourmet meals to take out or eat in. New England clam chowder, baked snapper, shrimp Florentine and flakey croissants stuffed with shrimp salad are a few of their seafood selections. Their chef will prepare any item in their retail seafood case. Dinner entrees for takeout include prime-aged strip steak and broiled lobster tails. Open Monday through Saturday from 11 a.m. to 6 p.m. 833-2412.
- Hamburger Heaven, 314 S. County Road. The claim "world's best hamburger" could be debated, but few would say the juicy, tasty burgers prepared from freshly ground, quality beef are not heavenly. They also offer steak dinners and glorious pies and cakes. They're open for lunch and dinner. 655-5277.

Jo's, 200 Chilian. This charming little restaurant, which

- opened as La Crepe de Paimpol in 1978, now offers a continental menu, but the famous crepes of Brittany are still a specialty. Veal, duckling, baked lump crabmeat imperial and fine steaks. Lobster mousse served in artichoke bottoms is a delicious appetizer. Open for lunch and dinner. 659-6776.
- La Famiglia Ristorante, 235 Worth Ave. This restaurant provides a little bit of Italy on the avenue. Veal, chicken, seafood, fresh pasta and gourmet pizza are served in a cozy atmosphere reminiscent of the old-world trattorias. Complete bar, espresso and capuccino are also served. Open daily from 11:30 a.m.; Sunday from 5 p.m. Takeout available. 655-5959.
- La Trattoria, 251 Sunrise Ave. Italian provincial cuisine cannelloni, zuppa di pesce, piccata di vitello and other dishes typical of the provinces. Dinner only. Closed Sundays. 655-3950.
- Le Monegasque, 2509 S. Ocean Blvd. This popular French



restaurant hidden in the Palm Beach President offers top-quality fare. The menu is French but not haute cuisine. Enjoy dishes of Provence such as bouillabaisse and cassoulet. An excellent wine list makes the lack of spirited potables go unnoticed. Open for dinner. 585-0071.

- Mandarin, 331 S. County Road. Their all-you-can-eat luncheon buffet changes every day. Dinner menu features Cantonese fare from pineapple duckling to lobster and a new Szechuan cuisine. 659-2005.
- Maurice's, 191 Bradley Place. An old-timer, they've been here since 1946. Specializing in Italian cuisine, favorites on the extensive menu are seafood posillipo, osso buco and squid Milanese. Open for lunch and dinner. 832-
- Nando's, 221 Royal Palm Way. A mecca for Palm Beach society for many years. The gracious owner of the restaurant that bears his name originated the scampi recipe so popular in American restaurants. Continental and North Italian cookery are featured. Dinner only. 655-3031.
- Testa's, 221 Royal Poinciana Way. Palm Beach's oldest established restaurant is still going strong after more than 50 years. You can dine inside, on the patio or at the sidewalk cafe. Italian dishes dominate the menu, but the other offerings are also delicious, especially the strawberry pie. Open from December to April. 832-0992.
- TooJay's, 313 Poinciana Plaza. This cafe and gourmet marketplace offers casual dining for shoppers or anyone in search of good soups, salads, sandwiches and yummy pastries. Pick Marc's delicious caraway rye bread for your sandwich and save room for pies, tarts, tortes and cakes. Breakfast is served Sundays only, luncheon and dinner served everday. No reservations. 659-7232. TooJay's also has a cafe at Loehmann's

Plaza in Palm Beach Gardens (same menu). 622-8131.

Two-Sixty-Four, 264 N. County Road. Popular luncheon and dinner spot where one can dine on excellent hamburgers, soups and salads. Dinner entrees include, besides steaks and prime rib, catch of the day and stone crabs in season and four veal offerings. 833-

Worth Avenue Burger Place, 412 S. County Road. This is the place for Palm Beachers and casual shoppers in the mood for a high-quality burger or an inexpensive dinner. Prime 10-ounce New York strip, homemade layer cakes and pies, plus some homey delights like baked apples, rice pudding and cup custard are favorites. Omelets and sandwiches are served from 11 a.m. until 9 p.m. 833-8828.

Worth Avenue Cafe, 237 Worth Ave. A chic little cafe featuring northern Italian and American cuisine. At dinner, a variety of pastas, prepared fresh daily by the owner, Gisella Kasermann of Rapallo, Italy, are featured in addition to fine veal specialties. Open for lunch 11:30 a.m. to 3 p.m. and for dinner 5 p.m. to 10 p.m., Monday through Saturday. 655-0950.

WEST PALM BEACH

The Beefeeder's Steak Pit & Tavern, 3208 Forest Hill Blvd. Truly a "beef eaters" delight. Flame-broiled steaks and prime rib are specialties but anything on the menu is delicious. Seafood lovers will enjoy catch of the day, king crab legs and excellent shrimp scampi. Dine in pub atmosphere or family dining room. No extensive wine list, but good house wines and full bar. Open Monday through Saturday, 5 to 11 p.m. and Sunday 5 to 10 p.m. 964-1900.

Bennigan's Tavern, 2070 Palm Beach Lakes Blvd. Funky decor and casual atmosphere. Get happy from 11 a.m. to 7 p.m. when drinks are two-for-one. Service is continuous from 11:30 a.m. until 2 a.m. Quiche is offered in several varieties as well as deep-fried vegetables, fried cheese fingers, burgers, steak and chicken. Their champagne brunch Sundays from 11:30 a.m. until 3 p.m. features eggs Benedict. 689-5010.

Blue Front Barbecue, 1225 Palm Beach Lakes Blvd.
Barbecue-loving folks dote on the ribs grilled over
oakwood fires. They also have chicken, pork and beef
with the smoky flavor, plus black-eyed peas, corn
bread and sweet potato pie. 833-6651.

Ciao. 3416 S. Dixie. Chef Gino and his partner Rosario who spent last season at Piccolo Mondo restaurant in Lake Worth, are back at their original address with some exciting new veal and pasta dishes. Don't overlook the mozzarella in carozza as an appetizer. The freshly made pasta are ribbons of gold, presented either ala matriciana or with mushrooms in a creamy cheese sauce. 659-2426.

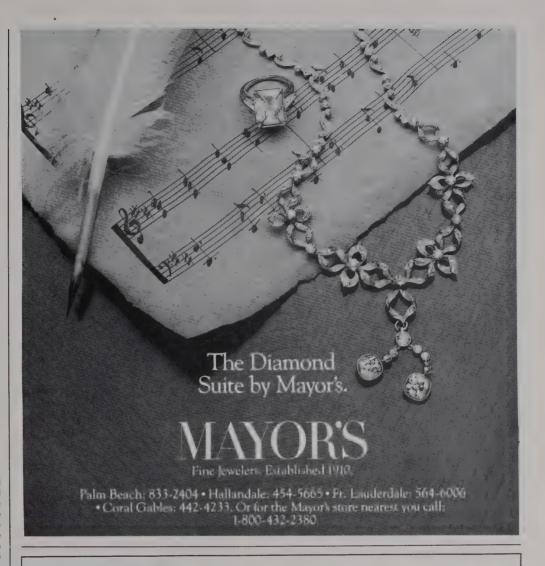
Dominique's, 214 S. Olive Ave. Their specialty is European-style sandwiches — the best of wursts on crisp baguettes. Varied European cheeses are offered with potato salad or chicken fricassee. Take out or eat in. 833-2805.

Granada, 624 Belvedere Road. Cuban fare is featured, with Spanish accents. Paella and hearty soups are served. Caldo Gallego is the pride of the house. They are open for luncheon and dinner. Closed Mondays. 659-0788.

Gulf Stream Seafoods Restaurant and Fish Market, 5201 Georgia Ave. Hot plates include fried snapper, shrimp, oysters and Ipswich clams. Pick your fish or seafood from the retail market and have it cooked to order. Lebanese pastries are available. Open Monday through Saturday. Lunch and dinner. 588-2202.

Houlihan's Old Place, Palm Beach Mall, 1801 Palm Beach Lakes Blvd. Houlihan's has everything from light bites to full course fare. Snacks include batter-fried mushrooms and zucchini, nacho platters and egg rolls. Crispy roasted boneless duck with Grand Marnier sauce is a specialty. Special drinks include margaritas, frozen daiquiris and exotic coffees. 471-9440.

Hyatt Palm Beaches, 630 Clearwater Park. The hotel's



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sophisticated Cafe Palmier will appease anyone's epicurean longings. Food is beautifully presented and you'll like the little extra touches in this first-rate restaurant. Bay scallops with broccoli in creamy saffron champagne sauce, filet mignon with artichoke hearts, goose liver mousse and truffle sauce, veal Normandy with apples, morels and tomato noodles are among the offerings for dinner. The Terrace offers breakfast and continuous lunch-dinner service. You'll enjoy Italian omelettes baked open-face, sandwiches and salads lavishly garnished with fresh fruits and vegetables, ribs, steak and fish of the day. 833-1234.

La Scala, 205 Datura St. This charming Italian restaurant offers fresh pasta and homemade bread. Fish of the day and zuppa di pesce are specialities. 832-6086.

Margarita y Amigas, 2030 Palm Beach Lakes Blvd.
Mexican food is served in an attractive setting. Nachos, enchiladas, tacos and burros, combination plates and chimichanga are on the menu. The wild tostada is outrageous but fun. Order a bucket of six South of the Border beers and have a tasting. The menu is the same 11 a.m. until midnight. 684-7788.

Mr. Tandoori. Commons Mall, 12794 West Forest Hill Blvd., Wellington. Tandoori specialties and curries feature chicken, meat and seafood. Biryani rice dishes and vegetables are also served. For starters, try lamb, shrimp and chicken pieces marinated and barbecued tandoori style. Lunch is served from 11:30 a.m. to 2:30 p.m.; dinner from 5:30 to 10:30 p.m. 798-2755.

Nonna Maria, 1318 N. Military Trail in Luria Plaza. Intimate Italian restaurant offers provini veal dishes and pasta. Rollatini is veal stuffed with prosciutto and mozzarella cheese and topped with mushroom sauce. Zuppa di pesce heaps shrimp, clams, mussels, scungilli and calamari atop linguine. 683-6584.

Royal Greek, 7100 S. Dixie Hwy. Family restaurant offers Greek and non-Greek dishes with home-cooked flavor. Pepper steak kabobs, moussaka, pasticho and baklava are delicious. Be sure to try their Greek wines and the towering coconut meringue pie. They're open for breakfast, lunch and dinner. Closed Sundays. 585-7292.

Sitar of India Restaurant. 7504 S. Dixie Hwy. Patterned after the famous Khyber Indian Restaurant in Chicago, the fare is authentic with many dishes cooked in the

tandoor oven. Specialties include Mughlai curries and Biryani rice dishes. Indian breads are a delight. Sandwiches feature the "nan" which is baked in the tandoor. Begin your meal with a sweet or salty lassi or a bowl of Mulligatawany soup. Lunch and dinner and most items available for takeout. 582-2496.

Tequila Willie's Saloon & Grill, 2224 Palm Beach Lakes Blvd. This fun restaurant has a casual Mexican atmosphere, where you can enjoy a variety of munchies or a full dinner. They also offer American burgers and deli and raw bar food. The "stampede," designed to serve 4 to 6, includes tacos, enchiladas, tamales, tostadas and more. Open for lunch, dinner, late snacks and Sunday brunch. 471-1900.

This Is It Pub, 424 24th St. Featuring charming pub atmosphere along with good drinks, good food and friendly service. Delicious soups and chowders, daily gourmet specials from chicken cacciatore to bouillabaisse, fresh crusty bread, aged prime ribs and steaks, dessert drinks plus key lime pie are served. Service is continuous for luncheon from 11:30 a.m. Tuesday through Saturday. Dinner from 5 until 11 p.m. weekdays; 11:30 p.m. Friday and Saturday. Closed Sundays and Mondays. Reservations are suggested. 833-4997.

Tokyo Joe, 123 Clematis St. A Japanese restaurant offering a sushi bar and traditional Japanese cuisine. Sahsimi features fresh raw fish and seafood of the day. The less adventurous will enjoy yakitori and teriyaki (tender morsels of chicken and beef), or tonkatsu—crispy fried breaded pork. Nabemondo selections include chicken or fish cooked in a broth with Japanese vegetables. Luncheon and dinner. 659-5303.

Tony Roma's, 2215 Palm Beach Lakes Blvd. The place for barbecued baby-back ribs and great French-fried onion rings. Or go for barbecued chicken, pan-fried brook trout, a burger or a steak. They're open from 11 a.m. until 1 a.m. Monday through Thursday and until 3 a.m. on Friday and Saturday. Sunday hours are 2 p.m. until midnight. No reservations. 689-1703.

Willie's Fresh Seafood Restaurant, 1681 N. Military Trail. Featuring attractive rooms with courtyard and spacious bar, Willie's has fresh fish in season. Veal Oscar features provini veal topped with crabmeat. Fresh grouper with linguine and shrimp marinara are

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good choices as is the clambake for two, 686-6062.

Yamato Steak House of Japan, Pine Trail Plaza on Okeechobee Boulevard and Military Trail. Raw steak, chicken, shellfish and vegetables are grilled at the table by Japanese chefs. Five-course dinners feature sirloin, filet mignon, sesame chicken, shrimp, lobster and scallops. Tempura shrimp and vegetables are also good. To quench your thirst there is plum wine, sake and Japanese beers. They're open Monday through Saturday, 4:30 to 11 p.m. and Sunday 2 to 10 p.m. 686-3508.

LAKE WORTH

- Alive & Well, 612 Lake Ave. Serving food for health such as salads, sandwiches and homemade soups. Dinner entrees include baked eggplant and stuffed avocados. Freshly squeezed juices, natural ice cream, hot carob sundaes and other desserts are on the menu. Wine and beer are served. No smoking. 586-8344.
- Cafe Vienna, 915 Lake Ave. Substantial, home-cooked fare such as sauerbraten and potato dumplings, spaetzle and wiener schnitzel are featured. Desserts are a delight sachertorte and the German schwarzwalder kirschtorte and apple strudel. 586-0200.
- Dragon Inn, 6418 Lake Worth Road in Lake Worth Plaza. Cantonese, Mandarin and Szechwan style dishes are served. Hong Kong steak, lemon chicken and Mandarin shrimp are on the menu. Open for lunch and dinner. 965-0418.
- L'Anjou, 717 Lake Ave. Entrees include crepes, omelets, eggs Benedict, beef Wellington and duck pate. You'll like this small French restaurant. Open for dinner only. 582-7666.
- Mother Tongue, 1 Lake Ave. Caribbean fare is served. Conch goes into chowder, fritters, curry and Creole dishes. Coconut-fried shrimp, Jamaican rum shrimp and dolphin are specialties. Luncheon served from 11:30 a.m to 2:30 p.m. Monday through Friday; dinner served 6 to 10 p.m. daily. 586-2170.
- Oriental Express: 375 S. Military Trail. Chinese fare in attractive and comfortable surroundings. The menu reflects some of the best of Cantonese, Mandarin and Sichuan style of cooking. For mushroom lovers, Triple Mushroom Cow teams strip steak with straw, button and black mushrooms and snow pea pods in

oyster sauce. Luncheon and dinner. 968-3550.

- Pancho Villa, 4621 Lake Worth Road. Mexican and a few South American favorites: real tamales steamed in corn husks, chiles rellenos, tacos and enchiladas. Soncocho stew, a specialty of the house, is a tasty concoction of meat, yucca and plantains. Mexican beer is available. Service from 10:30 a.m. every day. Take out or eat in. 964-1112.
- Swedish Steakhouse. 824 Lake Ave. Scandinavian fare in a pleasant setting. Luncheon specialties range from Swedish meatballs with lingonberries to braised brisket with horseradish. Grilled salmon and flounder are seasoned with dill and beef tartare is freshly "scraped" tenderloin or strip steak. Luncheon hours are 11:30 a.m. to 2:30 p.m., Monday through Friday. Dinner is served Tuesday through Saturday, 5:00 to 9:00 p.m. Sunday hours are 11:30 a.m. to 8:00 p.m. 585-1937.

LANTANA

The Ark, 2600 W. Lantana Road. Meat, seafood and fowl — and plenty of it — are available at affordable prices. The roast prime rib comes in four cuts from eight to 24 ounces or try the "elephant" 16-ounce strip. Tropical setting and an animal-related menu carry out the Noah's ark theme. Reservations not necessary. 968-8550.

BOYNTON BEACH

- Banana Boat, 739 E. Ocean Ave. on the Intracoastal. Dine casually in the lounge and patio. Featured are soups, salads, fried shrimp, shish kebabs and steaks. Le Martinique Room specialties include roast duckling, frog's legs, yeal scallopini and chicken Parmesan. Open from 11 a.m. to 2 a.m. every day. 737-7272 or 428-3727.
- Chef's Touch. 1002 N. Federal Highway. Handwritten menu is table d'hotel and changes daily. Prix-fixe offers a choice of five entrees, two appetizers, choice of soup, sorbet, salad, cheese, dessert. A la carte menu offers Irish smoked salmon and escargots or choice of hors d'oeuvres from the fixed menu. Entrees range from steaks, fish and rack of lamb for two. Service is formal but not pretentiqus. Pleasing ambience with cozy corners and a small dining room for private dining. Luncheon and dinner. Closed Monday. Reservations 732-5632.

Elina's Mexican Restaurant, 3633-B S. Federal Hwy. This



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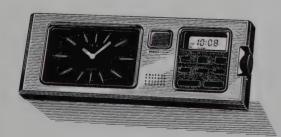


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unpretentious restaurant seats around 60 from 11 a.m. until 11 p.m. Soups, enchiladas, tamales, tortillas, burritos and the puffy sopapillas served with honey are available. Closed Mondays. 732-7252.

DELRAY BEACH

The Arcade Tap Room, 411 E. Atlantic Ave. One of Delray's oldest restaurants, The Arcade Tap Room features a range of beef and seafood entrees, including a fine Prime Rib. Dine amid music from 7 to 11 p.m. Daily luncheon specials are also featured. Lunch, 11 a.m. to 5 p.m.; dinner, 5 to 10 p.m. Closed Sundays. Reservations suggested. 276-0401.

Erny's, 1045 E. Atlantic Ave. This friendly, neighborhood restaurant boasts a delicious broiler menu of steaks and chops. Seafoods include shrimp scampi and seafood Newburg. Extensive luncheon menu features homemade soups, salads, sandwiches and seafood platters. Lunch, 11 a.m. to 3 p.m.; dinner, 6 to 11 p.m. Closed Sundays. 276-9191.

BOCA RATON

Casa Gallardo, 353 Town Center Mall. Authentic Mexican dinners, appetizers, desserts and drinks are served. Chimichanga featuring a large crisp tortilla, juicy chunks of beef and pork, and Monterey jack cheese is tremendous. Double-frozen Margaritas are a specialty. Open seven days, 11:30 a.m. until midnight. 368-1177.

Dominic's, 1-95 and Glades Plaza (in the Holiday Inn). A first-class restaurant with romantic, "Italian Village" atmosphere. Executive chef Roberto Jurin was formerly with La Scala in New York and offers excellent Italian fare including a parade of veal dishes. Pasta is prepared Bolognese style, carbonara or with seafood. They also feature a broad selection of wines. Open for dinner from 5 to 10 p.m. Sunday through Thursday and until 10:30 p.m. Friday and Saturday. 368-5200.

La Vieille Maison, 770 E. Palmetto Park Road. "The Old House," a gem of the Addison Mizner era, offers a romantic setting for dining. The food is excellent, the service sophisticated and the ambience agreeable. Spectacular wine list is available in this a five-star Mobil award-winner. 391-6701.

Sweetwater Barbecue Rib House & Grill, Glades Plaza.

As the name implies, this family restaurant features

Southern barbecued ribs and ranch-style chicken. Fresh fish of the day and a selection of charbroiled entrees are also favorites. Lunch is served from 11:30 a.m. to 2:30 p.m. and dinner is served from 5 p.m. Takeout is available. 368-7427.

Tom's Place, Glades Road and Old Dixie Highway. Soul food restaurant with good down-home cooking serves great ribs plus catfish and hush puppies, fried chicken, cornneal muffins and collard greens. Inside offers a homey atmosphere. Takeout is available. 368-3502.

PALM BEACH GARDENS

The Explorer's Club, PGA Sheraton Resort, 400 Avenue of the Champions. This gourmet dining room offers specialties from around the world. Appetizers include Russian piroschki and Japanese shrimp sushi. Entrees range from tenderloin of lion to venison. Red snapper is prepared Caribbean Islands style with cilantro. Lamb chops are wrapped in strudel pastry and spiked with Greek retsina. Open 6 to 10:30 p.m., Friday and Saturday until 11 p.m. 627-2000.

Ristorante La Capannina, 10971 N. Military Trail (PGA Boulevard and Military Trail). Italian fare is prepared and served with finesse. Raffaele Sandert and Chef Jose Quilherme, the owners, were with the original Capriccio's in Palm Beach. Spaghetti al gusto tuo (any way you like it), rigatoni alla vodka, cannelloni and fettuccine Alfredo are offered. Veal entrees include saltimbocca and zingara. Zuppa di pesce and frittura di calamari and gamberi are popular fish items. Open for lunch and dinner. 626-4632.

NORTH PALM BEACH

Bentley's, 730 U.S. Hwy. 1. You'll find excellent service and an imaginative menu. Chilled poached salmon with dill sauce is among the appetizers. Homemade soups, fresh "al dente" vegetables in season and rosin-baked potatoes are offered. You can top your prime rib with fresh asparagus and crabmeat in bearnaise sauce. A better-than-average wine list is reasonably priced. Colorful church windows and plants provide a handsome atmosphere. Open for lunch, dinner and Sunday brunch. 842-6831.

Jack Baker's Lobster Shanty, 211 N. Federal Hwy. Lobsters, broiled or boiled, priced according to size,





plus a delightful array of fish and seafood are served. Steamer clams are served with broth and butter, Chesapeake Bay soft-shell crabs and fresh-caught native fish. Open 4:30 p.m. daily. No reservations. 842-7233.

The Fisherman's Cafe, 661 N. Federal Hwy. This charming restaurant resembles the gingerbread homes in Old Town Key West with its wide veranda set with white wicker chairs. The Cafe offers some of the best fresh fish in the area, plus such delights as fresh oysters Rockefeller with Pernod and shrimp scampi in fresh tarragon butter sauce. Specialties change daily. Don't pass up the key lime pie. Lunch only. Dinner from 4:30 to 10:30 p.m. No reservations. 848-9600.

Peter's Backyard, 420 U.S. 1 in the Village Square. Featuring an attractive salad bar and delectable entrees such as prime rib, steak and scampi, lobster tails, king crab and catch of the day. Dinner is served Monday through Saturday until 11 p.m. and Sundays until 10 p.m. Luncheon from 11:30 a.m. until 3 p.m. 845-6221.

RIVIERA BEACH

Crab Pot, 386 E. Blue Heron Blvd. under the Riviera Beach bridge. Eat blue crabs, catfish and shrimp steamed in beer, while you smell the sea air. Open for lunch and dinner every day. 844-9245.

Portofino, 2447 Ocean Blvd. This Italian cafe has a view of the ocean. Try their lasagna and ravioli with homemade noodle dough. Other Italian favorites are offered at modest prices. A beautiful espresso machine turns out fantastic coffee and capuccino creations. Pastries and pizza also are on the menu. Lunch and dinner served every day. 844-8411.

LAKE PARK

Cafe du Parc, 612 Federal Hwy. Charming French restaurant in a house features boneless duck with green peppercorns, quail, sweetbreads, beef Wellington, Dover sole and salmon en croute. Desserts are special. Open for dinner only. 845-0529.

JUPITER-TEQUESTA

Cobblestone Cafe, Gallery Square North at 383 Tequesta Drive. Blackboard specials change daily. Plum de veau veal prepared en croute, rack of veal, veal chop stuffed with ham and cheese, and veal francaises. Specialties include duck with bing cherries, breast of capon and shrimp with mustard sauce. Fresh vegetables, homemade soups and fine pastries. Luncheon and dinner

Harpoon Louie's, 1065 SR A1A, Located on the shores of the Jupiter Inlet, with view of the Jupiter lighthouse—this is a casual all-around restaurant where one can enjoy "munchies" and entree specialties under \$10. Imaginative breakfasts from 7 to 11 a.m. feature freshly baked items by Irish pastry chef, an English-style mixed grill and unusual breakfast entrees such as poached eggs served over sliced avocados and topped with bearnaise sauce. Lunch is from 11 a.m. to 5 p.m.; dinner from 5 until 10 p.m. Dine casually on the canopied porch. 747-2666.

INDIAN RIVER COUNTY

VERO BEACH

Driftwood Inn, 3150 Ocean Drive. On the ocean in the picturesque Driftwood Resort, this handsome restaurant fashioned of brick, antique wood and glass offers a varied menu: osso buco, smoked chicken, mushroom and spinach salad, and fettuccine Alfredo. Prime meats and fresh fish are grilled over mesquite charcoal from Texas which imparts a unique and delicious flavor. Open for dinner 5:30 to 10 p.m. 231-0336.

Forty-One, 41 Royal Palm Blvd. Imaginative French chef, elegant decor and French service combine to make this restaurant one of Florida's best. Fresh oysters topped with caviar and creamy horseradish sauce, seafood bisque, iced cucumber soup, sweetbreads, seafood crepe Brittany, grouper Bonne Femme, bouillabaisse and sauteed shallots are featured. They're open Monday through Friday, 12:30 to 2:30 p.m. and 6 to 10 p.m.; Saturday and Sunday, 6 to 10 p.m. 562-1141.

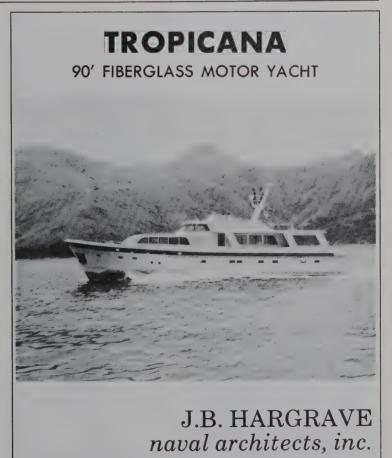
Ocean Grill, Sexton Plaza. On the ocean and a survivor of the ocean sprays and wind for more than 50 years, this landmark seems fashioned of driftwood. Inside there is a museum of wrought iron ships' bells, stained-glass windows and mahogany. Feast on Indian River lump crab caught in the river at the restaurant's back door, plus local fresh fish. The kitchen turns out blueberry.

(305) 833-8567









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WORTH AVENUE





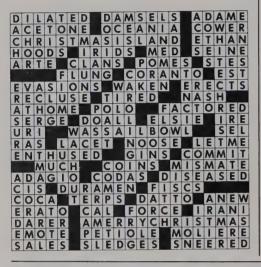
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LUNCH 11:30 A.M. to 4:00 P.M.

MONDAY - SATURDAY

237 WORTH AVENUE - PALM BEACH 655-0950



pineapple muffins, bread, cakes and a truly authentic key lime pie. Good steak and daily specials also are featured. They're open Monday through Saturday from 11:45 a.m. to 2:30 p.m. and 6 to 10 p.m. and on Sunday from 5 to 9:30 p.m. 231-5409.

The Red Tail Hawk, AIA, between Fort Pierce and Vero Beach. This oceanfront restaurant has a superlative view, especially from the "Crow's Nest." It is popular for private parties. Raw seafood bar, chess pie and prime beef are featured. 6 to 11 p.m. daily. 465-7300.

MARTIN COUNTY

JENSEN BEACH

Frances Langford's Outrigger Resort, 905 S. Indian River Drive. Polynesian setting on the Indian River offers Polynesian and American fare. Try the Outrigger Tiki, a combination of sliced barbecued pork, chicken and lobster with Chinese vegetables and served with a secret sauce. Closed Mondays. Luncheon is served noon to 3 p.m.; dinner, 6 to 10 p.m. Come by boat or car. 287-2411.

STUART

- Jake's, 423 S. Federal Hwy. Their salad bar features clams on the half shell, soup kettle of the day, steaks, fish and sandwiches. Sit by the fire if it's cool; read a book if you like. Lunch is served Monday through Friday, dinner every day. 283-5111.
- Le Pavillon, 3220 S.E. Federal Hwy. A haven of hospitality and fine food prepared with devotion by two Swiss chefs. Fresh foods, such as swordfish taken from Cocoa Beach waters, are offered during peak seasons. Veal with morels is outstanding. Lunch and dinner. 283-

BROWARD COUNTY

DEERFIELD BEACH

Pal's Captain's Table, Hillsboro Beach Boulevard and the Intracoastal Waterway. Come by auto or boat. Pal's menu features fresh seafood, salads and traditional favorites with continental service and Intracoastal views. Special, lighter-appetites menu has complete but "unstuffy" meals. Fresh-baked desserts are offered. Open for lunch, dinner and Sunday brunch. 427-4000.

LIGHTHOUSE POINT

Cap's Place, 28th Court. This offbeat restaurant is accessible by boat only. Drive your car to the dock, turn on the light and a boat will take you over. Specialty is seafood. Call for exact address. 941-0418.

POMPANO BEACH

Harris Imperial House, 50 N. Ocean Blvd. It doesn't look like a Chinese restaurant, but legions come for the Cantonese as well as American fare. Evening luau buffet is extremely popular and the price is right. They serve lunch and dinner. 941-2200.

FORT LAUDERDALE

- Casa Vecchia, 209 N. Birch Road, situated on the Intracoastal Waterway. An exciting restaurant conceived by the proprietors of Down Under and La Vieille Maison. A charming old house transformed into an engaging Mediterranean restaurant, featuring the ultimate in northern Italy and French Riviera cuisine. Reservations are a must. 463-5465.
- Down Under, 3000 E. Oakland Park Blvd. Truly down under the Oakland Park bridge. Sit at tables according to your mood — patio, porch, balcony, waterfront, garden or tavern. Dine on great food and wine. It is always bustling with customers. They serve lunch Monday through Friday. Dinner 6 to 11 p.m. daily. 563-
- Le Dome, 333 Sunset Drive. A panoramic view of the city is offered in this rooftop restaurant with an extensive and imaginative menu. Osso buco, rack of lamb and San Francisco's cioppino are on the menu. Open 6 to 11 p.m. daily. 463-3303.
- Renaissance. West of Fort Lauderdale off S.R. 84 at Bonaventure Inter-Continental Hotel and Spa. Exquisite and expensive fare is served on Royal Doulton china. Appetizers include oysters topped with leeks gratinee, lobster medallions and escargots encroute. Entrees include duckling, rack of lamb, chateaubriand and veal chops. Dining room overlooks spectacular waterfalls. Dinner only. 474-3300.

Sea Watch, 6002 N. Ocean Blvd. Dine where the windows





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open to the ocean breezes or in air-conditioned comfort in this extraordinary multilevel structure of weathered wood. Enjoy seafood or beef. Prime ribs are roasted in rock salt and served with creamy horseradish sauce. Other specialties include ocean-fresh Florida pompano and red snapper, plus the catch of the day, bouillabaisse and delicious conch chowder. Luncheon fare offers a variety of special salads, Danish sandwiches and hot entrees such as coquille St. Jacques, crepes and grouper. 781-2200.

DADE COUNTY

MIAMI BEACH

- The Dining Galleries (Fontainebleau Hilton), 4441 Collins Ave. Enjoy elegant dining in a classical atmosphere. Crown roast of lamb, bouillabaisse, chocolate marble cheese cake and dessert drinks are on the menu. Come for Sunday brunch. 538-8811.
- El Bodegon-Castilla, 2499 SW 8th St. Spanish cuisine. Seafood paella plus the traditional paella are served. Caldo Gallego and snapper with green sauce are favorites. 649-0863.
- The Forge, 432 Arthur Godfrey Road. Decor is on the baroque side, with crystal chandeliers and stained glass. Steaks are served with imaginative toppings. 50page wine list is available. Open 6 p.m. to 3 a.m. daily. 538-8533.
- Gatti, 1427 West Ave. The second oldest restaurant on Miami Beach (Joe's Stone Crab has a few months' seniority) specializes in Northern Italian dishes, steak and seafood. Intimate atmosphere and excellent service by waiters who have been there up to 30 years. The son of the original owner, Joseph Gatti, is at the door, in the kitchen and keeping an eye on every table. Closed Mondays. 673-1717.
- The Good Arthurs, 790 NE 79th St. located on a causeway leading from Miami to the beach. Dine indoors or outdoors. Enjoy some of the best seafood in Florida dolphin, snapper almondine, a bountiful Caribbean bouillabaisse. 756-0631.
- Joe's Stone Crab, 227 Biscayne St. Doing business at the same stand for 60 years. Stone crabs, hashbrown potatoes, fish, seafood and key lime pie. Lunch is

served Monday through Friday from 11:30 a.m. to 2 p.m.; dinner is served every evening from 5 to 10 p.m. 673-0365

CORAL GABLES

Le Festival, 2121 Salzedo. Cheese souffle appetizer is a delight. Entrees include duckling a l'orange flamed in Grand Marnier, chicken in champagne sauce. The patissier turns out a delicious assortment for the dessert cart. Wine and beer only are served. 442-8545.

MONROE COUNTY

ISLAMORADA

Green Turtle Inn, at mile-marker 81.5. The menu features conch and turtle flipper chowders, fresh fish and key lime pie. Open every day except Monday from noon until 10 p.m. 664-9031.

KEY WEST

- A & B Lobster House, 700 Front St. This family restaurant, located on the water next to the shrimp boat docks, offers excellent, fresh seafood. Specialty is the house grouper, pan-fried in an egg batter and finished off under the broiler, according to manager Jimmy Felton whose grandfather built the restaurant. Open for dinner 5 to 10 p.m. Monday through Saturday. 294-2536.
- Fogarty's 1875 House, 227 Duval St., in the old Key West area. There is plenty of atmosphere here, as well as a menu featuring Continental, seafood and curry specialties, 296-9592
- Pier Restaurant (Pier House Motel), 1 Duval St. People with a penchant for dining on the water will be delighted with the four-sided view here. Luncheon specialties include fish fingers and seafood quiche. A large dinner menu offers everything from grilled Florida grouper in dill sauce to roast rack of lamb. A house favorite, the seafood catch for two is similar to paella, but very distinctive. 294-4691.
- Poor Richard's Italian Garden and Buttery, 1208 Simonton St. This is one of the more interesting places in the area. They advertise in *Gourmet* magazine, which gives some idea of the type of clientele they hope to attract. 294-9020.

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MARILYN TULLY

THE STARS & YOU

Aries (March 21 - April 19)

Mars, in your sign of partnerships for December, brings exciting action to your life through new business ventures as well as adding a touch of romance. The first of the month highlights making those important commitments that will set the pace for increased future security. Commitments on a personal level can best be made on the 1st and the 14th. This is a good time to sign contracts as well. Legal matters can be resolved in your favor now or you could make important changes in your will or insurance policy. Finances connected with government projects or funds, joint finances and corporate monies could benefit you in the near future if you initiate activities in that direction now. Investments in foreign countries or products can also turn into big winners. Political issues and world conditions will have a greater effect on your personal life this month. Travel cautiously.

Taurus (April 20 - May 20)

New opportunities at work begin this month. You can take a chance on that investment you have been pondering and come out ahead. Joint ventures are to your benefit now, so pool your money with others who share mutual interest and everyone will grow richer. You could win at a game of chance around the first of the month or join a beauty or talent contest enjoying the fun and publicity. Pressure still exists in your partnership relationships and you must search for long-term solutions, since it could be several years before you have what you want from these relationships. Money can be earned in travel and travel-related business. This is a month of great opportunity to change circumstances in your life that have plaqued you for a long time. If you have been planning a move or a job change this could be your big chance. The holidays should be serene.

Gemini (May 21 - June 20)

Circumstances are changing fast all around you and there is not much you can do except flow with the tide. You will have that old familiar feeling of wanting to run, but you will escape nothing. Now is an opportunity to make major changes in your life and career, and make major investments in your future. Longrange plans around your job or career are taking place and you should consider the next few years as a work period of tremendous accomplishment. The new moon on the 4th will offer partnership changes that should be viewed as beneficial over the long term. Some risk on your part is necessary and personal considerations may stand in the way of your immediate decision, but it appears to be an offer you cannot turn down. The full moon of the 19th brings the pot at the end of the rainbow nearer than it has ever been.

Cancer (June 21 - July 22)

Friends and relatives gather in your home at the beginning of the month to celebrate a special event. Romance is in the air and you receive special attention for your personal charm and ability to entertain in grand style. Serious commitments are involved but you are ready now; it is a joy to be this involved. Cancer needs a deep commitment to someone or something to enjoy life — and now is the time to make that commitment. Changing circumstances at work allow you more freedom and new opportunities to have conditions more to your liking. If you have been waiting to change jobs, this is the time to look for something you like better. More financial security can be yours if you use the energy of the planets to search out a new and inventive direction for your career to take. Full moon on the 19th can be unsettling.

Leo (July 23 - Aug. 22)

Letters and phone calls from near and far start the month with invitations. You will be in demand all month, so get your priorities straight. You may need to turn down a few of those very attractive offers in order to get some work done. If you are in a field of high public exposure you will be riding high during this stanza. Publicity is assured, even for you laidback Leos who work behind the scenes. The new moon on the 4th could find you traveling unexpectedly or entertaining visitors from afar. The full moon on the 19th gives you special charisma and events of the preceding two days change your life! It is a good time to buy real estate, especially on speculation or for longterm gains. The 14th is a good day to ask for a raise, sign contracts or make contacts with people who can further your career. Partners play an important role in planning your future.

Virgo (Aug. 23 - Sept. 22)

With your new direction under way, you can look forward to a productive month of seeking out new ventures and investments in which you want to get involved. People with money are willing to back you or you receive a promotion on the job. This is your big chance to make a fresh start in your career as well as set the pace for future increase and improvement in all departments of your life. You have someone around you that is in need of your expertise and possible financial help as well. Why not include this person in your future plans? A partnership or joint venture now will be to your benefit and you find this relationship developing into true friendship. New moon on the 4th brings a very active day and permanent changes could take place in your life from contacts made then. You enjoy a quiet holiday with the moon in your sign.

Libra (Sept. 23 - Oct. 22)

The general feeling for December is one of change, especially on a deep inner level. Your priorities have been changing for some time; this is the time to execute your plans to change your outer life to match the new, emerging one. It is even possible for some of you daring Libras to have cosmetic surgery or in some way drastically change your appearance. The first week of the month offers travel, special educational benefits and newfound means of communication. The new moon of the 4th could bring a relationship into your life that will prove meaningful for a long time. After the 7th your emotions become more intense and will have to be tempered. The feeling will lighten near the end of the month. Difficulties over money or finances crop up on the 16th and 17th, and if it seems serious, ask for legal counsel or advice from a trusted source.

Scorpio (Oct. 23 - Nov. 22)

The emphasis in your life now focuses on your earning power and long-range financial plans. Many opportunities should arise since action is the name of the game in your money department. With the holidays approaching you could make plans to travel. Make plans well in advance or you will find yourself at odds on Christmas. If you are single you should meet someone special this month. If settled in a relationship you will find new romance with your mate. This is a month to enjoy yourself. You will be back to 'business as usual' after the New Year, so take off your personal time now. You are more interested in people and social activities than you have been recently. When under pressure you tend to be a loner, and that mood has prevailed for the past few months. Full moon on the 19th will bring you out of that phase and into an action-packed holiday.

Sagittarius (Nov. 23 - Dec. 21)

This is your year, Sagittarius, and this December is a particularly good period for you. There is a good chance to travel or to take a short trip on the first of the month. Visitors from afar descend on you and you will be the center of attraction at most of the functions you attend. You are exhibiting some very independent behavior and may find some of your friends are surprised but probably also amused. As a result, you may even find you are more popular than ever. Be cautious in travel as you are super energetic this month and could be moving too fast. The new moon on the 4th is a time to be particularly careful, due to too much excitement. Romance is highlighted at this time as well. The full moon on the 19th may end an affair of the heart that was distracting you from your goals. The moon in your sign on New Year's Eve, makes this a night to remember.

Capricorn (Dec. 22 - Jan. 19)

Your mind is speeding a million miles a minute as the month begins and you would probably like to untangle yourself from too many duties. Commitments to friends and business associates will take up an excessive amount of time, but the contacts you make are going to be important to you for a long time. Try to get your priorities straight at the beginning of the month, schedule important functions to complete and then try to eliminate the social activities that will distract you. The atmosphere will settle down after the 23rd when the sun moves into your sign. The 23rd through the 25th should be a quiet and contented time, with much reflection and peace. New Year's Eve could demand more activity than you want, but you will enjoy it anyway and bring in the New Year with some important resolutions for overdue changes in your life.

Aquarius (Jan. 20 - Feb. 19)

This is one of those months when you are caught up in other peoples lives (which could become overtaxing.) You are planning your own special events and would like to be less involved with the plans of others. However, you manage to fulfill all expectations that are placed upon you and come out a shining example of brotherhood and love. Last minute changes in travel plans will be necessary and the full moon of the 19th finds you making plans for all the younger people and children in your life. The time will fly by so fast this month that you are bound to leave many details unattended. Relax — they probably were not too important anyway. The 23rd through the 25th will be quiet and rewarding. New Year's Eve will be a major event this year and probably will be celebrated with a large group of

Pisces (Feb. 20 - March 20)

You are a star this month and feel like the center of attraction in the beginning of this stanza. Friends and associates will take up much of your time. Limitations will be placed on traveling or on being where you want to be for the holidays. The full moon on the 19th brings your attention to home and family. Someone special could be having a problem you can help solve. Now is the time to be a Good Samaritan — offer your special attention and return favors. The 23rd through the 25th could bring out your negative moods, but there will be plenty of people around to cheer you up. It will bring a revelation to you that can change your attitude in general. New Year's Eve will be festive and you could carry on the festivities for several days. Now is the time to make a resolution to break from the past and get on with a more realistic future.



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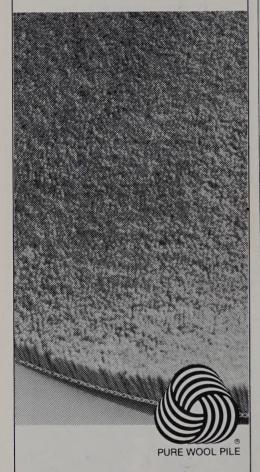
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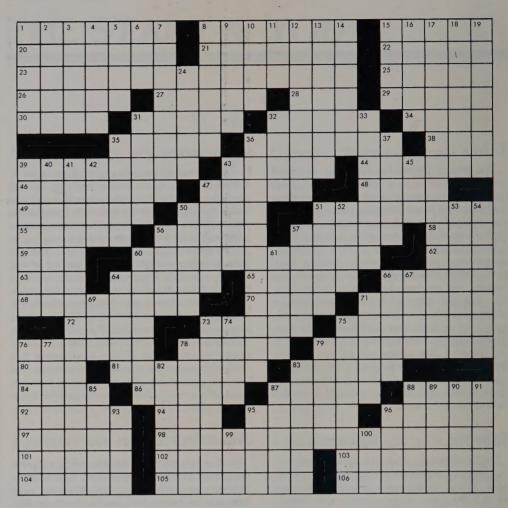
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TIMELY THEME

BY WILLIAM LUTWINIAK



SOLUTION ON PAGE 168

ACROSS

- **Expanded**
- Lasses
- "There's Nothing Like -'
- Paint remover Pacific expanse

- Manhattan at Yule?
- Allen or Frome Mafia types
- Crocuses, e.g.
- Pre-
- Rouen's river "Vissi d'—"
- Sept groups Pear and quince
- Therese et Marie
- Cast off
- Old, lively dance Self-help grp. Subterfuges
- 43 Get up
- 44 Puts up
- 46 Loner
- Classical car
- 50 Chukker game 51 Broke down a number 55 Durable cloth

- 56 Factotum 57 Famed cow 58 Neighbor of Eng. 59 Psychic Geller 60 Yule fuel?

- 62 Orch. offering 63 Burlington House types
- 63 Burlington 64 Boot string
- 65 Lariat feature 66 "... cour - count the ways'
- 68 Gaga
- Wins at rummy
- 72 A lot
- 73 Loose change 75 Head for divorce
- Ballet duet
- Musical finales
- Unhealthy
 On this side of: pref.
- Heartwood
- Treasuries
- Caesar's co-star Maryland U athletes

- 87 Moro chief 88 Freshly 92 Lady with a lyre 94 Neighbor of Nev. 95 Compulsion 96 Tabriz type 97 Nervy one

- 97 Nervy one 98 Yule wish? 101 Ham it up

- 102 Leafstalk
- 103 "Tartuffe" author 104 Mall come-ons
- 105 Travois kin 106 Played the villain

- DOWN
- Commissar's retreat
 - Olympian fluid

 - Dormouse

 - "There is in the affairs ..."
 - Coin flip Tolkien being

 - Crescent

 - Taking a pill
 - Corrosives 10 Snafu
- Gal of song
- Smitten
- End, for one
- 14 Make blue 15 Crackerjacks
- Is too fond
- Yule dream?
- Most despicable
 Borgnine and Hemingway
 Islands off Galway
 Imminent
- 24 Islands 31 Immine 32 Jostle
- Reprograph master
- 35 Croatian seaport 36 Janis at Yule? 37 Grandiloquize 39 Expunction

- Dickens' Noel?
- 42 Trudge 43 Author Cather 45 Within: pref. Cheers, e.g.

- 50 Propounded 51 Silky stuff
- mercy on such -
- 53 See 46 Acr 54 Expunged 56 Food fish 57 Dusky hues 60 Fiasco

- 61 Hips, etc. 64 Quite clear
- Outstrips easily
- Mme. Bovary Clasp closely Chub's cousin

- 74 Lyrics 75 Designate wrongly 76 OKs
- Museum display

- Candy favorite Unload
- Summarizes Burlesques
- Tete-
- Sherlock's creator

- 89 He dubs 90 Lake of Finland
- up (gave the info) Smelter input
- Muppet Kermit
- 96 Key 99 Disencumber
- 100 Electrified particle

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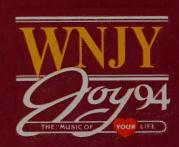
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